# Curvature Estimate for the Volume Growth of Globally Minimal Surfaces 

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# CURVATURE ESTIMATE FOR THE VOLUME GROWTH OF GLOBALLY MINIMAL SURFACES 

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## Introduction.

It is well known that in each homology class of a Riemannian manifold there exists a cycle of the least volume (or simply speaking, a globally minimal surface). These globally minimal cycles yield many information of geometry and topology of their ambient manifold, however, to detect them the existence (and almost regularity) theorems can not help us so much. Intuitively, one knows that globally minimal surfaces would occupy a position of "maximal curvature" in their ambient manifold. In A.T.Fomenko's and author's announcement [LF] we gave a mathematical formulation of this conjecture. The aim of this note is to complete the proof of our announcement [LF]. In particular, we obtain an estimate for the volume growth of globally minimal surfaces in Riemannian manifolds, new isoperimetric inequalities for these surfaces, an explicit formula of the least volumes of closed surfaces in symmetric spaces. As a result, we prove that every Helgason's sphere in a compact irreducible simply connected symmetric space is a globally minimal surface. In connection with the application of integral geometry to minimal surfaces [Le 2] we note that the technique of Fomenko's method of geodeșic nullity employed in this note is very close to the technique in [Le 2]. In some sense, the method of integral geometry in the theory of minimal surfaces is a bridge between the calibration method [HL] and the method of geodesic nullity [Fo 1].
§1. Geodesic nullity of Riemannian manifolds and the volume of globally minimal submanifolds.
a). Let $B_{r}(x)$ be the ball of radius $r$ in a tangent space $T_{x} M$. Recall that the injective radius $R(x)$ of a Riemannian manifold $M$ at a point $x$ is defined as follows: $R(x)=\sup \left\{r \mid \operatorname{Exp}: B_{r}(x) \longrightarrow M\right.$ is a diffeomorphism \}. The injective radius $R(M)$ of $M$ is defined as: $R(M)=\inf _{x \in M} R(x)$. Now we fix a point $x_{0} \in M$. We define $k$-dimensional deformation coefficient $\chi_{k}\left(x>x_{0}\right)$ as follows (cf.[Fo 2]). Suppose that $\Pi_{x}^{k-1}$ is a ( $k-1$ )-plane through $x$ in the tangent space $T_{x} M$. Denote $D_{\varepsilon}^{k-1}$ the disk of radius $\varepsilon$ in $\Pi_{x}^{k-1}$, and by $S_{\varepsilon}$ the disk $\operatorname{Exp}\left(D_{\varepsilon}^{k-1}\right)$. We consider the cone $C S_{\varepsilon}$ formed by geodesics joining the vertex $x_{0}$ and the base $S_{\varepsilon}$. We put

$$
\chi\left(x>x_{0}, \Pi_{x}^{k-1}\right)=\lim _{\varepsilon \rightarrow 0} \frac{\text { vol }_{k} C S_{\varepsilon}}{\operatorname{vol}_{k-1} S_{\varepsilon}},
$$

$$
\chi\left(x>x_{0}\right)=\max _{\Pi^{k-1} \subset T_{x} M} \chi_{k}\left(x, \Pi^{k-1}\right)
$$

b) Let $f(x)$ be the function which measures the distance between point $x \in M$ and the fixed point $x_{0}$. We set

$$
\begin{equation*}
q\left(x_{0}, r\right)=\exp \left(\int_{0}^{r}\left(\max _{x \in\{f=t\}} \chi_{k}\left(x>x_{0}\right)\right)^{-1} d t\right) \tag{1.1}
\end{equation*}
$$

We put

$$
\begin{aligned}
\Omega_{k}\left(x_{0}\right) & =\lambda_{k} q\left(x_{0}, R\left(x_{0}\right)\right) \\
\Omega_{k} & =\inf _{x_{0} \in M} \Omega_{k}\left(x_{0}\right)
\end{aligned}
$$

where $\lambda_{k}$ is the volume of the ball of radius 1 in $R^{k}$.
The defined value is called the $k^{\text {th }}$ geodesic nullity of Riemannian manifold $M$. The following theorem was obtained by Fomenko in 1972 [Fo 2].
Theorem 1.1. Let $X^{k} \subset M^{n}$ be a globally minimal surface. Then the following inequality holds

$$
\operatorname{vol}_{k}\left(X^{k}\right) \geq \Omega_{k} \geq 0
$$

Remark. Theorem 1.1 has a clear geometric interpretation. It is a consequence of the fact that the derivative of logarithm of the volume function exhausting a globally minimal surface $X$ in $M$ is greater than the function under integral in (1.1). This derivative $d / d t\left(\ln\right.$ vol $\left.X_{t}\right)$ equals the "isoperimetric" relation vol $\partial X_{t} / \operatorname{vol} X_{t}$ (see also Proof of Theorem 2.3). The injective radius of $M$ is involved, because $X$ is a globally minimal surface in $M$.
§2. Lower bound for geodesic nullities of Riemannian manifolds. New isoperimetric inequalities.
Suppose that the section curvature of manifold $M$ in any 2-plane is not greater then $a^{2}(a \in R$ or $a \in \sqrt{-1} \otimes R)$.
Theorem 2.1 [LF]. Lower bound of geodesic nullity.
a) If $a^{2} \geq 0$ and $R a \leq \pi$ then we have:

$$
\Omega_{k}(M) \geq k \lambda_{k} a^{1-k} \int_{0}^{R}(\sin a t)^{k-1} d t
$$

b) If $a^{2}>0$ and $R a>\pi$ then we have:

$$
\Omega_{k}(M)>\operatorname{vol}\left(S^{k}(r=1 / a)\right)
$$

c) If $a=0$ then we have $\Omega_{k}(M) \geq \lambda_{k} R^{k}$.
d) If $a^{2} \leq 0$ then we have:

$$
\Omega_{k}(M) \geq k \lambda_{k}|a|^{1-k} \int_{0}^{R}(\sinh |a| t)^{k-1} d t
$$

Theorem 2.2 [LF]. Upper bound of the deformation coefficient. Let $r$ be the distance between $x$ and $x_{0}$.
a) If $a^{2} \geq 0$ and $r \leq \pi / a$ then we have:

$$
\chi_{k}\left(x>x_{0}\right) \leq \frac{\int_{0}^{r}(\sin a t)^{k-1} d t}{(\sin a r)^{k-1}}
$$

b) If $a=0$ then we have:

$$
\chi_{k}\left(x>x_{0}\right) \leq \frac{r}{k}
$$

c) If $a^{2} \leq 0$ then we have

$$
\chi_{k}\left(x>x_{0}\right) \leq \frac{\int_{0}^{T}(\sinh |a|)^{k-1} d t}{(\sinh |a| r)^{k-1}} .
$$

Theorem 2.3 [LF]. Isoperimetric inequality. Assume that $X^{k}$ is a globally minimal surfaces through a point $x \in M$. Let $B_{x}(r)$ be the geodesic ball of radius $r$ and with its center at $x$. Denote $A_{r}^{k-1}$ the boundary of the intersection $X^{k} \cap B_{x}(r)=X_{r}^{k}$.
a) If $a^{2}>0$ and $r \leq \min (R, \pi / a)$ then we have:

$$
\frac{\operatorname{vol}\left(A_{r}^{k-1}\right)}{\operatorname{vol}\left(X_{r}^{k}\right)} \geq \frac{\sin (a r)^{k-1}}{\int_{0}^{r}(\sin a t)^{k-1} d t} .
$$

Consequently, the following inequality holds

$$
\operatorname{vol}\left(A_{r}^{k-1}\right) \geq k \lambda_{k} a^{1-k} \sin ^{k-1}(a r) .
$$

b) If $a=0$ and $r \leq R$ then we have:
$\operatorname{vol}\left(A_{r}^{k-1}\right) \geq k \lambda_{k} r^{k-1}=$ the volume of the standard k -dimensional sphere $S^{k}$ of radius $r$.
Hence we imply the following inequalities:

$$
\begin{gathered}
\operatorname{vol}\left(A_{r}^{k-1}\right) \geq(k r)^{-1} \operatorname{vol}\left(X_{r}^{K}\right) \\
\operatorname{vol}\left(X_{r}^{k}\right) \leq(k)^{\frac{k}{1-k}}\left(\lambda_{k}\right)^{\frac{1}{1-k}}\left(\operatorname{vol}_{k-1} A_{r}\right)^{\frac{k}{k-1}} .
\end{gathered}
$$

c) If $a^{2}<0$ then we have:

$$
\frac{\operatorname{vol}\left(A_{r}^{k-1}\right)}{\operatorname{vol}\left(X_{r}^{k}\right)} \geq \frac{(\sinh |a| r)^{k-1}}{\int_{0}^{r}(\sinh |a| t)^{k-1} d t}
$$

Hence we get

$$
\operatorname{vol}\left(A_{r}^{k-1}\right) \geq k \lambda_{k} s h^{k-1}(|a| t) /|a|^{k-1} .
$$

The estimates in Theorems 2.1 and 2.2 are sharp, that is, in many cases they become equalities. Roughly speaking, these theorems tell us that globally minimal surfaces tend to a position of "maximal curvature" in their ambient manifold. Now we show some consequences of Theorem 2.1.

Corollary 2.4. If $M$ is a compact simply-connected symmetric space of sectional curvature not greater than a, then the volume of any non-trivial cycle is not less than the volume of $k$-dimensional sphere of curvature $a$.
Corollary 2.5. The length of a homologically non-trivial loop in a manifold $M$ is not less then the double injective radius of $M$.

Corollary 2.6 Lower bound for the volume of a manifold.
a) If $a^{2}>0$ then we get:

$$
\operatorname{vol}\left(M^{n}\right) \geq n \lambda_{n} a^{1-n} \int_{0}^{R}(\sin a t)^{n-1} d t
$$

b) If $a=0$, then we get: $\operatorname{vol}\left(M^{n}\right) \geq n \lambda_{n} R^{n}$.
c) If $a^{2}<0$ then we get

$$
\operatorname{vol}\left(M^{n}\right) \geq n \lambda_{n}|a|^{1-n} \int_{0}^{R}(\sinh |a| t)^{n-1} d t
$$

Remark. The estimate in Corollary 2.6 coincides with that of Bishop's theorem [BC].
Now we infer from Theorems 2.2 and 2.3 the following consequence on the volume growth of globally minimal surfaces.
Corollary 2.7. Let $X^{k}$ be a globally minimal surface in a complete noncompact Riemannian manifold $M$ of non-positive curvature. Then the function $V(r)=\operatorname{vol}_{k} B_{X}(r)$ grows at least as a polynomial of $r$ of degree $k$, where $B_{X}(r)$ is a geodesic ball of radius $r$ in $X^{k}$. If the curvature of $M$ has an upper bound strictly less than zero then the function $V(r)$ grows at least as the exponent of $r$.

Remark. It is well known that there is a close relationship between the curvature of a Riemannian manifold $M$ and the growth of its volume [BC]. As a consequence, we obtain the estimate for the growth of its fundamental group (see $[\mathrm{M}]$ ), and other topological and geometrical invariants of $M$ such as the

Betti numbers, the eigenvalues of the Laplace operator and the Gromov invariants $[\mathrm{Br} 1, \mathrm{Br} 2, \mathrm{Gr} 1, \mathrm{Gr} 2, \mathrm{Gr} 3]$.
Proof of Theorems and Corollaries. Let us write down an explicit formula for the coefficient $\chi_{k}\left(x>x_{0}, \Pi_{x}^{k-1}\right)$. Suppose $\lambda(t)$ is the shortest geodesic curve joining the points $x_{0}=\lambda(0)$ and $x=\lambda(r)$. So, for $0<t<r$, point $\lambda(t)$ is not conjugated with $x_{0}$. We now consider the case if $x=\lambda(r)$ is not conjugated with $x_{0}$ (otherwise, we should take the limit). Choose an orthonormal basis of vectors $Y_{1}(r), \ldots, Y_{k-1}(r)$ in the plane $\Pi^{k-1} \subset T_{x} M$. (Let us recall that by definition $\Pi^{k-1}$ must to be orthogonal to $\dot{\lambda}(r)$ ). We denote $K_{\rho}$ the ( k -1)-dimensional cube in $\Pi_{x}^{k-1}$ with the edges $\rho Y(r)$. Then the formula for deformation coefficient $\chi_{k}\left(x>x_{0}\right)$ can be rewritten as follows:

$$
\chi_{k}\left(x>x_{0}, \Pi_{x}^{k-1}\right)=\lim _{\rho \rightarrow 0} \frac{\operatorname{vol}_{k}\left(C \tilde{K}_{\rho}\right)}{v o l_{k-1} \tilde{K}_{\rho}},
$$

here we set $\tilde{K}_{\rho}=\operatorname{Exp}_{x} K_{\rho}$.
We denote $\lambda_{s t}^{j}$ the $s$-geodesic, joining points $x_{0}$ and $\operatorname{Exp}_{x}\left(s Y_{j}(r)\right)$. Put

$$
Y_{j}(t)={\frac{d}{d s}{ }_{\mid g=0} \lambda_{s t}^{j} .}^{j} .
$$

Then $Y_{j}(t)$ is an Jacobian vector field with the data $Y_{j}(0)=0, Y_{j}(r)$ - the chosen vector in $\Pi^{k-1}$, and besides, for every $t$ we have $Y_{j}(t) \perp \dot{\lambda}(t)$. We note that the tangent plane to the orthogonal section $\tilde{K}_{t \rho}$ of the cone $C \tilde{K}_{\rho}$ at the point $\lambda(t)$ possesses the basis of vectors $Y_{1}(t), \ldots, Y_{k-1}(t)$. Hence,

$$
\operatorname{vol}_{k-1}\left(\tilde{K}_{t \rho}\right)=\rho^{k-1}\left(\left|Y_{1}(t) \wedge \ldots \wedge Y_{k-1}(t)\right|\right)+o\left(\rho^{k-1}\right)
$$

This yields

$$
\begin{gather*}
\chi_{k}\left(x>x_{0}, \Pi^{k-1}\right)=\lim _{\rho \rightarrow 0} \frac{\operatorname{vol}\left(C \tilde{K}_{\rho}\right)}{\operatorname{vol}_{k-1}\left(\tilde{K}_{\rho}\right)}= \\
=\lim _{\rho \rightarrow 0} \frac{\int_{0}^{r} v o l_{k-1} \tilde{K}_{t \rho} d t}{v o l_{k-1} \tilde{K}_{r \rho}}=\frac{\int_{0}^{r}\left|Y_{1}(t) \wedge \ldots \wedge Y_{k-1}(t)\right| d t}{\left|Y_{1}(r) \wedge \ldots \wedge Y_{k-1}(r)\right|} . \tag{2.1}
\end{gather*}
$$

Proof of Theorem 2.2. Put $F(t)=\left|Y_{1}(t)\right| \cdot \ldots \cdot\left|Y_{k-1}(t)\right|$. Since $\mid Y_{1}(t) \wedge \ldots \wedge$ $Y_{k-1}(t) \mid \leq F(t)$, and this inequality becomes an equality at $t=r$, the formula(2.1) yields

$$
\begin{equation*}
\chi_{k}\left(x>x_{0}, \Pi^{k-1}\right) \leq \frac{\int_{0}^{r} F(t) d t}{F(r)} . \tag{2.2}
\end{equation*}
$$

We need the following lemmas.

