# A Convergence Theorem in the Geometry of Alexandrov Space 

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# A CONVERGENCE THEOREM IN THE GEOMETRY OF ALEXANDROV SPACE 

Takao Yamaguchi<br>Dedicated to Professor Hisao Nakagawa on his sixtieth birthday

## §0 Introduction

An Alexandrov space is a metric space with length structure and with a notion of curvature. In the present paper we study Alexandrov spaces whose curvatures are bounded below. Such a space occurs for instance as the Hausdorff limit of a sequence of Riemannian manifolds with curvature bounded below. Understanding such a limit space is significant in the study of structure of Riemannian manifolds themselves also, and it is a common sense nowadays that there is interplay between Riemannian geometry and the geometry of Alexandrov spaces through Hausdorff convergence.

Recently Burago, Gromov and Perelman [BGP] have made important progress in the geometry of Alexandrov spaces whose curvatures are bounded below. Especially they proved that the Hausdorff dimension of such a space $X$ is an integer if it is finite and that $X$ contains an open dense set which is a Lipschitz manifold. A recent result due to Otsu and Shioya [OS] has extended the later result by showing that such a regular set actually has full measure. Since the notion of Alexandrov space is a generalization of Riemannian manifold, it seems natural to consider the problem: What extent can one extend results in Riemannian geometry to Alexandrov spaces?

The notion of Hausdorff distance introduced by Gromov [GLP] has brought a number of fruitful results in Riemannian geometry. For instance, the convergence theorems and their extension, the fibration theorems, or other related methods have played important roles in the study of global structure of Riemannian manifolds. The main motivation of this paper is to extend the fibration theorem ( $[\mathrm{Y}]$ ) to Alexandrov spaces. In Riemannian case we assumed that the limit space is a Riemannian manifold. Here we employ an Alexandrov space as the limit whose singularities are quite good in the following sense.

Let $X$ be an $n$-dimensional complete Alexandrov space with curvature bounded below. In [BGP], it was proved that the space of directions $\Sigma_{p}$ at any point $p \in X$ is an ( $n-1$ )dimensional Alexandrov space with curvature $\geq 1$, and that if $\Sigma_{p}$ is Hausdorff close to the unit ( $n-1$ )-sphere $S^{n-1}$, then a neighborhood of $p$ is bi-Lipschitz homeomorphic to an open set in $\mathbf{R}^{n}$. This fact is also characterized by the existence of $(n, \delta)$-strainer. (For details see Section 1). For $\delta>0$, we now define the $\delta$-strain radius at $p \in X$ as the supremum of $r>0$ such that there exists an ( $n, \delta$ )-strainer at $p$ with length $r$, and the $\delta$-strain radius of $X$ by

$$
\delta \text {-str. } \operatorname{rad}(X)=\inf _{p \in X} \delta \text {-strain radius at } p
$$

For instance, $X$ has a positive $\delta$-strain radius if $X$ is compact and if $\Sigma_{p}$ is Hausdorff close to $S^{n-1}$ for each $p \in X$.

For every two points $x, y$ in $X$, a minimal geodesic joining $x$ to $y$ is denoted by $x y$, and the distance between them by $|x y|$. The angle between minimal geodesics $x y$ and $x z$ is denoted by $\angle y x z$. Under this notaton, we say that a surjective map $f: M \rightarrow X$ between Alexandrov spaces is an $\epsilon$-almost Lipschitz submersion if
(0.1.1) it is an $\epsilon$-Hausdorff approximation.
(0.1.2) For every $p, q \in M$ if $\theta$ is the infimum of $\angle q p x$ when $x$ runs over $f^{-1}(f(p))$, then

$$
\left|\frac{|f(p) f(q)|}{|p q|}-\sin \theta\right|<\epsilon .
$$

Our main result in this paper is as follows :
Theorem 0.2. For a given positive integer $n$ and $\mu_{0}>0$, there exist positive numbers $\delta=\delta_{n}$ and $\epsilon=\epsilon_{n}\left(\mu_{0}\right)$ satisfying the following: Let $X$ be an $n$-dimensional complete Alexandrov space with curvature $\geq-1$ and with $\delta$-str.rad $(X)>\mu_{0}$. Then if the Hausdorff distance between $X$ and a complete Alexandrov space $M$ with curvature $\geq-1$ is less than $\epsilon$, then there exists a $\tau(\delta, \epsilon)$-almost Lipschitz submersion $f: M \rightarrow X$.