Lemma 2.8. Suppose $F(t)$ be in(2.2). If for all $t$ and $Y_{j}$ the section curvature $S\left(\dot{\lambda}(t), Y_{j}(t)\right) \leq a^{2}$, where $a>0$, then the function $F(t) / G(t)$ increases on the interval $[0, r]$. Here $G(t)=(\sin a t)^{k-1} /(\sin a r)^{k-1}$.
Lemma 2.9. Suppose the function $F(t)$ and $G(t)$ be in the Lemma 2.8. Then the following inequality holds

$$
\frac{\int_{0}^{r} F(t) d t}{F(r)} \leq \frac{\int_{0}^{r} G(t) d t}{G(r)}
$$

Proof of Lemma 2.8. The Rauch's comparison Theorem [BC] states that the function $f_{j}(t)=\left|Y_{j}(t)\right| / \sin$ at increases on the interval $[0, r]$. Hence, the function $F(t) / G(t)=\Pi f_{j}$ is such a function.
Proof of Lemma 2.9. Since the function $F(t) / G(t)$ increases on the interval $[0, r]$, we get $F\left(x_{i}\right) G(r) \leq G\left(x_{i}\right) F(r)$ for every $0 \leq x_{i} \leq r$. Hence we obtain

$$
\sum_{k=0}^{n} F(k r / n) G(r) \leq \sum_{k=0}^{n} G(k r / n) F(r)
$$

Letting $n \rightarrow \infty$ we easily infer Lemma 2.10 from the above inequality.
Let us continue the proof of Theorem 2.2.
Taking into account (2.2) and lemmas $2.8,2.9$ we get

$$
\chi_{k}\left(x, \Pi^{k-1}\right) \leq \frac{\int_{0}^{r} F(t) d t}{F(r)} \leq \frac{\int_{0}^{r}(\sin a t)^{k-1} d t}{(\sin a r)^{k-1}}
$$

The proof of the first part in Theorem 2.2 is completed. In the same way we can prove the rest parts (b) and (c).
Proof of Theorem 2.1. Let us recall the definition

$$
\Omega_{k}\left(x_{0}, r\right)=\lambda_{k} \exp \int_{0}^{r}\left(\max _{x \in\{f=t\}} \chi_{k}\left(x>x_{0}\right)\right)^{-1} d t
$$

Theorem 2.1 (a) yields

$$
\Omega_{k}\left(x_{0}, r\right) \geq \lambda_{k} \exp \int_{0}^{r} \frac{\sin a t)^{k-1} d t}{\int_{0}^{t}(\sin a \tau)^{k-1} d \tau}
$$

Put

$$
\Phi_{k}(r)=\lambda_{k} \exp \int_{0}^{r} \frac{(\sin a t)^{k-1} d t}{\int_{0}^{t}(\sin a \tau)^{k-1} d \tau}
$$

Clearly, we can infer Theorem 2.1(a) from the following identity

$$
\begin{equation*}
\Phi_{k}(r)=k \lambda_{k} a^{1-k} \int_{0}^{r}(\sin a t)^{k-1} d t \tag{2.3}
\end{equation*}
$$

Proof of Formula (2.3). Put $\Phi_{k}^{*}(r)$ equal the right hand side in(2.3). We observe that the functions $\Phi_{k}(r)$ and $\Phi_{k}^{*}(r)$ satisfy the same differential equation:

$$
\begin{equation*}
\frac{\Phi_{k}(r)}{(\partial / \partial r) \Phi_{k}(r)}=\frac{\Phi_{k}^{*}(r)}{(\partial / \partial r) \Phi_{k}^{*}(r)}=\frac{\int_{0}^{T}(\sin a t)^{k-1} d t}{(\sin a r)^{k-1}} . \tag{2.4}
\end{equation*}
$$

Let us consider the limit

$$
\begin{equation*}
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)}=\lim _{r \rightarrow 0} \frac{\lambda_{k} \exp \int_{0}^{\tau}\left(\int_{0}^{t}(\sin a \tau)^{k-1} d \tau\right)^{-1}(\sin a t)^{k-1} d t}{k \lambda_{k} a^{1-k} \int_{0}^{\tau}(\sin a t)^{k-1} d t} . \tag{2.5}
\end{equation*}
$$

Taking into account the increaseness of the function $(a \tau / \sin a \tau)^{k-1}$ on the interval $[0, t]$, where $0 \leq t \leq \pi / a$, and using Lemma 2.10 we obtain

$$
\begin{equation*}
\frac{(\sin a t)^{k-1}}{\int_{0}^{t}(\sin a \tau)^{k-1} d \tau}<\frac{t^{k-1}}{\int_{0}^{t} \tau^{k-1} d \tau}=\frac{k}{t} . \tag{2.6}
\end{equation*}
$$

Combining (2.5) and (2.6) yields the following inequality

$$
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)} \leq \lim _{r \rightarrow 0} \frac{\lambda_{k} \exp \int_{0}^{r} k t^{-1} d t}{k \lambda_{k} a^{1-k} \int_{0}^{r}(\sin a t)^{k-1} d t} .
$$

Fix $\varepsilon>0$. Since $\lim _{y \rightarrow 0}(\sin a t / a t)=1>1-\varepsilon$ we get the following inequality.

$$
\begin{gather*}
\lim \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)} \leq \lim _{r \rightarrow 0} \frac{\exp \int_{\int_{0}^{r}(k / t) d t}^{k \int_{0}^{r}(1-\varepsilon)^{k-1}(a t)^{k-1} a^{1-k} d t}=}{}=\lim _{r \rightarrow 0} \frac{r^{k}}{r^{k}(1-\varepsilon)^{k-1}}=(1-\varepsilon)^{1-k} .
\end{gather*}
$$

Since the inequality (2.7) holds for all $\varepsilon>0$ we have

$$
\begin{equation*}
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)} \leq \lim _{\varepsilon \rightarrow 0}(1-\varepsilon)^{1-k}=1 . \tag{2.8}
\end{equation*}
$$

On the other hand, applying the inequality $\sin$ at $<$ at to (2.5) we get

$$
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)} \geq \lim _{r \rightarrow 0} \frac{\lambda_{k} \exp \left(\int_{0}^{\tau}(\sin a y)^{k-1} a^{1-k} k y^{-k} d y\right.}{k \lambda_{k} \int_{0}^{r} t^{k-1} d t} .
$$

Fixed $\varepsilon$ as above we have

$$
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)} \geq \lim _{r \rightarrow 0} \exp \left(\int_{0}^{r} \frac{(1-\varepsilon)(a y)^{k-1} d y}{a^{k-1} \cdot y^{k} \cdot k^{-1}}\right) r^{-k}=
$$

$$
\begin{equation*}
=\lim _{r \rightarrow 0} r^{-k} \exp \left(\int_{0}^{r} \frac{(1-\varepsilon)^{k-1} k d y}{y}\right)=r^{k\left((1-\varepsilon)^{k-1}-1\right)} \tag{2.9}
\end{equation*}
$$

Letting $\varepsilon \rightarrow 0$ we infer from (2.9)

$$
\begin{equation*}
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)} \geq \lim _{\varepsilon \rightarrow 0} r^{k\left((1-\varepsilon)^{k-1}-1\right)}=1 . \tag{2.10}
\end{equation*}
$$

Now we obtain from (2.8) and (2.10)

$$
\begin{equation*}
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)}=1 \tag{2.11}
\end{equation*}
$$

The differential equation (2.4) for $\Phi_{k}(r)$ and $\Phi_{k}^{\bar{z}}(r)$ has the same initial data (2.11). So we get the identity $\Phi_{k}^{*}=\Phi_{k}$, that completes the proof of Theorem 2.2 (a).

The rest parts (c), (d) can be proved in the same way. The part (b) follows from that fact if $R>\pi / a$ then we have $\Omega_{k}(M)>\Omega_{k}\left(x_{0}, \pi / a\right) \geq \operatorname{vol}\left(S^{k}, 1 / a\right)$. This completes the proof of Theorem 2.2.
Proof of Theorem 2.3. Let $r$ be as in Theorem 2.3. We denote $C A_{\tau}^{k-1}$ the geodesic cone of base $A_{r}^{k-1}$ and with its vertex at the point $x$. Since $X_{r}^{k}$ is a globally minimal surface, and the cone $C A_{r}^{k-1}$ is homological to $X_{r}^{k}$, we have $\operatorname{vol}\left(X_{r}^{k}\right) \leq \operatorname{vol}\left(C A_{r}^{k-1}\right)$. Hence we conclude

$$
\begin{gather*}
\frac{\operatorname{vol}\left(A_{r}^{k-1}\right)}{\operatorname{vol}\left(X_{r}^{k}\right)} \geq \frac{\operatorname{vol}\left(A_{r}^{k-1}\right)}{\operatorname{vol}\left(C A_{r}^{k-1}\right)} \geq \\
\geq\left(\max _{y \in A_{r}} \chi_{k}(y>x)\right)^{-1} \geq \frac{(\sin a r)^{k-1}}{\int_{0}^{r}(\sin a t)^{k-1} d t} . \tag{2.12}
\end{gather*}
$$

(The second inequality in (2.12) is inferred from the following formula

$$
\operatorname{vol}\left(C A_{r}^{k-1}\right)=\int_{A_{r}^{k-1}} \chi_{k}\left(y>x, \Pi_{y}^{k-1}\right) d y
$$

where $\Pi_{y}^{k-1}$ denotes the tangent space to $A_{y}^{k-1}$ at $y$. The third inequality in (2.12) is a consequence of Theorem 2.2(a).)

We infer from (2.12) the following inequality

$$
\begin{equation*}
\operatorname{vol}\left(C A_{r}^{k-1}\right) \geq \operatorname{vol}\left(X_{r}^{k}\right) \frac{(\sin a r)^{k-1}}{\int_{0}^{r}(\sin a t)^{k-1} d t} \geq \Omega_{k}(r) \frac{(\sin a r)^{k-1}}{\int_{0}^{r}(\sin a t)^{k-1} d t} \tag{2.13}
\end{equation*}
$$

Combining (2.13) and Theorem 1.1(a) yields

$$
\text { vol } A_{r}^{k-1} \geq k \lambda_{k} a^{1-k}(\sin a r)^{k-1} .
$$

This completes the proof of Theorem 2.3(a). The rest part of Theorem 2.3 can be proved in the same way.
Proof of Corollary 2.4. It is well known that a compact simply-connected symmetric space satisfies the relation: $R a=\pi$. So we get Corollary 2.4 from Theorem 2.1.
Proof of Corollary 2.5.. Clearly, $\lambda_{1}=2$. So we obtain $\Omega_{1}(M) \geq 2 \int_{0}^{R} 1 d t=$ $2 R$.
Proof of Corollary 2.6.a. Let $\operatorname{dim}(M)=m$. Then $\operatorname{vol}(M) \geq \Omega_{m}(M)$. With the help of (2.3) we obtain $\Omega_{m}(M) \geq \Phi_{m}(R)=k \lambda_{k} a^{1-k} \int_{0}^{t}(\sin a t)^{k-1} d t$. This completes the proof Corollary 2.6.a. The rest assertions can be proved in the same way.
§3. Explicit formula for geodesic nullities of symmetric spaces. Global minimality of Helgason's spheres.
Suppose $M$ is a compact symmetric space. Let us compute the deformation coefficient associated with fixed point $e \in M$. Without loss of generality we compute this coefficient at point $\operatorname{Exptx} \in M$, where $x$ is a vector in a Cartan space $H_{l M}$ of the tangent space $l M$ to $M$ at $e$. We shall redenote $\chi_{k}(E x p r x)=\chi_{k}(E x p r x>e)$.
Theorem 3.1. Let $\left\{\alpha_{i}\right\}$ be the roots systems of symmetric space $M$ with respect to $H_{I M}$. Suppose $x$ is a vector of unit length in $H_{I M}$. Without loss of generality we assume that $\alpha_{1}(x) \geq \ldots \geq \alpha_{p}(x)=0=\alpha_{p+1}(x)=\ldots$.
a) If $k<p$ then the following equality holds

$$
\chi_{k}\left(\operatorname{Exp}^{2} x\right)=\frac{\int_{0}^{r} \sin \left(\alpha_{1}(x) t\right) \cdot \ldots \cdot \sin \left(\alpha_{k}(x) t\right) d t}{\sin \alpha_{1}(x) r \cdot \ldots \cdot \sin \alpha_{k}(x) r}
$$

b) If $k \geq p$ then the following inequality holds

$$
\chi_{k}\left(E_{x p r x}\right)=\frac{\int_{0}^{r} \sin \left(\alpha_{1}(x) t\right) \cdot \ldots \cdot \sin \left(\alpha_{p-1}(x) t\right) t^{k-p} d t}{\sin \left(\alpha_{1}(x) r\right) \cdot \ldots \cdot \sin \left(\alpha_{p-1}(x) r\right) r^{k-p}}
$$

Lemma 3.2. Let $\left\{v_{1}, \ldots, v_{k}\right\} \in M$ be an orthonormal frame which consisting of the eigenvectors of eigenvalues $\alpha_{1}^{2}(x), \ldots, \alpha_{p}^{2}(x),,,, 0, \ldots 0$ of the operator $a d_{x}^{2}$. Denote $V_{i}(t)$ the parallel vector field along the geodesics Exptx such that $V_{i}(0)=v_{i}$, and denote $W_{i}(t)$ the Jacobian vector field along Exptx such that $W_{i}(0)=v_{i}$. Then we have the following relation

- if $i<p$ then $W_{i}(t)=\alpha_{i}(x)^{-1} \sin \left(\alpha_{i}(x) t\right) V(t)$,
- if $i \geq p$ then $W_{i}(t)=t V_{i}(t)$.