Here $\tau(\delta, \sigma)$ denotes a positive constant depending on $n, \mu_{0}$ and $\delta, \epsilon$ and satisfying $\lim _{\delta, \epsilon \rightarrow 0} \tau(\delta, \epsilon)=0$.

Because of lack of differentiability in $X$, it is unclear at present if the map $f$ is actually a locally trivial fiber bundle. The author conjectures that this is true.
Remark 0.3. Under the same assumption as in Theorem 0.2 , for any $x \in X$ let $\Delta_{x}$ denote the diameter of $f^{-1}(x)$. Then there exists a compact nonnegatively curved Alexandrov space $N$ such that the Hausdorff distance between $N$ and $f^{-1}(x)$ having the metric multiplied by $1 / \Delta_{x}$ is less than $\tau(\delta, \epsilon)$ for every $x \in X$. (See the proof of Theorem 5.1 in §5)

In Theorem 0.2 , if $\operatorname{dim} M=\operatorname{dim} X$ it turns out that
Corollary 0.4. Under the same assumptions as in Theorem 0.2, if $\operatorname{dim} M=n$, then the map $f$ is $\tau(\delta, \sigma)$-almost isometric in the sense that

$$
\left|\frac{|f(x) f(y)|}{|x y|}-1\right|<\tau(\delta, \sigma)
$$

for every $x, y \in M$.
As in Riemannian case Theorem 0.2 has a number of applications. The results in Riemannian geometry which essentially follows from the splitting theorem ([T],[CG],[GP1],[Y]) and the fibration theorem are still valid for Alexandrov spaces. For instance, we have the following genaralization of the main result in Fukaya and Yamaguchi [FY1].

Theorem 0.5. There exists a positive number $\epsilon_{n}$ such that if $X$ is a locally simply connected, $n$-dimensional compact Alexandrov space with curvature $\geq-1$ and diam $(X)<$ $\epsilon_{n}$, then its fundamental group contains a nilpotent subgroup of finite index.

We need the assumption on locally simply connectedness in Theorem 0.5 only to ensure the existence of a universal cover of $X$. Here we should mention the announcement in [BGP] by Perelman stating that any Alexandrov space with cuvature bounded below is locally contractible, which would remove the additional assumption.

The basic idea of the proof of Theorem 0.2 and the organization of the present paper is as follows: In section 1, after recalling some basic results in [BGP], we study a neighborhood of a point with small size of singularity. Such a neighborhood has nice properties similar to those of a small neighborhood in a Riemannian manifold. The proof of Theorem 0.2 starts from Section 2. We construct an embedding $f_{X}: X \rightarrow L^{2}(X)$ and a map $f_{M}: M \rightarrow L^{2}(X)$ by using distance functions, where $L^{2}(X)$ is the Hilbert space consisting of all $L^{2}$-functions on $X$. Similar constructions were made in [GLP], [K],[Fu1,2] and [Y] in the case when both $X$ and $M$ are smooth Riemannian manifolds. However in our case, there appear some difficulties in proving the existence of a tubular neighborhood of $f_{X}(X)$ in $L^{2}(X)$ because $f_{X}(X)$ is just a Lipschitz manifold. Of course a tubular neighborhood of $f_{X}(X)$ does not exist in the exact sense because of singularities of $X$. To overcome this difficulty we generalize the notion of tubular neighborhood. First we show that the image of the directional derivative $d f_{X}$ of $f_{X}$ at each point $p \in X$ can be approximated by an $n$ dimensional subspace $\Pi_{p}$ in $L^{2}(X)$ because of small size of singularities of $X$. Thus a small neighborhood of $f_{X}(p)$ in $f_{X}(X)$ is approximated by the $n$-plane $f_{X}(p)+\Pi_{p}$. This fact is used in Section 3, a main part of the paper, to construct a smooth map $\nu$ of a neighborhood of $f_{X}(X)$ into the Grassmann manifold consisting of all subspaces in $L^{2}(X)$ of codimension $n$ such that $\nu$ is almost perpendicular to $f_{X}(X)$. The point is to evaluate the norm of the gradient of $\nu$ in terms of apriori constants, which makes it possible to prove that $\nu$ actually provides a tubular neighborhood of $f_{X}(X)$ in the generalized sense, and to estimate the radius of the tubular neighborhood in terms of given constants. This idea is also effective in studying the projection $\pi: f_{M}(M) \rightarrow f_{X}(X)$ along $\nu$. It turns out that $\pi$ is locally Lipschitz continuous with Lipschitz constant close to one and that it is almost isometric in the directions almost parallel to $f_{X}(X)$. In Section 4, we show that the composed map $f=f_{X}^{-1} \circ \pi \circ f_{M}: M \rightarrow X$ is an almost Lipschitz submersion as required. The proof of Theorem 0.5 is given in section 5 . Its machinary is the same as that in [FY1] except for the induction procedure, which is carried out after deriving the property of the "fibre" of $f$ as described in Remark 0.3 In Appendix, we discuss the relative volume comparison for Alexandrov spaces that is of Bishop and Gromov type.