Proof of Lemma 3.2. In the tangent space $l M$ the vector field $t v_{i}$ is a Jacobian field along the ray $t x$. It is well known that the vector field $d E x p_{\mid t x}\left(t v_{i}\right)$ is also a Jacobian vector field along the geodesic $\operatorname{Exptx} \subset M[\mathrm{He}]$. Let us write an explicit formula for the differential of the exponential mapping at the point $t x$ ([He]). We will identify $M$ with the quotient $G / U$, moreover, the tangent space $l M$ with the orthogonal complement to the algebra $l U$ in the algebra $l G$. We denote $\exp$ the exponential mapping from the algebra to the group. Then $\exp t x$ is an element in $G$ acting on $M$ and we denote $d r(\exp t x)$ the differential of this action. We have

$$
\begin{gather*}
d E x p_{\mid t x}(t v)=d \tau(\exp t x) \sum_{n=0}^{\infty} \frac{t^{2} a d_{x}^{2}\left(t v_{i}\right)}{(2 n+1)!}= \\
=d \tau(\exp t x) \sum_{n=0}^{\infty} \frac{\left(t^{2} \alpha_{i}^{2}(x)\right)^{n}(-1)^{n}}{(2 n+1)!}\left(t v_{i}\right)= \\
=d \tau(\exp t x) \frac{\sin \alpha_{i}(x) t}{t \alpha_{i}(x)} t v_{i}=\frac{\sin \left(\alpha_{i}(x) t\right)}{\alpha_{i}(x)}\left(d \tau(\exp t x) v_{i}\right) \tag{3.1}
\end{gather*}
$$

Now we observe that the parallel vector field $V_{i}$ is obtained from the vector $v_{i}$ by the shift $d \tau(e x p)$ along the geodesic $E x p t x$, that is, $V_{i}(t)=d \tau(\exp t x) v_{i}$. Hence we get Lemma 3.2 from (3.1).
Proof of Theorem 3.1. Now we compute the coefficient $\chi_{k}\left(E x p r x, \Pi^{k-1}\right)$. We observe that the tangent space $\Pi^{k-1}(t)$ to the normal section of the cone $C D_{\varepsilon}^{k-1}$ at the point Exptx can be represented as the sum $\sum a_{i} \Pi_{i}^{k-1}(t)$, where $a_{i}$ are constant, and $\Pi_{i}^{k-1}(t)$ is the basis in the space $\Lambda_{k-1}\left(T_{E x p t x} M\right)$ such that $\Pi_{i}^{k-1}(t)$ is generated by the orthonormal frame of vectors $W_{i}(t) \in T_{E x p t x} M$. Using formula (2.1) we get

$$
\chi_{k}\left(\operatorname{Exprx}, \Pi^{k-1}\right)=\frac{\int_{0}^{r}\left|\Pi^{k-1}(t)\right| d t}{\left|\Pi^{k-1}(r)\right|}=\frac{\sum_{i} \int_{0}^{r} a_{i}\left|\Pi_{k-1}^{i}(t)\right| d t}{\sum_{i} a_{i}\left|\Pi_{k-1}^{i}(r)\right|} .
$$

Hence we obtain

$$
\chi_{k}(E x p r x)=\max _{i} \frac{\int_{0}^{r}\left|\Pi_{k-1}^{i}(t)\right| d t}{\Pi_{k-1}^{i}(r)}
$$

Combining Lemma 3.2 , Lemma 2.8 and Lemma 2.9 we get

$$
\max _{i} \frac{\int_{0}^{r}\left|\Pi_{i}^{k-1}(t)\right| d t}{\left|\Pi_{k-1}^{i}(r)\right|}=\frac{\int_{0}^{r} \sin \left(\alpha_{1}(x) t\right) \cdot \ldots \cdot \sin \left(\alpha_{k}(x) t\right) d t}{\sin \left(\alpha_{1}(x) r\right) \cdot \ldots \cdot \sin \left(\alpha_{k}(x) r\right)}
$$

if $k<p$. In the same way we can prove the theorem in the case $k \geq p$. The proof of Theorem 3.1 is complete.

Corollary 3.3. If $M$ is a symmetric space of rank $=1$, that is, $\operatorname{dim} H_{l M}=1$, then the deformation coefficient $\chi_{k}(E x p r x)$ depends only on $r$.
a) For $M=S^{n}\left(\right.$ or $\left.R P^{n}\right)$ we have $\chi_{k}(r)=\int_{0}^{r}(\sin t)^{k-1} d t /(\sin r)^{k-1}$.
b) For $M=C P^{n}$ we have

$$
\chi_{k}(r)=\frac{\int_{0}^{r}(\sin \sqrt{2} t)(\sin t)^{2 k-2} d t}{\sin \sqrt{2} r(\sin r)^{2 k-2}} .
$$

c) For $M=H P^{n}$ we have

$$
\chi_{k}(r)=\frac{\int_{0}^{r}(\sin \sqrt{2} t)^{3}(\sin t)^{4 k-4} d t}{(\sin \sqrt{2} r)^{3}(\sin r)^{4 k-4}}
$$

We immediately obtain the following consequence.
Corollary 3.4. [Fo 1]. For any $k \leq n$ the standardly embedded space $R P^{n}$ (and CP $P^{n}, H P^{n}$ resp.) has the volume $=\Omega_{k}\left(R P^{n}\right)\left(\right.$ and $\Omega_{2 k}\left(C P^{n}\right), \Omega_{4 k}\left(H P^{n}\right)$ resp.), therefore it is a globally minimal submanifold.
Let us now compute geodesic nullities $\Omega_{k}\left(R P^{n}\right), \Omega_{2 k} C P^{n}, \Omega_{k}\left(H P^{n}\right)$. Clearly, $\Omega_{k}\left(R P^{n}\right)=\frac{1}{2} \operatorname{vol}\left(S^{k}(1)\right)$ can be computed from the following formulas. First, we take integration over parallel sections of the unit ball

$$
\lambda_{k}=2 \lambda_{k-1} \int_{0}^{\pi / 2} \cos ^{k} \alpha d \alpha
$$

Taking into account (2.3) we get

$$
\operatorname{vol} S^{k}(1)=(k+1) \lambda_{k+1}=2 \lambda_{k} k \int_{0}^{\pi / 2} \sin ^{k-1} \alpha d \alpha
$$

Hence we obtain the following identity

$$
\begin{equation*}
k+1=\frac{2 k \lambda_{k} \int_{0}^{\pi / 2} \sin ^{k-1} \alpha d \alpha}{2 \lambda_{k} \int_{0}^{\pi / 2} \cos ^{k+1} \alpha d \alpha} . \tag{3.2}
\end{equation*}
$$

We infer from (3.2) the following equation

$$
\begin{equation*}
\int_{0}^{\pi / 2} \sin ^{k+1} \alpha d \alpha=\frac{k}{k+1} \int_{0}^{\pi / 2} \sin ^{k-1} \alpha d \alpha . \tag{3.3}
\end{equation*}
$$

Using (3.3) we easely get

$$
\lambda_{2 k}=\frac{\pi^{k}}{k!}, \quad \lambda_{2 k+1}=\frac{\pi^{k} 2^{k+1}}{(2 k+1)!!} .
$$

Let us compute $\Omega_{2 k}\left(C P^{n}\right)=\operatorname{vol}\left(C \dot{P}^{k}\right)$. Using Corollary 3.3 and taking into account $R\left(C P^{n}\right)=\pi /$ sqrt2 we get

$$
\begin{aligned}
& \Omega_{k}\left(C P^{n}\right)=\lambda_{2 k} \exp \int_{0}^{\pi / s q r t 2} \frac{d t}{(\sin \sqrt{2} t)(\sin t)^{2 k-1}}= \\
& =2 k \lambda_{2 k} \int_{0}^{\pi / \operatorname{sqrt2}}(\sin \sqrt{2} t / \sqrt{2})(\sin t)^{2 k-2} d t= \\
& =2^{k} 2 k \lambda_{2 k} \int_{0}^{1} x^{2 k-1} d x=\pi^{2 k} / k!
\end{aligned}
$$

In the same way we compute $\Omega_{4 k}\left(H P^{n}\right)=\operatorname{vol}\left(H P^{k}\right)$. We have

$$
\begin{gathered}
\Omega_{4 k}\left(H P^{n}\right)=\lambda_{4 k} \exp \int_{0}^{\pi / \sqrt{2}} \frac{d t}{(\sin \sqrt{2} t)^{3}(\sin t)^{4 k-4}}= \\
=4 k \lambda_{4 k} \int_{0}^{\pi / \sqrt{2}}(\sin \sqrt{2} t / \sqrt{2})^{3}(\sin t)^{4 k-4} d t= \\
=2^{2 k} 4 k \lambda_{4 k} \int_{0}^{1} y^{4 k-4}\left(1-y^{2}\right) d y= \\
=\pi^{2 k} 2^{2 k} /(2 k+1)!
\end{gathered}
$$

Remark. Operator ad $d_{x}^{2}$ coincides with the Ricci transformation $R_{x}: y \rightarrow R_{x y} x$ in the tangent space $l M$. Therefore, the deformation coefficient $\chi_{k}($ Exprx) get the maximal value, if and only if the plane $\Pi^{k-1}$ is an eigenspace with the maximal eigenvalue of the induced Ricci transformation in the space $\Lambda_{k-1} T_{E x p r x} M$. Roughly speaking, the curvature at point Exprx in direction ( $r x, \Pi^{k-1}$ ) get the maximal value.
It is well known that in a simply connected irreducible compact symmetric space $M$ there are totally geodesic spheres of curvature $a^{2}$, where $a^{2}$ is the upper bound of section curvature on $M$. Further, any such sphere lies in some totally geodesic Helgason's sphere of maximal dimension $i(M)$. All Helgason's spheres are equivalent under the action of the isometry group Iso( $M$ ). Moreover, they are of the same curvature $a^{2}$. Now we immediately get from Corollary 2.8 the following Proposition.
Proposition 3.5. If a Helgason sphere $S(M)$ realizes a non-trivial cycle in a homology group of space $M$, then it is a globally minimal submanifold in $M$.
First, we write the list of Helgason's spheres realizing a non-trivial cycles in real homologies of compact irreducible simply-connected symmetric spaces.

1) If $M$ is a simple compact group, then $i(M)=3$, and $S(M)$ is a subgroup associated to a highest root of the group $M$.
2) $M=S U_{l+m} / S\left(U_{l} \times U_{m}\right), \quad i(M)=2, \quad S(M)=S U_{2} / S\left(U_{1} \times U_{1}\right)$.
3) $M=S O_{l+2} / S O_{l} \times S O_{2}, \quad i(M)=2, \quad S(M)=\mathrm{SO}_{3} / \mathrm{SO}_{2}$.
4) $M=S U_{2 n} / S p_{n}, \quad i(M)=5, \quad S(M)=S U_{4} / S p_{2}$.
5) $M=S p_{m+n} / S p_{m} \times S p_{n}, \quad i(M)=4 ; \quad, S(M)=H P^{1}$.
6) $M=S O_{2 n} / U_{n}, \quad i(M)=2, \quad S(M)=S O_{4} / U_{2}$.
7) $M=S p_{n} / U_{n}, \quad i(M)=2, \quad S(M)=S p_{1} / U_{1}$.
8) $M=F_{4} /$ Spin $_{9}, \quad i(M)=8, \quad S(M)=$ Spin $_{9} /$ Spin $_{8}$.
9) $M=A d E_{6} / T^{1} S p i n_{10}, \quad i(M)=2, \quad S(M)=S U_{2} / T^{1}$.
10) $M=A d E_{7} / T^{1} E_{6}, \quad i(M)=2, \quad S(M)=S U_{2} / T^{1}$.
11) $M=E_{6} / F_{4}, \quad i(M)=9, \quad S(M)=S_{p i n_{10}} / S_{\text {Sin }}^{9}$.

Remark. In all listed cases, if the dimension of Helgason's spheres $\mathrm{i}(\mathrm{M})=2$, the corresponding symmetric space are Kälerian manifolds, so their Helgason's spheres are diffeomorphic to $C P^{1}$.The global minimality of the Helgason sphere in 1) was first proved by A.T.Fomenko [Fo 1], and then by Dao Chong Thi [Da 1], H.Tasaki [Ts] the author [Le 1] by the calibration method. The global minimality of the Helgason sphere in 8) was proved by A.T.Fomenko [Fo 1] by the method of geodesic nullity and by M.Berger [Be] by the calibration method. It would be interesting to find calibrations which calibrate the Helgason spheres in 4) and 11). It is well known that all characteristic classes on spaces $M$ in 4) and 11) are trivial [Ta 2]. We think a suitable calibration may be chosen among induced invariant differential forms from the isometry group $I(M)$ to $M$ (see also the proof below). We also conjecture that all Helgason's spheres are $M^{*}$-minimal submanifolds (see [Le 2]).
Proof of our classification. By looking at the table of real homologies of irreducible globally symmetric spaces [Ta 1, Ta 2], and the table of Helgason's spheres in these spaces [ O ], comparing dimensions, we conclude that all other Helgason's spheres not in the above list are trivial cycles in real homologies of their ambient spaces. By the above remark, to complete the classification, it suffices to show that the Helgason's spheres in 4) and 11) are non-trivial cycles. First, we consider the case 4) $S(M)=S U_{4} / S p_{2} \longrightarrow S U_{2 n} / S p_{n}$. We have the following commutative diagram


Here the embedding $S U_{2 k} / S p_{k} \longrightarrow S U_{2 k}, \mathrm{k}=2$ or n , is the Cartan embedding of symmetric spaces. We note that $S^{5}=S U_{4} / S p_{2}$ realizes a non-trivial cycle in $S U_{4}$, since so does the corresponding subgroup $S p_{2}$. Therefore, the sphere $S^{5}$ also realizes a non-trivial cycle in $S U_{2 n}$, because the subgroup $S U_{4}$ is totally non-homologous to zero in $S U_{2 n}$. Hence we conclude that the Helgason sphere $S^{5}$ realizes a non-trivial cycle of real homologies of $S U_{2 n} / S p_{n}$.

The fact, that the Helgason's sphere $S^{9}$ realizes a non-trivial cycle of real homologies of $E_{6} / F_{4}$ was proved in Dao Trong Thi's paper [D 2]. To see it we consider the following sequence of mappings

$$
S^{9} \longrightarrow E_{6} / F_{4} \longrightarrow E_{6} \longrightarrow S U_{27} .
$$

It is easy to see that the resulting map $\rho: S^{9} \longrightarrow S U_{27}$ is a composition of two maps $\rho_{1}$ and $\rho_{2}$, where $\rho_{1}\left(S^{9}\right) \subset \operatorname{Spin}_{10}$ is a primitive cycle, and $\rho_{2}$ is a spinor representation of $S_{p i n}^{10}$ which sends the primitive cycle $S^{9}$ to a non-trivial cycle in $S U_{27}$ [Dy], [Da 2]. Therefore, we conclude that the Helgason sphere $S^{9}$ realizes a non-trivial cycle of real homologies of $E_{6} / F_{4}$.
Theorem 3.6. Every Helgason's sphere in a compact irreducible simply connected symmetric space is a globally minimal surface in its $Z_{2}$ homology class.
Remark. As a simple corollary of our theorem we obtain that all Helgason spheres in irreducible simply connected symmetric spaces are stable minimal. This corollary was obtained by Ohnita [ O ] with the help of analyzing the spectrum of the Jacobi operator on these spheres.
Proof. In view of our classification it suffices to show that the Helgason's spheres not in the above list realize non-trivial cycles of $Z_{2}$ homologies in their ambient symmetric spaces. All of them are of dimension 2 ([He], [O]). Since their ambient spaces $M$ are simply connected and besides, in the considered cases we have $\pi_{2}(M)=\mathrm{Z}_{2}[\mathrm{Ta} 1]$, it suffices to show that these spheres realize non-trivial elements of the second homotopy group $\pi_{2}(M)$. Let $M=G / U$, where $G$ is a simply connected group. Our proof is based on the exact sequence [Ta 1]

$$
O=\pi_{2}(G) \longrightarrow \pi_{2}(G / U) \longrightarrow \pi_{1}(U) \longrightarrow \pi_{1}(G)=0
$$

Thus, the map $j: \pi_{2}(g / U) \longrightarrow \pi_{1}(U)$ is an isomorphism. Therefore, the Helgason sphere realizes a non-trivial element in $\pi_{2}(G / U)$, if and only if its image via $j$ is a non-trivial circle $S^{1} \subset U$ in the fundamental group $\pi_{1}(U)$. Let us recall a geometrical realization of the map $j$. Assume $S^{2}$ is a sphere in $G / U$. Fix a point $x \in S^{2}$. Let us realize the sphere $S^{2}$ as a suspension over $S^{1}$ such that one of its vertices is the fixed point $x$, and the other one is some point $y \in S^{2}$. This means that we are given a homotopy $F:[0,1] \times S^{1} \longrightarrow S^{2}$ such that $F\left(0 \times S^{1}\right)=x$, and $F\left(1 \times S^{1}\right)=y \in S^{2}$. Let $\tilde{y}$ be a point in $G$ whose projection $p(y)=y$. According to the covering homotopy theorem there exists a homotopy $\tilde{F}:[0,1] \times S^{1} \longrightarrow G$ such that $F\left(1 \times S^{1}\right)=\tilde{y}$, and $p \cdot \tilde{F}=F$. Clearly, $\tilde{F}$ realizes a relative sphere whose boundary $S^{1}$ lies in the fiber $p^{-1}(x)$. Hence, this circle is the image of sphere $S^{2}$ via the map $j$. With the above geometric realization $j_{F}$ of the map $j$ we will show that the image $j_{F}\left(S^{2}\right)$ of the Helgason sphere $S^{2} \in G / U$ may be chosen as a geodesic circle $S^{1} \subset U$. To do this we consider the following orthogonal decomposition of the Lie algebra $l G=l U \oplus V$, where $V$ is identified with the tangent space of
the symmetric space $G / U$. We note that the totally geodesic subspace $\exp V$ coincides with the Cartan embedding $C(G / U)$ of symmetric space $G / U$ into $G$. Consider a highest root $\alpha$ of the algebra $l G$. It is known that its restricted root $\bar{\alpha}$ is a highest root of the symmetric space $G / U$. Fix a Cartan algebra $H_{V} \subset V$. Let $h_{\bar{\alpha}} \in H_{V}$ be the dual vector to $\bar{\alpha}$, and $v_{\bar{\alpha}} \in V$ the corresponding eigenvector. This implies that

$$
\begin{equation*}
h_{\bar{\alpha}}=\sqrt{-1}(1 / 2)\left(H_{\alpha}-H_{\alpha^{\theta}}\right), \mathbf{R} v_{\bar{\alpha}}=V \cap \mathbf{C}\left(X_{\alpha}-\theta X_{\alpha}\right), \tag{3.4}
\end{equation*}
$$

where $H_{\alpha}$ denotes the vector in the Cartan algebra $H_{\text {CIG }}$ corresponding to the root $\alpha, X_{\alpha} \in \mathrm{Cl} G$ is the corresponding eigenvector, and $\theta$ is the involutive authomorphism defining the symmetric space $G / U[\mathrm{He}]$. Recall that in our case Hegalson's sphere is of dimension 2. Therefore, the multiplicity of $\bar{\alpha}$ equals 1 and $v_{\bar{\alpha}}$ is defined uniquely, moreover, the plane $\operatorname{span}\left(h_{\bar{\alpha}}, v_{\bar{\alpha}}\right)$ is a Lie triple. Indeed, this plane is the tangent plane to the Helgason sphere $S^{2} \subset G / U$, it is also the tangent space to the Cartan embedding $C\left(S^{2}\right)$ of this sphere into $G$. Now we put $w_{\alpha}=\left[h_{\bar{\alpha}}, v_{\bar{\alpha}}\right]$. Since the multiplicity of $\bar{\alpha}$ equals 1 we have $w_{\alpha} \in l U \cap \mathbf{C}\left(X_{\alpha}+\theta X_{\alpha}\right)$ (see [He, p.336]). Taking into account (3.4) we see that the vectors $h_{\bar{\alpha}}, v_{\bar{\alpha}}, w_{\alpha}$ form a basis of the Lie subalgebra in $l G$ corresponding to the root $\alpha$. Denote $S U_{2}(\alpha)$ the corresponding subgroup in $G$. We note that the subgroup $S U_{2}(\alpha)$ contains the sphere $C\left(S^{2}\right)$. Further, we observe that the intersection between groups $S U_{2}(\alpha)$ and $U$ is an one-dimensional compact subgroup $S^{1}(\alpha)$ generated by the vector $w_{\alpha}$.
Lemma 3.7. There exists a geometrical realization $F_{j}$ such that $F_{j}$ sends the Helgason sphere $S^{2}$ to the geodesic circle $S^{1}(\alpha)$.
Proof. Let $\bar{e}$ denotes the antipodal point of $e$ in the sphere $C\left(S^{2}\right)$. Let $S^{1}(\bar{e})$ be the equator on $C\left(S^{2}\right)$, consisting of those points $g \in S_{C}^{2} \subset G$ such that $g^{2}=\bar{e}$. We claim that the natural projection $q: G \longrightarrow G / U$ sends this equator to a point. In fact, this claim is a consequence of the following assertion
Proposition 3.8 [Fo 2, p.124]. Let $g U$ be an arbitrary coset relative to $U$ in $G$, and besides, $g \in C(G / U)$. Then $g U \cap C(G / U)=\left\{\sqrt{g^{2}}\right\} \cap C(G / U)$.
This assertion can be obtained from the following explicit expression for the Cartan embedding $C: G / U \longrightarrow G ; g U \rightarrow g \sigma\left(g^{-1}\right)$, where $\sigma$ denotes the corresponding involutive automorphism of the group $G$.
From Proposition 3.8 and the above claim we immediately get that the semisphere $S^{2+} \subset C\left(S^{2}\right)$ with boundary $S^{1}(\bar{e})$ and containing point $e$ is a relative sphere of the fibration $U \longrightarrow G \longrightarrow G / U$, moreover, its projection into $G / U$ coincides with the Helgason sphere $S^{2} \subset G / U$. Now, it is easy to see that there exists a geometric realization $F_{j}$ which sends the Helgason sphere $S^{2}$ to the equator $S^{1}(\bar{e})$. Suppose $z$ is a point of $S^{1}(\bar{e})$. Then the shift $L_{z}^{-1}$ sends the equator $S^{1}(\bar{e})$ to a geodesic circle $T^{1}(\alpha)$. By definition $T^{1}(\alpha)$ is also a geometric realization of the image $j\left(S^{2}\right)$. To complete the proof of Lemma
3.7 it suffices to show that $T^{1}(\alpha)=S^{1}(\alpha)$. In fact, the shift $L_{z}^{-1}$ sends the fiber containing $S^{1}(\bar{e})$ to the subgroup $U$ and on the other hand, the subgroup $S U_{2}(\alpha)$ is invariant under the action $L_{z}^{-1}$. Hence, $T^{1}(\alpha)$ belongs to the intersection between $S U_{2}(\alpha)$ and $U$. This implies that $T^{1}(\alpha)=S^{1}(\alpha)$.
Corollary 3.9. $S^{1}(\alpha)$ is a shortest closed geodesic on group $G$, and therefore, on group $U$.

Proof. By construction $S U_{2}(\alpha)$ is the subgroup corresponding to the highest root $\alpha$ of $G$. Since $G$ is simply connected the circle $S^{1}(\alpha)$ is of minimal length [He].
Let $U=S O_{n}$. It is known that a shortest closed geodesic on $S O_{n}$ is conjugate under the action of the group $\operatorname{Iso}\left(S O_{n}\right)$ with the standardly embedded subgroup $\mathrm{SO}_{2}$ which generates a non-trivial element in the fundamental group $\pi_{1}\left(S O_{n}\right)$. Hence, from Corollary 3.9 we immediately get the following consequence.
Corollary 3.10. Helgason's spheres in symmetric spaces $S U_{n} / S O_{n} ; E_{8} / S O_{16}$, $G_{2} / S_{4}$ realize non-trivial elements in $Z_{2}$-homologies of their ambient spaces.
In other cases we have to look more carefully. Our aim is to show that the geodesic circle $S^{1}(\alpha)$ realizes a non-trivial element in the fundamental group $\pi_{1}(U)$. Let $w_{\alpha}$ belong to a Cartan algebra $H_{l U}$ which is contained in a Cartan algebra $H_{l G}$. Let $h_{\alpha} \in \mathrm{R} w_{\alpha}$ be the vector corresponding to the root $\alpha$. It is known that the vector $h(\alpha)=4 \pi h_{\alpha} /|\alpha|^{2}$ belongs to the unit lattice $\Gamma\left(G, H_{l G}\right)$ of the group $G$. Let $\tilde{U}$ denote the universal covering of the group $U$. The fact that the geodesic circle $S^{1}(\alpha)$ realizes a non-trivial element in $\pi_{1}(U)$ is equivalent to that $\left.h_{( } \alpha\right)$ does not belong to the unit lattice $\Gamma\left(\tilde{U}, H_{l U}\right)$ of the group $\tilde{U}$. It is known that the unit lattice $\Gamma$ of the simply connected group $\tilde{U}$ is $\operatorname{span}_{\mathbf{Z}}\left\{h\left(\beta_{j}\right)\right\}$, where $\left\{\beta_{j}\right\}$ is a fundamental systems of roots of $l U$, and $h\left(\beta_{j}\right)=4 \pi h_{\beta_{j}} /\left|\beta_{j}\right|^{2}$ (see [He], [Ta 1]).
Let us now consider a symmetric space $M=G / U$, where $l U$ is a direct sum of 2 simple Lie algebras $l U_{1}$ and $l U_{2}$. In our case $M$ is one of the following spaces: $S O_{m+n} /\left(S O_{n} \times S O_{m}\right), E_{6} /\left(S U_{2} \cdot S U_{6}\right), E_{7} /\left(S U_{2} \cdot S p i n_{12}\right), E_{8} /\left(S U_{2} \cdot E_{7}\right)$, $F_{4} / S U_{2} \cdot S p_{3}$. (Except the case of real grassmannians, other products listed above, $U=U_{1} \cdot U_{2}$, are not direct. Namely, the intersection of $U_{1}$ and $U_{2}$ consists of 2 points [Ta 1]). We note that the vector $h(\alpha)$ does not lie in any algebra $l U_{i}, i=1,2$, otherwise, the subgroup $S U_{2}(\alpha)$ lies in the group $U_{i} \subset U$ entirely. This contradicts to our observation that $S U_{2}(\alpha)$ meets $U$ at only a circle $S^{1}(\alpha)$. Hence, in case $l U=s o_{n} \oplus s o_{m}$, the root $\alpha$ can be written as $x_{i} \pm x_{j}$, where $x_{i} \in H_{s o_{n}}^{*}$ and $x_{j} \in H_{s o_{m}}^{*}$. Thus, $h(\alpha)$ does not belong to the unit lattice of $\operatorname{Spin}_{n} \times \operatorname{Spin}_{m}$. In the same way we verify that for all listed above $M$ the Helgason sphere $S^{2}$ realizes a non-trivial element in $\pi_{2}(M)=$ $H_{2}(M, \mathbf{Z})=H_{2}\left(M, \mathbf{Z}_{2}\right)=\mathbf{Z}_{2}$. To complete the proof of Theorem 3.6 we need to consider the cases $M=E_{6} / P S p_{4}$ and $M=E_{7} / S U_{8}^{*}$. Straightforward
calculation shows that if a closed geodesic of minimal length in group $\tilde{U} /\{ \pm 1\}$, $\tilde{U}=S p_{4}, S U_{8}$, then it is conjugate under $I_{0}(U)$ with either the circle $S^{1}(\beta)$ generated by highest root $\beta$ or the closed geodesic $S_{*}^{1}$ whose pull back into the covering group $U$ is the shortest geodesic joining two element $(+1)=(e)$ and $(-1)$. Since the group $S U_{2}(\alpha)$ does not lie in $U$, we get that $\alpha$ is not a highest root of $l U_{1} \oplus l U_{2}$. Hence, we easily obtain that the circle $S^{1}(\alpha)$ is conjugate with $S_{*}^{1}$. Thus, $S^{1}(\alpha)$ realizes a non-trivial element in $\pi_{1}(U)$. This completes the proof.
In conclusion we show a consequence of Theorem 2.1 for non-compact symmetric spaces. It is well known that the upper bound of section curvature of these spaces is zero [He].
Proposition 3.11. Let $X$ be a flat totally geodesic submanifold in a noncompact symmetric space $M$. Then $X$ is a globally minimal submanifold.

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# CURVATURE ESTIMATE FOR THE VOLUME GROWTH OF GLOBALLY MINIMAL SURFACES 

LE Hong Van

## Introduction.

It is well known that in each homology class of a Riemannian manifold there exists a cycle of the least volume (or simply speaking, a globally minimal surface). These globally minimal cycles yield many information of geometry and topology of their ambient manifold, however, to detect them the existence (and almost regularity) theorems can not help us so much. Intuitively, one knows that globally minimal surfaces would occupy a position of "maximal curvature" in their ambient manifold. In A.T.Fomenko's and author's announcement [LF] we gave a mathematical formulation of this conjecture. The aim of this note is to complete the proof of our announcement [LF]. In particular, we obtain an estimate for the volume growth of globally minimal surfaces in Riemannian manifolds, new isoperimetric inequalities for these surfaces, an explicit formula of the least volumes of closed surfaces in symmetric spaces. As a result, we prove that every Helgason's sphere in a compact irreducible simply connected symmetric space is a globally minimal surface. In connection with the application of integral geometry to minimal surfaces [Le 2] we note that the technique of Fomenko's method of geodesic nullity employed in this note is very close to the technique in [Le 2]. In some sense, the method of integral geometry in the theory of minimal surfaces is a bridge between the calibration method [HL] and the method of geodesic nullity [Fo 1].
§1. Geodesic nullity of Riemannian manifolds and the volume of globally minimal submanifolds.
a) Let $B_{r}(x)$ be the ball of radius $r$ in a tangent space $T_{x} M$. Recall that the injective radius $R(x)$ of a Riemannian manifold $M$ at a point $x$ is defined as follows: $R(x)=\sup \left\{r \mid E x p: B_{r}(x) \longrightarrow M\right.$ is a diffeomorphism $\}$. The injective radius $R(M)$ of $M$ is defined as: $R(M)=\inf _{x \in M} R(x)$. Now we fix a point $x_{0} \in M$. We define $k$-dimensional deformation coefficient $\chi_{k}\left(x>x_{0}\right)$ as follows (cf.[Fo 2]). Suppose that $\prod_{x}^{k-1}$ is a ( $k-1$ )-plane through $x$ in the tangent space $T_{x} M$. Denote $D_{\varepsilon}^{k-1}$ the disk of radius $\varepsilon$ in $\Pi_{x}^{k-1}$, and by $S_{\varepsilon}$ the disk $\operatorname{Exp}\left(D_{\varepsilon}^{k-1}\right)$. We consider the cone $C S_{\varepsilon}$ formed by geodesics joining the vertex $x_{0}$ and the base $S_{\varepsilon}$. We put

$$
\chi\left(x>x_{0}, \Pi_{x}^{k-1}\right)=\lim _{\varepsilon \rightarrow 0} \frac{\operatorname{vol}_{k} C S_{\varepsilon}}{v o l_{k-1} S_{\varepsilon}}
$$

$$
\chi\left(x>x_{0}\right)=\max _{\Pi^{k-1} \subset T_{x} M} \chi_{k}\left(x, \Pi^{k-1}\right)
$$

b)Let $f(x)$ be the function which measures the distance between point $x \in M$ and the fixed point $x_{0}$. We set

$$
\begin{equation*}
q\left(x_{0}, r\right)=\exp \left(\int_{0}^{r}\left(\max _{x \in(f=t\}} \chi_{k}\left(x>x_{0}\right)\right)^{-1} d t\right) \tag{1.1}
\end{equation*}
$$

We put

$$
\begin{gathered}
\Omega_{k}\left(x_{0}\right)=\lambda_{k} q\left(x_{0}, R\left(x_{0}\right)\right) \\
\Omega_{k}=\inf _{x_{0} \in M} \Omega_{k}\left(x_{0}\right)
\end{gathered}
$$

where $\lambda_{k}$ is the volume of the ball of radius 1 in $R^{k}$.
The defined value is called the $k^{\text {th }}$ geodesic nullity of Riemannian manifold $M$. The following theorem was obtained by Fomenko in 1972 [Fo 2].
Theorem 1.1. Let $X^{k} \subset M^{n}$ be a globally minimal surface. Then the following inequality holds

$$
\operatorname{vol}_{k}\left(X^{k}\right) \geq \Omega_{k} \geq 0
$$

Remark. Theorem 1.1 has a clear geometric interpretation. It is a consequence of the fact that the derivative of logarithm of the volume function exhausting a globally minimal surface $X$ in $M$ is greater than the function under integral in (1.1). This derivative $d / d t\left(\ln\right.$ vol $\left.X_{t}\right)$ equals the "isoperimetric" relation vol $\partial X_{t} /$ vol $X_{t}$ (see also Proof of Theorem 2.3). The injective radius of $M$ is involved, because $X$ is a globally minimal surface in $M$.
§2. Lower bound for geodesic nullities of Riemannian manifolds. New isoperimetric inequalities.
Suppose that the section curvature of manifold $M$ in any 2-plane is not greater then $a^{2}(a \in R$ or $a \in \sqrt{-1} \otimes R)$.
Theorem 2.1 [LF]. Lower bound of geodesic nullity.
a) If $a^{2} \geq 0$ and $R a \leq \pi$ then we have:

$$
\Omega_{k}(M) \geq k \lambda_{k} a^{1-k} \int_{0}^{R}(\sin a t)^{k-1} d t
$$

b) If $a^{2}>0$ and $R a>\pi$ then we have:

$$
\Omega_{k}(M)>\operatorname{vol}\left(S^{k}(r=1 / a)\right)
$$

c) If $a=0$ then we have $\Omega_{k}(M) \geq \lambda_{k} R^{k}$.
d) If $a^{2} \leq 0$ then we have:

$$
\Omega_{k}(M) \geq k \lambda_{k}|a|^{1-k} \int_{0}^{R}(\sinh |a| t)^{k-1} d t
$$

Theorem 2.2 [LF]. Upper bound of the deformation coefficient. Let $r$ be the distance between $x$ and $x_{0}$.
a) If $a^{2} \geq 0$ and $r \leq \pi / a$ then we have:

$$
\chi_{k}\left(x>x_{0}\right) \leq \frac{\int_{0}^{r}(\sin a t)^{k-1} d t}{(\sin a r)^{k-1}}
$$

b) If $a=0$ then we have:

$$
\chi_{k}\left(x>x_{0}\right) \leq \frac{r}{k}
$$

c) If $a^{2} \leq 0$ then we have

$$
\chi_{k}\left(x>x_{0}\right) \leq \frac{\int_{0}^{r}(\sinh |a|)^{k-1} d t}{(\sinh |a| r)^{k-1}}
$$

Theorem 2.3 [LF]. Isoperimetric inequality. Assume that $X^{k}$ is a globally minimal surfaces through a point $x \in M$. Let $B_{x}(r)$ be the geodesic ball of radius $r$ and with its center at $x$. Denote $A_{r}^{k-1}$ the boundary of the intersection $X^{k} \cap B_{x}(r)=X_{r}^{k}$.
a) If $a^{2}>0$ and $r \leq \min (R, \pi / a)$ then we have:

$$
\frac{\operatorname{vol}\left(A_{r}^{k-1}\right)}{\operatorname{vol}\left(X_{r}^{k}\right)} \geq \frac{\sin (a r)^{k-1}}{\int_{0}^{r}(\sin a t)^{k-1} d t}
$$

Consequently, the following inequality holds

$$
\operatorname{vol}\left(A_{\tau}^{k-1}\right) \geq k \lambda_{k} a^{1-k} \sin ^{k-1}(a r)
$$

b) If $a=0$ and $r \leq R$ then we have:
$\operatorname{vol}\left(A_{r}^{k-1}\right) \geq k \lambda_{k} r^{k-1}=$ the volume of the standard k -dimensional sphere $S^{k}$ of radius $r$.
Hence we imply the following inequalities:

$$
\begin{gathered}
\operatorname{vol}\left(A_{r}^{k-1}\right) \geq(k r)^{-1} \operatorname{vol}\left(X_{r}^{K}\right) \\
\operatorname{vol}\left(X_{r}^{k}\right) \leq(k)^{\frac{k}{1-k}}\left(\lambda_{k}\right)^{\frac{1}{1-k}}\left(\operatorname{vol}_{k-1} A_{r}\right)^{\frac{k}{k-1}}
\end{gathered}
$$

c) If $a^{2}<0$ then we have:

$$
\frac{\operatorname{vol}\left(A_{r}^{k-1}\right)}{\operatorname{vol}\left(X_{r}^{k}\right)} \geq \frac{(\sinh |a| r)^{k-1}}{\int_{0}^{r}(\sinh |a| t)^{k-1} d t}
$$

Hence we get

$$
\operatorname{vol}\left(A_{r}^{k-1}\right) \geq k \lambda_{k} s h^{k-1}(|a| t) /|a|^{k-1}
$$

The estimates in Theorems 2.1 and 2.2 are sharp, that is, in many cases they become equalities. Roughly speaking, these theorems tell us that globally minimal surfaces tend to a position of "maximal curvature" in their ambient manifold. Now we show some consequences of Theorem 2.1.
Corollary 2.4. If $M$ is a compact simply-connected symmetric space of sectional curvature not greater than a, then the volume of any non-trivial cycle is not less than the volume of $k$-dimensional sphere of curvature $a$.
Corollary 2.5. The length of a homologically non-trivial loop in a manifold $M$ is not less then the double injective radius of $M$.

Corollary 2.6 Lower bound for the volume of a manifold.
a) If $a^{2}>0$ then we get:

$$
\operatorname{vol}\left(M^{n}\right) \geq n \lambda_{n} a^{1-n} \int_{0}^{R}(\sin a t)^{n-1} d t
$$

b) If $a=0$, then we get: $\operatorname{vol}\left(M^{n}\right) \geq n \lambda_{n} R^{n}$.
c) If $a^{2}<0$ then we get

$$
\operatorname{vol}\left(M^{n}\right) \geq n \lambda_{n}|a|^{1-n} \int_{0}^{R}(\sinh |a| t)^{n-1} d t
$$

Remark. The estimate in Corollary 2.6 coincides with that of Bishop's theorem [BC].
Now we infer from Theorems 2.2 and 2.3 the following consequence on the volume growth of globally minimal surfaces.
Corollary 2.7. Let $X^{k}$ be a globally minimal surface in a complete noncompact Riemannian manifold $M$ of non-positive curvature. Then the function $V(r)=\operatorname{vol}_{k} B_{X}(r)$ grows at least as a polynomial of $r$ of degree $k$, where $B_{X}(r)$ is a geodesic ball of radius $r$ in $X^{k}$. If the curvature of $M$ has an upper bound strictly less than zero then the function $V(r)$ grows at least as the exponent of $r$.

Remark. It is well known that there is a close relationship between the curvature of a Riemannian manifold $M$ and the growth of its volume [BC]. As a consequence, we obtain the estimate for the growth of its fundamental group (see [M]), and other topological and geometrical invariants of $M$ such as the

Betti numbers, the eigenvalues of the Laplace operator and the Gromov invariants $[\mathrm{Br} 1, \mathrm{Br} 2, \mathrm{Gr} 1, \mathrm{Gr} 2, \mathrm{Gr} 3]$.
Proof of Theorems and Corollaries. Let us write down an explicit formula for the coefficient $\chi_{k}\left(x>x_{0}, \Pi_{x}^{k-1}\right)$. Suppose $\lambda(t)$ is the shortest geodesic curve joining the points $x_{0}=\lambda(0)$ and $x=\lambda(r)$. So, for $0<t<r$, point $\lambda(t)$ is not conjugated with $x_{0}$. We now consider the case if $x=\lambda(r)$ is not conjugated with $x_{0}$ (otherwise, we should take the limit). Choose an orthonormal basis of vectors $Y_{1}(r), \ldots, Y_{k-1}(r)$ in the plane $\Pi^{k-1} \subset T_{x} M$. (Let us recall that by definition $\Pi^{k-1}$ must to be orthogonal to $\dot{\lambda}(r)$ ). We denote $K_{\rho}$ the (k-1)-dimensional cube in $\Pi_{x}^{k-1}$ with the edges $\rho Y(r)$. Then the formula for deformation coefficient $\chi_{k}\left(x>x_{0}\right)$ can be rewritten as follows:

$$
\chi_{k}\left(x>x_{0}, \Pi_{x}^{k-1}\right)=\lim _{\rho \rightarrow 0} \frac{\operatorname{vol}_{k}\left(C \tilde{K}_{\rho}\right)}{\operatorname{vol}_{k-1} \tilde{K}_{\rho}},
$$

here we set $\tilde{K}_{\rho}=E x p_{x} K_{\rho}$.
We denote $\lambda_{s t}^{j}$ the $s$-geodesic, joining points $x_{0}$ and $E x p_{x}\left(s Y_{j}(r)\right)$. Put

$$
Y_{j}(t)=\frac{d}{d s}_{\mid s=0} \lambda_{s t}^{j} .
$$

Then $Y_{j}(t)$ is an Jacobian vector field with the data $Y_{j}(0)=0, Y_{j}(r)$ - the chosen vector in $\Pi^{k-1}$, and besides, for every $t$ we have $Y_{j}(t) \perp \dot{\lambda}(t)$. We note that the tangent plane to the orthogonal section $\tilde{K}_{t \rho}$ of the cone $C \tilde{K}_{\rho}$ at the point $\lambda(t)$ possesses the basis of vectors $Y_{1}(t), . ., Y_{k-1}(t)$. Hence,

$$
\operatorname{vol}_{k-1}\left(\tilde{K}_{t \rho}\right)=\rho^{k-1}\left(\left|Y_{1}(t) \wedge \ldots \wedge Y_{k-1}(t)\right|\right)+o\left(\rho^{k-1}\right)
$$

This yields

$$
\begin{gather*}
\chi_{k}\left(x>x_{0}, \Pi^{k-1}\right)=\lim _{\rho \rightarrow 0} \frac{\operatorname{vol}\left(C \tilde{K}_{\rho}\right)}{\operatorname{vol}_{k-1}\left(\tilde{K}_{\rho}\right)}= \\
=\lim _{\rho \rightarrow 0} \frac{\int_{0}^{r} v_{0} l_{k-1} \tilde{K}_{t \rho} d t}{v^{o l} l_{k-1} \tilde{K}_{r \rho}}=\frac{\int_{0}^{r}\left|Y_{1}(t) \wedge \ldots \wedge Y_{k-1}(t)\right| d t}{\left|Y_{1}(r) \wedge \ldots \wedge Y_{k-1}(r)\right|} . \tag{2.1}
\end{gather*}
$$

Proof of Theorem 2.2. Put $F(t)=\left|Y_{1}(t)\right| \cdot \ldots \cdot\left|Y_{k-1}(t)\right|$. Since $\mid Y_{1}(t) \wedge \ldots \wedge$ $Y_{k-1}(t) \mid \leq F(t)$, and this inequality becomes an equality at $t=r$, the formula(2.1) yields

$$
\begin{equation*}
\chi_{k}\left(x>x_{0}, \Pi^{k-1}\right) \leq \frac{\int_{0}^{r} F(t) d t}{F(r)} \tag{2.2}
\end{equation*}
$$

We need the following lemmas.

Lemma 2.8. Suppose $F(t)$ be in(2.2). If for all $t$ and $Y_{j}$ the section curvature $S\left(\dot{\lambda}(t), Y_{j}(t)\right) \leq a^{2}$, where $a>0$, then the function $F(t) / G(t)$ increases on the interval $[0, r]$. Here $G(t)=(\sin a t)^{k-1} /(\sin a r)^{k-1}$.
Lemma 2.9. Suppose the function $F(t)$ and $G(t)$ be in the Lemma 2.8. Then the following inequality holds

$$
\frac{\int_{0}^{r} F(t) d t}{F(r)} \leq \frac{\int_{0}^{r} G(t) d t}{G(r)}
$$

Proof of Lemma 2.8. The Rauch's comparison Theorem [BC] states that the function $f_{j}(t)=\left|Y_{j}(t)\right| / \sin$ at increases on the interval $[0, r]$. Hence, the function $F(t) / G(t)=\Pi f_{j}$ is such a function.
Proof of Lemma 2.9. Since the function $F(t) / G(t)$ increases on the interval $[0, r]$, we get $F\left(x_{i}\right) G(r) \leq G\left(x_{i}\right) F(r)$ for every $0 \leq x_{i} \leq r$. Hence we obtain

$$
\sum_{k=0}^{n} F(k r / n) G(r) \leq \sum_{k=0}^{n} G(k r / n) F(r)
$$

Letting $n \rightarrow \infty$ we easily infer Lemma 2.10 from the above inequality.
Let us continue the proof of Theorem 2.2.
Taking into account (2.2) and lemmas $2.8,2.9$ we get

$$
\chi_{k}\left(x, \Pi^{k-1}\right) \leq \frac{\int_{0}^{r} F(t) d t}{F(r)} \leq \frac{\int_{0}^{r}(\sin a t)^{k-1} d t}{(\sin a r)^{k-1}}
$$

The proof of the first part in Theorem 2.2 is completed. In the same way we can prove the rest parts (b) and (c).
Proof of Theorem 2.1. Let us recall the definition

$$
\Omega_{k}\left(x_{0}, r\right)=\lambda_{k} \exp \int_{0}^{r}\left(\max _{x \in\{f=t\}} \chi_{k}\left(x>x_{0}\right)\right)^{-1} d t
$$

Theorem 2.1 (a) yields

$$
\Omega_{k}\left(x_{0}, r\right) \geq \lambda_{k} \exp \int_{0}^{r} \frac{\sin a t)^{k-1} d t}{\int_{0}^{t}(\sin a \tau)^{k-1} d \tau}
$$

Put

$$
\Phi_{k}(r)=\lambda_{k} \exp \int_{0}^{r} \frac{(\sin a t)^{k-1} d t}{\int_{0}^{t}(\sin a \tau)^{k-1} d \tau}
$$

Clearly, we can infer Theorem 2.1(a) from the following identity

$$
\begin{equation*}
\Phi_{k}(r)=k \lambda_{k} a^{1-k} \int_{0}^{r}(\sin a t)^{k-1} d t \tag{2.3}
\end{equation*}
$$

Proof of Formula (2.3). Put $\Phi_{k}^{*}(r)$ equal the right hand side in(2.3). We observe that the functions $\Phi_{k}(r)$ and $\Phi_{k}^{*}(r)$ satisfy the same differential equation:

$$
\begin{equation*}
\frac{\Phi_{k}(r)}{(\partial / \partial r) \Phi_{k}(r)}=\frac{\Phi_{k}^{*}(r)}{(\partial / \partial r) \Phi_{k}^{*}(r)}=\frac{\int_{0}^{r}(\sin a t)^{k-1} d t}{(\sin a r)^{k-1}} \tag{2.4}
\end{equation*}
$$

Let us consider the limit

$$
\begin{equation*}
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)}=\lim _{r \rightarrow 0} \frac{\lambda_{k} \exp \int_{0}^{r}\left(\int_{0}^{t}(\sin a \tau)^{k-1} d \tau\right)^{-1}(\sin a t)^{k-1} d t}{k \lambda_{k} a^{1-k} \int_{0}^{r}(\sin a t)^{k-1} d t} \tag{2.5}
\end{equation*}
$$

Taking into account the increaseness of the function $(a \tau / \sin a \tau)^{k-1}$ on the interval $[0, t]$, where $0 \leq t \leq \pi / a$, and using Lemma 2.10 we obtain

$$
\begin{equation*}
\frac{(\sin a t)^{k-1}}{\int_{0}^{t}(\sin a \tau)^{k-1} d \tau}<\frac{t^{k-1}}{\int_{0}^{t} \tau^{k-1} d \tau}=\frac{k}{t} \tag{2.6}
\end{equation*}
$$

Combining (2.5) and (2.6) yields the following inequality

$$
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)} \leq \lim _{r \rightarrow 0} \frac{\lambda_{k} \exp \int_{0}^{r} k t^{-1} d t}{k \lambda_{k} a^{1-k} \int_{0}^{r}(\sin a t)^{k-1} d t} .
$$

Fix $\varepsilon>0$. Since $\lim _{y \rightarrow 0}(\sin a t / a t)=1>1-\varepsilon$ we get the following inequality.

$$
\begin{gather*}
\lim \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)} \leq \lim _{r \rightarrow 0} \frac{\exp \int_{0}^{r}(k / t) d t}{k \int_{0}^{r}(1-\varepsilon)^{k-1}(a t)^{k-1} a^{1-k} d t}= \\
=\lim _{r \rightarrow 0} \frac{r^{k}}{r^{k}(1-\varepsilon)^{k-1}}=(1-\varepsilon)^{1-k} \tag{2.7}
\end{gather*}
$$

Since the inequality (2.7) holds for all $\varepsilon>0$ we have

$$
\begin{equation*}
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)} \leq \lim _{\varepsilon \rightarrow 0}(1-\varepsilon)^{1-k}=1 \tag{2.8}
\end{equation*}
$$

On the other hand, applying the inequality $\sin a t<a t$ to (2.5) we get

$$
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)} \geq \lim _{r \rightarrow 0} \frac{\lambda_{k} \exp \left(\int_{0}^{r}(\sin a y)^{k-1} a^{1-k} k y^{-k} d y\right.}{k \lambda_{k} \int_{0}^{r} t^{k-1} d t}
$$

Fixed $\varepsilon$ as above we have

$$
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)} \geq \lim _{r \rightarrow 0} \exp \left(\int_{0}^{r} \frac{(1-\varepsilon)(a y)^{k-1} d y}{a^{k-1} \cdot y^{k} \cdot k^{-1}}\right) r^{-k}=
$$

$$
\begin{equation*}
=\lim _{r \rightarrow 0} r^{-k} \exp \left(\int_{0}^{r} \frac{(1-\varepsilon)^{k-1} k d y}{y}\right)=r^{k\left((1-\varepsilon)^{k-1}-1\right)} . \tag{2.9}
\end{equation*}
$$

Letting $\varepsilon \rightarrow 0$ we infer from (2.9)

$$
\begin{equation*}
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)} \geq \lim _{\varepsilon \rightarrow 0} r^{k\left((1-\varepsilon)^{k-1}-1\right)}=1 \tag{2.10}
\end{equation*}
$$

Now we obtain from (2.8) and (2.10)

$$
\begin{equation*}
\lim _{r \rightarrow 0} \frac{\Phi_{k}(r)}{\Phi_{k}^{*}(r)}=1 \tag{2.11}
\end{equation*}
$$

The differential equation (2.4) for $\Phi_{k}(r)$ and $\Phi_{k}^{*}(r)$ has the same initial data (2.11). So we get the identity $\Phi_{k}^{*}=\Phi_{k}$, that completes the proof of Theorem 2.2 (a).

The rest parts (c), (d) can be proved in the same way. The part (b) follows from that fact if $R>\pi / a$ then we have $\Omega_{k}(M)>\Omega_{k}\left(x_{0}, \pi / a\right) \geq \operatorname{vol}\left(S^{k}, 1 / a\right)$. This completes the proof of Theorem 2.2.
Proof of Theorem 2.9. Let $r$ be as in Theorem 2.3. We denote $C A_{r}^{k-1}$ the geodesic cone of base $A_{r}^{k-1}$ and with its vertex at the point $x$. Since $X_{r}^{k}$ is a globally minimal surface, and the cone $C A_{r}^{k-1}$ is homological to $X_{r}^{k}$, we have $\operatorname{vol}\left(X_{r}^{k}\right) \leq \operatorname{vol}\left(C A_{r}^{k-1}\right)$. Hence we conclude

$$
\begin{gather*}
\frac{\operatorname{vol}\left(A_{r}^{k-1}\right)}{\operatorname{vol}\left(X_{r}^{k}\right)} \geq \frac{\operatorname{vol}\left(A_{r}^{k-1}\right)}{\operatorname{vol}\left(C A_{r}^{k-1}\right)} \geq \\
\geq\left(\max _{y \in A_{r}} \chi_{k}(y>x)\right)^{-1} \geq \frac{(\sin a r)^{k-1}}{\int_{0}^{r}(\sin a t)^{k-1} d t} . \tag{2.12}
\end{gather*}
$$

(The second inequality in (2.12) is inferred from the following formula

$$
\operatorname{vol}\left(C A_{r}^{k-1}\right)=\int_{A_{r}^{k-1}} \chi_{k}\left(y>x, \Pi_{y}^{k-1}\right) d y
$$

where $\Pi_{y}^{k-1}$ denotes the tangent space to $A_{y}^{k-1}$ at $y$. The third inequality in (2.12) is a consequence of Theorem 2.2(a).)

We infer from (2.12) the following inequality

$$
\begin{equation*}
\operatorname{vol}\left(C A_{r}^{k-1}\right) \geq \operatorname{vol}\left(X_{r}^{k}\right) \frac{(\sin a r)^{k-1}}{\int_{0}^{r}(\sin a t)^{k-1} d t} \geq \Omega_{k}(r) \frac{(\sin a r)^{k-1}}{\int_{0}^{r}(\sin a t)^{k-1} d t} \tag{2.13}
\end{equation*}
$$

Combining (2.13) and Theorem 1.1(a) yields

$$
\text { vol } A_{r}^{k-1} \geq k \lambda_{k} a^{1-k}(\sin a r)^{k-1}
$$

This completes the proof of Theorem 2.3(a). The rest part of Theorem 2.3 can be proved in the same way.
Proof of Corollary 2.4. It is well known that a compact simply-connected symmetric space satisfies the relation: $R a=\pi$. So we get Corollary 2.4 from Theorem 2.1.
Proof of Corollary 2.5.. Clearly, $\lambda_{1}=2$. So we obtain $\Omega_{1}(M) \geq 2 \int_{0}^{R} 1 d t=$ $2 R$.

Proof of Corollary 2.6.a. Let $\operatorname{dim}(M)=m$. Then $\operatorname{vol}(M) \geq \Omega_{m}(M)$. With the help of (2.3) we obtain $\Omega_{m}(M) \geq \Phi_{m}(R)=k \lambda_{k} a^{1-k} \int_{0}^{r}(\sin a t)^{k-1} d t$. This completes the proof Corollary 2.6.a. The rest assertions can be proved in the same way.
§3. Explicit formula for geodesic nullities of symmetric spaces. Global minimality of Helgason's spheres.
Suppose $M$ is a compact symmetric space. Let us compute the deformation coefficient associated with fixed point $e \in M$. Without loss of generality we compute this coefficient at point Exptx $\in M$, where $x$ is a vector in a Cartan space $H_{l M}$ of the tangent space $l M$ to $M$ at $e$. We shall redenote $\chi_{k}(E x p r x)=\chi_{k}(E x p r x>e)$.
Theorem 3.1. Let $\left\{\alpha_{i}\right\}$ be the roots systems of symmetric space $M$ with respect to $H_{l M}$. Suppose $x$ is a vector of unit length in $H_{l M}$. Without loss of generality we assume that $\alpha_{1}(x) \geq \ldots \geq \alpha_{p}(x)=0=\alpha_{p+1}(x)=\ldots$.
a) If $k<p$ then the following equality holds

$$
\chi_{k}(E x p r x)=\frac{\int_{0}^{r} \sin \left(\alpha_{1}(x) t\right) \cdot \ldots \cdot \sin \left(\alpha_{k}(x) t\right) d t}{\sin \alpha_{1}(x) r \cdot \ldots \cdot \sin \alpha_{k}(x) r}
$$

b) If $k \geq p$ then the following inequality holds

$$
\chi_{k}(E x p r x)=\frac{\int_{0}^{r} \sin \left(\alpha_{1}(x) t\right) \cdot \ldots \cdot \sin \left(\alpha_{p-1}(x) t\right) t^{k-p} d t}{\sin \left(\alpha_{1}(x) r\right) \cdot \ldots \cdot \sin \left(\alpha_{p-1}(x) r\right) r^{k-p}}
$$

Lemma 3.2. Let $\left\{v_{1}, \ldots, v_{k}\right\} \in M$ be an orthonormal frame which consisting of the eigenvectors of eigenvalues $\alpha_{1}^{2}(x), \ldots, \alpha_{p}^{2}(x),,,, 0, \ldots 0$ of the operator $a d_{x}^{2}$. Denote $V_{i}(t)$ the parallel vector field along the geodesics Exptx such that $V_{i}(0)=v_{i}$, and denote $W_{i}(t)$ the Jacobian vector field along Exptx such that $W_{i}(0)=v_{i}$. Then we have the following relation

- if $i<p$ then $W_{i}(t)=\alpha_{i}(x)^{-1} \sin \left(\alpha_{i}(x) t\right) V(t)$,
- if $i \geq p$ then $W_{i}(t)=t V_{i}(t)$.

Proof of Lemma 9.2. In the tangent space $l M$ the vector field $t v_{i}$ is a Jacobian field along the ray $t x$. It is well known that the vector field $d E x p_{\mid t x}\left(t v_{i}\right)$ is also a Jacobian vector field along the geodesic Exptx $\subset M$ [He]. Let us write an explicit formula for the differential of the exponential mapping at the point $t x$ ([He]). We will identify $M$ with the quotient $G / U$, moreover, the tangent space $l M$ with the orthogonal complement to the algebra $l U$ in the algebra $l G$. We denote exp the exponential mapping from the algebra to the group. Then $\exp t x$ is an element in $G$ acting on $M$ and we denote $d \tau(\exp t x)$ the differential of this action. We have

$$
\begin{gather*}
d E x p_{\mid t x}(t v)=d \tau(\exp t x) \sum_{n=0}^{\infty} \frac{t^{2} a d_{x}^{2}\left(t v_{i}\right)}{(2 n+1)!}= \\
=d \tau(\exp t x) \sum_{n=0}^{\infty} \frac{\left(t^{2} \alpha_{i}^{2}(x)\right)^{n}(-1)^{n}}{(2 n+1)!}\left(t v_{i}\right)= \\
=d \tau(\exp t x) \frac{\sin \alpha_{i}(x) t}{t \alpha_{i}(x)} t v_{i}=\frac{\sin \left(\alpha_{i}(x) t\right)}{\alpha_{i}(x)}\left(d \tau(\exp t x) v_{i}\right) \tag{3.1}
\end{gather*}
$$

Now we observe that the parallel vector field $V_{i}$ is obtained from the vector $v_{i}$ by the shift $d \tau(e x p)$ along the geodesic $E x p t x$, that is, $V_{i}(t)=d \tau(\exp t x) v_{i}$. Hence we get Lemma 3.2 from (3.1).
Proof of Theorem 3.1. Now we compute the coefficient $\chi_{k}\left(E x p r x, I^{k-1}\right)$. We observe that the tangent space $\Pi^{k-1}(t)$ to the normal section of the cone $C D_{\varepsilon}^{k-1}$ at the point Exptx can be represented as the sum $\sum a_{i} \Pi_{i}^{k-1}(t)$, where $a_{i}$ are constant, and $\Pi_{i}^{k-1}(t)$ is the basis in the space $\Lambda_{k-1}\left(T_{E x p t x} M\right)$ such that $\Pi_{i}^{k-1}(t)$ is generated by the orthonormal frame of vectors $W_{i}(t) \in T_{\text {Exp } t x} M$. Using formula (2.1) we get

$$
\chi_{k}\left(E x p r x, \Pi^{k-1}\right)=\frac{\int_{0}^{r}\left|\Pi^{k-1}(t)\right| d t}{\left|\Pi^{k-1}(r)\right|}=\frac{\sum_{i} \int_{0}^{r} a_{i}\left|\Pi_{k-1}^{i}(t)\right| d t}{\sum_{i} a_{i}\left|\Pi_{k-1}^{i}(r)\right|}
$$

Hence we obtain

$$
\chi_{k}(E x p r x)=\max _{i} \frac{\int_{0}^{r}\left|\Pi_{k-1}^{i}(t)\right| d t}{\Pi_{k-1}^{i}(r)}
$$

Combining Lemma 3.2 , Lemma 2.8 and Lemma 2.9 we get

$$
\max _{i} \frac{\int_{0}^{r}\left|\Pi_{i}^{k-1}(t)\right| d t}{\left|\Pi_{k-1}^{i}(r)\right|}=\frac{\int_{0}^{r} \sin \left(\alpha_{1}(x) t\right) \cdot \ldots \cdot \sin \left(\alpha_{k}(x) t\right) d t}{\sin \left(\alpha_{1}(x) r\right) \cdot \ldots \cdot \sin \left(\alpha_{k}(x) r\right)}
$$

if $k<p$. In the same way we can prove the theorem in the case $k \geq p$. The proof of Theorem 3.1 is complete.

Corollary 3.3. If $M$ is a symmetric space of rank $=1$, that is, $\operatorname{dim} H_{l M}=1$, then the deformation coefficient $\chi_{k}($ Exprx) depends only on $r$.
a) For $M=S^{n}\left(\right.$ or $\left.R P^{n}\right)$ we have $\chi_{k}(r)=\int_{0}^{r}(\sin t)^{k-1} d t /(\sin r)^{k-1}$.
b) For $M=C P^{n}$ we have

$$
\chi_{k}(r)=\frac{\int_{0}^{r}(\sin \sqrt{2} t)(\sin t)^{2 k-2} d t}{\sin \sqrt{2} r(\sin r)^{2 k-2}}
$$

c) For $M=H P^{n}$ we have

$$
\chi_{k}(r)=\frac{\int_{0}^{r}(\sin \sqrt{2} t)^{3}(\sin t)^{4 k-4} d t}{(\sin \sqrt{2} r)^{3}(\sin r)^{4 k-4}}
$$

We immediately obtain the following consequence.
Corollary 3.4. [Fo 1]. For any $k \leq n$ the standardly embedded space $R P^{n}$ (and CP $P^{n}, H P^{n}$ resp.) has the volume $=\Omega_{k}\left(R P^{n}\right)\left(\right.$ and $\Omega_{2 k}\left(C P^{n}\right), \Omega_{4 k}\left(H P^{n}\right)$ resp.), therefore it is a globally minimal submanifold.
Let us now compute geodesic nullities $\Omega_{k}\left(R P^{n}\right), \Omega_{2 k} C P^{n}, \Omega_{k}\left(H P^{n}\right)$. Clearly, $\Omega_{k}\left(R P^{n}\right)=\frac{1}{2} \operatorname{vol}\left(S^{k}(1)\right)$ can be computed from the following formulas. First, we take integration over parallel sections of the unit ball

$$
\lambda_{k}=2 \lambda_{k-1} \int_{0}^{\pi / 2} \cos ^{k} \alpha d \alpha
$$

Taking into account (2.3) we get

$$
\operatorname{vol} S^{k}(1)=(k+1) \lambda_{k+1}=2 \lambda_{k} k \int_{0}^{\pi / 2} \sin ^{k-1} \alpha d \alpha
$$

Hence we obtain the following identity

$$
\begin{equation*}
k+1=\frac{2 k \lambda_{k} \int_{0}^{\pi / 2} \sin ^{k-1} \alpha d \alpha}{2 \lambda_{k} \int_{0}^{\pi / 2} \cos ^{k+1} \alpha d \alpha} \tag{3.2}
\end{equation*}
$$

We infer from (3.2) the following equation

$$
\begin{equation*}
\int_{0}^{\pi / 2} \sin ^{k+1} \alpha d \alpha=\frac{k}{k+1} \int_{0}^{\pi / 2} \sin ^{k-1} \alpha d \alpha \tag{3.3}
\end{equation*}
$$

Using (3.3) we easely get

$$
\lambda_{2 k}=\frac{\pi^{k}}{k!}, \quad \lambda_{2 k+1}=\frac{\pi^{k} 2^{k+1}}{(2 k+1)!!}
$$

Let us compute $\Omega_{2 k}\left(C P^{n}\right)=\operatorname{vol}\left(C P^{k}\right)$. Using Corollary 3.3 and taking into account $R\left(C P^{n}\right)=\pi /$ sqrt 2 we get

$$
\begin{gathered}
\Omega_{k}\left(C P^{n}\right)=\lambda_{2 k} \exp \int_{0}^{\pi / 2 q r t 2} \frac{d t}{(\sin \sqrt{2} t)(\sin t)^{2 k-1}}= \\
=2 k \lambda_{2 k} \int_{0}^{\pi / s q \tau t 2}(\sin \sqrt{2} t / \sqrt{2})(\sin t)^{2 k-2} d t= \\
=2^{k} 2 k \lambda_{2 k} \int_{0}^{1} x^{2 k-1} d x=\pi^{2 k} / k!
\end{gathered}
$$

In the same way we compute $\Omega_{4 k}\left(H P^{n}\right)=\operatorname{vol}\left(H P^{k}\right)$. We have

$$
\begin{gathered}
\Omega_{4 k}\left(H P^{n}\right)=\lambda_{4 k} \exp \int_{0}^{\pi / \sqrt{2}} \frac{d t}{(\sin \sqrt{2} t)^{3}(\sin t)^{4 k-4}}= \\
=4 k \lambda_{4 k} \int_{0}^{\pi / \sqrt{2}}(\sin \sqrt{2} t / \sqrt{2})^{3}(\sin t)^{4 k-4} d t= \\
=2^{2 k} 4 k \lambda_{4 k} \int_{0}^{1} y^{4 k-4}\left(1-y^{2}\right) d y= \\
=\pi^{2 k} 2^{2 k} /(2 k+1)!
\end{gathered}
$$

Remark. Operator $a d_{x}^{2}$ coincides with the Ricci transformation $R_{x}: y \rightarrow R_{x y} x$ in the tangent space $l M$. Therefore, the deformation coefficient $\chi_{k}(\operatorname{Expr} x)$ get the maximal value, if and only if the plane $\Pi^{k-1}$ is an eigenspace with the maximal eigenvalue of the induced Ricci transformation in the space $\Lambda_{k-1} T_{\text {Exprx }} M$. Roughly speaking, the curvature at point Exprx in direction ( $r x, \Pi^{k-1}$ ) get the maximal value.
It is well known that in a simply connected irreducible compact symmetric space $M$ there are totally geodesic spheres of curvature $a^{2}$, where $a^{2}$ is the upper bound of section curvature on $M$. Further, any such sphere lies in some totally geodesic Helgason's sphere of maximal dimension $i(M)$. All Helgason's spheres are equivalent under the action of the isometry group $I s o(M)$. Moreover, they are of the same curvature $a^{2}$. Now we immediately get from Corollary 2.8 the following Proposition.
Proposition 3.5. If a Helgason sphere $S(M)$ realizes a non-trivial cycle in a homology group of space $M$, then it is a globally minimal submanifold in $M$.
First, we write the list of Helgason's spheres realizing a non-trivial cycles in real homologies of compact irreducible simply-connected symmetric spaces.

1) If $M$ is a simple compact group, then $i(M)=3$, and $S(M)$ is a subgroup associated to a highest root of the group $M$.
2) $M=S U_{l+m} / S\left(U_{l} \times U_{m}\right), \quad i(M)=2, \quad S(M)=S U_{2} / S\left(U_{1} \times U_{1}\right)$.
3) $M=S O_{l+2} / \mathrm{SO}_{l} \times \mathrm{SO}_{2}, \quad i(\mathrm{M})=2, \quad S(M)=\mathrm{SO}_{3} / \mathrm{SO}_{2}$.
4) $M=S U_{2 n} / S p_{n}, \quad i(M)=5, \quad S(M)=S U_{4} / S p_{2}$.
5) $M=S p_{m+n} / S p_{m} \times S p_{n}, \quad i(M)=4 ; \quad, S(M)=H P^{1}$.
6) $M=S O_{2 n} / U_{n}, \quad i(M)=2, \quad S(M)=S O_{4} / U_{2}$.
7) $M=S p_{n} / U_{n}, \quad i(M)=2, \quad S(M)=S p_{1} / U_{1}$.
8) $M=F_{4} / S p i n_{9}, \quad i(M)=8, \quad S(M)=S_{\text {pin }}^{9} / S_{\text {Sin }}^{8}$.
9) $M=A d E_{6} / T^{1} S p i n_{10}, \quad i(M)=2, \quad S(M)=S U_{2} / T^{1}$.
10) $M=A d E_{7} / T^{1} E_{6}, \quad i(M)=2, \quad S(M)=S U_{2} / T^{1}$.
11) $M=E_{6} / F_{4}, \quad i(M)=9, \quad S(M)=S p i n_{10} / S_{\text {pin }}^{9}$.

Remark. In all listed cases, if the dimension of Helgason's spheres $\mathrm{i}(\mathrm{M})=2$, the corresponding symmetric space are Kälerian manifolds, so their Helgason's spheres are diffeomorphic to $C P^{1}$. The global minimality of the Helgason sphere in 1) was first proved by A.T.Fomenko [Fo 1], and then by Dao Chong Thi [Da 1], H.Tasaki [Ts] the author [Le 1] by the calibration method. The global minimality of the Helgason sphere in 8) was proved by A.T.Fomenko [Fo 1] by the method of geodesic nullity and by M.Berger [Be] by the calibration method. It would be interesting to find calibrations which calibrate the Helgason spheres in 4) and 11). It is well known that all characteristic classes on spaces $M$ in 4) and 11) are trivial[Ta 2]. We think a suitable calibration may be chosen among induced invariant differential forms from the isometry group $I(M)$ to $M$ (see also the proof below). We also conjecture that all Helgason's spheres are $M^{*}$-minimal submanifolds (see [Le 2]).
Proof of our classification. By looking at the table of real homologies of irreducible globally symmetric spaces [Ta 1, Ta 2], and the table of Helgason's spheres in these spaces [ O ], comparing dimensions, we conclude that all other Helgason's spheres not in the above list are trivial cycles in real homologies of their ambient spaces. By the above remark, to complete the classification, it suffices to show that the Helgason's spheres in 4) and 11) are non-trivial cycles. First, we consider the case 4) $S(M)=S U_{4} / S p_{2} \longrightarrow S U_{2 n} / S p_{n}$. We have the following commutative diagram


Here the embedding $S U_{2 k} / S p_{k} \longrightarrow S U_{2 k}, \mathrm{k}=2$ or n , is the Cartan embedding of symmetric spaces. We note that $S^{5}=S U_{4} / S p_{2}$ realizes a non-trivial cycle in $S U_{4}$, since so does the corresponding subgroup $S p_{2}$. Therefore, the sphere $S^{5}$ also realizes a non-trivial cycle in $S U_{2 n}$, because the subgroup $S U_{4}$ is totally non-homologous to zero in $S U_{2 n}$. Hence we conclude that the Helgason sphere $S^{5}$ realizes a non-trivial cycle of real homologies of $S U_{2 n} / S p_{n}$.

The fact, that the Helgason's sphere $S^{9}$ realizes a non-trivial cycle of real homologies of $E_{6} / F_{4}$ was proved in Dao Trong Thi's paper [D 2]. To see it we consider the following sequence of mappings

$$
S^{9} \longrightarrow E_{6} / F_{4} \longrightarrow E_{6} \longrightarrow S U_{27} .
$$

It is easy to see that the resulting map $\rho: S^{9} \longrightarrow S U_{27}$ is a composition of two maps $\rho_{1}$ and $\rho_{2}$, where $\rho_{1}\left(S^{9}\right) \subset \operatorname{Spin}_{10}$ is a primitive cycle, and $\rho_{2}$ is a spinor representation of $\operatorname{Spin}_{10}$ which sends the primitive cycle $S^{9}$ to a non-trivial cycle in $S U_{27}$ [Dy], [Da 2]. Therefore, we conclude that the Helgason sphere $S^{9}$ realizes a non-trivial cycle of real homologies of $E_{6} / F_{4}$.
Theorem 3.6. Every Helgason's sphere in a compact irreducible simply connected symmetric space is a globally minimal surface in its $Z_{2}$ homology class.
Remark. As a simple corollary of our theorem we obtain that all Helgason spheres in irreducible simply connected symmetric spaces are stable minimal. This corollary was obtained by Ohnita [O] with the help of analyzing the spectrum of the Jacobi operator on these spheres.
Proof. In view of our classification it suffices to show that the Helgason's spheres not in the above list realize non-trivial cycles of $Z_{2}$ homologies in their ambient symmetric spaces. All of them are of dimension 2 ([He], [O]). Since their ambient spaces $M$ are simply connected and besides, in the considered cases we have $\pi_{2}(M)=\mathbf{Z}_{2}[\mathrm{Ta} 1]$, it suffices to show that these spheres realize non-trivial elements of the second homotopy group $\pi_{2}(M)$. Let $M=G / U$, where $G$ is a simply connected group. Our proof is based on the exact sequence [Ta 1]

$$
O=\pi_{2}(G) \longrightarrow \pi_{2}(G / U) \longrightarrow \pi_{1}(U) \longrightarrow \pi_{1}(G)=0 .
$$

Thus, the map $j: \pi_{2}(g / U) \longrightarrow \pi_{1}(U)$ is an isomorphism. Therefore, the Helgason sphere realizes a non-trivial element in $\pi_{2}(G / U)$, if and only if its image via $j$ is a non-trivial circle $S^{1} \subset U$ in the fundamental group $\pi_{1}(U)$. Let us recall a geometrical realization of the map $j$. Assume $S^{2}$ is a sphere in $G / U$. Fix a point $x \in S^{2}$. Let us realize the sphere $S^{2}$ as a suspension over $S^{1}$ such that one of its vertices is the fixed point $x$, and the other one is some point $y \in S^{2}$. This means that we are given a homotopy $F:[0,1] \times S^{1} \longrightarrow S^{2}$ such that $F\left(0 \times S^{1}\right)=x$, and $F\left(1 \times S^{1}\right)=y \in S^{2}$. Let $\tilde{y}$ be a point in $G$ whose projection $p(y)=y$. According to the covering homotopy theorem there exists a homotopy $\tilde{F}:[0,1] \times S^{1} \longrightarrow G$ such that $F\left(1 \times S^{1}\right)=\tilde{y}$, and $p \cdot \tilde{F}=F$. Clearly, $\tilde{F}$ realizes a relative sphere whose boundary $S^{1}$ lies in the fiber $p^{-1}(x)$. Hence, this circle is the image of sphere $S^{2}$ via the map $j$. With the above geometric realization $j_{F}$ of the map $j$ we will show that the image $j_{F}\left(S^{2}\right)$ of the Helgason sphere $S^{2} \in G / U$ may be chosen as a geodesic circle $S^{1} \subset U$. To do this we consider the following orthogonal decomposition of the Lie algebra $l G=l U \oplus V$, where $V$ is identified with the tangent space of
the symmetric space $G / U$. We note that the totally geodesic subspace $\exp V$ coincides with the Cartan embedding $C(G / U)$ of symmetric space $G / U$ into $G$. Consider a highest root $\alpha$ of the algebra $l G$. It is known that its restricted root $\bar{\alpha}$ is a highest root of the symmetric space $G / U$. Fix a Cartan algebra $H_{V} \subset V$. Let $h_{\bar{\alpha}} \in H_{V}$ be the dual vector to $\bar{\alpha}$, and $v_{\bar{\alpha}} \in V$ the corresponding eigenvector. This implies that

$$
\begin{equation*}
h_{\bar{\alpha}}=\sqrt{-1}(1 / 2)\left(H_{\alpha}-H_{\alpha^{\theta}}\right), \mathbf{R} v_{\bar{\alpha}}=V \cap \mathbf{C}\left(X_{\alpha}-\theta X_{\alpha}\right) \tag{3.4}
\end{equation*}
$$

where $H_{\alpha}$ denotes the vector in the Cartan algebra $H_{\text {ClG }}$ corresponding to the root $\alpha, X_{\alpha} \in \mathrm{C} l G$ is the corresponding eigenvector, and $\theta$ is the involutive authomorphism defining the symmetric space $G / U[\mathrm{He}]$. Recall that in our case Hegalson's sphere is of dimension 2. Therefore, the multiplicity of $\bar{\alpha}$ equals 1 and $v_{\bar{\alpha}}$ is defined uniquely, moreover, the plane $\operatorname{span}\left(h_{\bar{\alpha}}, v_{\bar{\alpha}}\right)$ is a Lie triple. Indeed, this plane is the tangent plane to the Helgason sphere $S^{2} \subset G / U$, it is also the tangent space to the Cartan embedding $C\left(S^{2}\right)$ of this sphere into $G$. Now we put $w_{\alpha}=\left[h_{\bar{\alpha}}, v_{\bar{\alpha}}\right]$. Since the multiplicity of $\bar{\alpha}$ equals 1 we have $w_{\alpha} \in I U \cap C\left(X_{\alpha}+\theta X_{\alpha}\right)$ (see [He, p.336]). Taking into account (3.4) we see that the vectors $h_{\bar{\alpha}}, v_{\bar{\alpha}}, w_{\alpha}$ form a basis of the Lie subalgebra in $l G$ corresponding to the root $\alpha$. Denote $S U_{2}(\alpha)$ the corresponding subgroup in $G$. We note that the subgroup $S U_{2}(\alpha)$ contains the sphere $C\left(S^{2}\right)$. Further, we observe that the intersection between groups $S U_{2}(\alpha)$ and $U$ is an one-dimensional compact subgroup $S^{1}(\alpha)$ generated by the vector $w_{\alpha}$.
Lemma 3.7. There exists a geometrical realization $F_{j}$ such that $F_{j}$ sends the Helgason sphere $S^{2}$ to the geodesic circle $S^{1}(\alpha)$.
Proof. Let $\bar{e}$ denotes the antipodal point of $e$ in the sphere $C\left(S^{2}\right)$. Let $S^{1}(\bar{e})$ be the equator on $C\left(S^{2}\right)$, consisting of those points $g \in S_{C}^{2} \subset G$ such that $g^{2}=\bar{e}$. We claim that the natural projection $q: G \longrightarrow G / U$ sends this equator to a point. In fact, this claim is a consequence of the following assertion
Proposition 3.8 [Fo 2, p.124]. Let $g U$ be an arbitrary coset relative to $U$ in $G$, and besides, $g \in C(G / U)$. Then $g U \cap C(G / U)=\left\{\sqrt{g^{2}}\right\} \cap C(G / U)$.
This assertion can be obtained from the following explicit expression for the Cartan embedding $C: G / U \longrightarrow G ; g U \rightarrow g \sigma\left(g^{-1}\right)$, where $\sigma$ denotes the corresponding involutive automorphism of the group $G$.
From Proposition 3.8 and the above claim we immediately get that the semisphere $S^{2+} \subset C\left(S^{2}\right)$ with boundary $S^{1}(\bar{e})$ and containing point $e$ is a relative sphere of the fibration $U \longrightarrow G \longrightarrow G / U$, moreover, its projection into $G / U$ coincides with the Helgason sphere $S^{2} \subset G / U$. Now, it is easy to see that there exists a geometric realization $F_{j}$ which sends the Helgason sphere $S^{2}$ to the equator $S^{1}(\bar{e})$. Suppose $z$ is a point of $S^{1}(\bar{e})$. Then the shift $L_{z}^{-1}$ sends the equator $S^{1}(\bar{e})$ to a geodesic circle $T^{1}(\alpha)$. By definition $T^{1}(\alpha)$ is also a geometric realization of the image $j\left(S^{2}\right)$. To complete the proof of Lemma
3.7 it suffices to show that $T^{1}(\alpha)=S^{1}(\alpha)$. In fact, the shift $L_{z}^{-1}$ sends the fiber containing $S^{1}(\bar{e})$ to the subgroup $U$ and on the other hand, the subgroup $S U_{2}(\alpha)$ is invariant under the action $L_{x}^{-1}$. Hence, $T^{1}(\alpha)$ belongs to the intersection between $S U_{2}(\alpha)$ and $U$. This implies that $T^{1}(\alpha)=S^{1}(\alpha)$.
Corollary 3.9. $S^{1}(\alpha)$ is a shortest closed geodesic on group $G$, and therefore, on group $U$.

Proof. By construction $S U_{2}(\alpha)$ is the subgroup corresponding to the highest root $\alpha$ of $G$. Since $G$ is simply connected the circle $S^{1}(\alpha)$ is of minimal length [He].
Let $U=S O_{n}$. It is known that a shortest closed geodesic on $S O_{n}$ is conjugate under the action of the group $\operatorname{Iso}\left(S O_{n}\right)$ with the standardly embedded subgroup $S O_{2}$ which generates a non-trivial element in the fundamental group $\pi_{1}\left(S O_{n}\right)$. Hence, from Corollary 3.9 we immediately get the following consequence.
Corollary 3.10. Helgason's spheres in symmetric spaces $S U_{n} / S O_{n} ; E_{8} / S O_{16}$, $G_{2} / \mathrm{SO}_{4}$ realize non-trivial elements in $Z_{2}$-homologies of their ambient spaces.
In other cases we have to look more carefully. Our aim is to show that the geodesic circle $S^{1}(\alpha)$ realizes a non-trivial element in the fundamental group $\pi_{1}(U)$. Let $w_{\alpha}$ belong to a Cartan algebra $H_{I U}$ which is contained in a Cartan algebra $H_{l G}$. Let $h_{\alpha} \in \mathbf{R} w_{\alpha}$ be the vector corresponding to the root $\alpha$. It is known that the vector $h(\alpha)=4 \pi h_{\alpha} /|\alpha|^{2}$ belongs to the unit lattice $\Gamma\left(G, H_{l G}\right)$ of the group $G$. Let $\tilde{U}$ denote the universal covering of the group $U$. The fact that the geodesic circle $S^{1}(\alpha)$ realizes a non-trivial element in $\pi_{1}(U)$ is equivalent to that $\left.h_{( } \alpha\right)$ does not belong to the unit lattice $\Gamma\left(\tilde{U}, H_{l U}\right)$ of the group $\tilde{U}$. It is known that the unit lattice $\Gamma$ of the simply connected group $\tilde{U}$ is $\operatorname{span}_{\mathbf{Z}}\left\{h\left(\beta_{j}\right)\right\}$, where $\left\{\beta_{j}\right\}$ is a fundamental systems of roots of $I U$, and $h\left(\beta_{j}\right)=4 \pi h_{\beta_{j}} /\left|\beta_{j}\right|^{2}$ (see [He], [Ta 1]).
Let us now consider a symmetric space $M=G / U$, where $l U$ is a direct sum of 2 simple Lie algebras $l U_{1}$ and $l U_{2}$. In our case $M$ is one of the following spaces: $S O_{m+n} /\left(S O_{n} \times S O_{m}\right), E_{6} /\left(S U_{2} \cdot S U_{6}\right), E_{7} /\left(S U_{2} \cdot S p i n_{12}\right), E_{8} /\left(S U_{2} \cdot E_{7}\right)$, $F_{4} / S U_{2} \cdot S p_{3}$. (Except the case of real grassmannians, other products listed above, $U=U_{1} \cdot U_{2}$, are not direct. Namely, the intersection of $U_{1}$ and $U_{2}$ consists of 2 points [Ta 1]). We note that the vector $h(\alpha)$ does not lie in any algebra $l U_{i}, i=1,2$, otherwise, the subgroup $S U_{2}(\alpha)$ lies in the group $U_{i} \subset U$ entirely. This contradicts to our observation that $S U_{2}(\alpha)$ meets $U$ at only a circle $S^{1}(\alpha)$. Hence, in case $l U=s o_{n} \oplus s o_{m}$, the root $\alpha$ can be written as $x_{i} \pm x_{j}$, where $x_{i} \in H_{s o_{n}}^{*}$ and $x_{j} \in H_{s o m}^{*}$. Thus, $h(\alpha)$ does not belong to the unit lattice of $\operatorname{Spin}_{n} \times \operatorname{Spin}_{m}$. In the same way we verify that for all listed above $M$ the Helgason sphere $S^{2}$ realizes a non-trivial element in $\pi_{2}(M)=$ $H_{2}(M, \mathbf{Z})=H_{2}\left(M, \mathbf{Z}_{2}\right)=\mathbf{Z}_{2}$. To complete the proof of Theorem 3.6 we need to consider the cases $M=E_{6} / P S p_{4}$ and $M=E_{7} / S U_{8}^{*}$. Straightforward
calculation shows that if a closed geodesic of minimal length in group $\tilde{U} /\{ \pm 1\}$, $\tilde{U}=S p_{4}, S U_{8}$, then it is conjugate under $I_{0}(U)$ with either the circle $S^{1}(\beta)$ generated by highest root $\beta$ or the closed geodesic $S_{*}^{1}$ whose pull back into the covering group $U$ is the shortest geodesic joining two element $(+1)=(e)$ and $(-1)$. Since the group $S U_{2}(\alpha)$ does not lie in $U$, we get that $\alpha$ is not a highest root of $l U_{1} \oplus l U_{2}$. Hence, we easily obtain that the circle $S^{1}(\alpha)$ is conjugate with $S_{*}^{1}$. Thus, $S^{1}(\alpha)$ realizes a non-trivial element in $\pi_{1}(U)$. This completes the proof.

In conclusion we show a consequence of Theorem 2.1 for non-compact symmetric spaces. It is well known that the upper bound of section curvature of these spaces is zero [He].

Proposition 3.11. Let $X$ be a flat totally geodesic submanifold in a noncompact symmetric space $M$. Then $X$ is a globally minimal submanifold.

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