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## §1 Properties of a neighborhood of a strained point.

First of all, we recall some basic facts on Alexandrov spaces. We refer the reader to [BGP] for details.

Let $X$ be a locally compact complete Alexandrov space with curvature $\geq k$. For $x, y, z \in$ $X$, let $\Delta(x, y, z)$ denote a geodesic triangle with sides $x y, y z$ and $z x$. We also denote by $\widetilde{\Delta}(x, y, z)$ a geodesic triangle in the simply connected surface $M(k)$ with constant curvature $k$, with the same side lengths as $\Delta(x, y, z)$. The angle between $x y$ and $x z$ is denoted by $\angle y x z$, and the corresponding angle of $\widetilde{\Delta}(x, y, z)$ by $\widetilde{L} y x z$. Two minimal geodesics emanating from a point are by definition equivalent if one is a subarc of the other. For $p \in X$, let $\Sigma_{p}^{\prime}$ denote the set of all equivalence classes of minimal geodesics starting from $p$. The space of directions $\Sigma_{p}$ at $p$ is the completion of $\Sigma_{p}^{\prime}$ with respect to the angle distance. We denote by $x^{\prime}$ the set consisting of all directions represented by minimal geodesics joining $p$ to $x$. If $\xi \in x^{\prime}$, we use the familiar notation $\exp t \xi$ to denote the minimal geodesic $p x$ parametlized by arclength. From now on all geodesics are assumed to have unit speed unless otherwise stated.

The following theorem, which corresponds to the Toponogov comparison theorem in Riemannian geometry, is of basic importance in the geometry of Alexandrov space.

Theorem 1.1 ([BGP,4.2]). If $X$ has curvature $\geq k$,then
(1.1.1) For any $x, y, z \in X$, there is a triangle $\widetilde{\Delta}(x, y, z)$ in $M(k)$ such that each angle of $\widetilde{\Delta}(x, y, z)$ is not less than the corresponding one of $\Delta(x, y, z)$.

In the case when $k>0$ and the perimeter of $\Delta(x, y, z)$ is less than $2 \pi / \sqrt{k}$, such a triangle is uniquely determined up to isometry.
(1.1.2) Suppose that $|x y|=|\tilde{x} \tilde{y}|,|x z|=|\tilde{x} \tilde{z}|$ for $x, y, z \in X, \tilde{x}, \tilde{y}, \tilde{z} \in M(k)$, and that $\angle y x z=\angle \tilde{y} \tilde{x} \tilde{z}$. Then $|y z| \leq|\tilde{y} \tilde{z}|$.

In [BGP], (1.1.1) is proved in the case when the perimeter is less than $2 \pi / \sqrt{k}$. Then the rest follows along the same line as the Toponogov comparison theorem (cf. [CE]).

Next we briefly discuss measure of metric balls. It is quite natural to expect that the curvature assumption should influence on it. From now on we assume that $X$ has finite Hausdorff dimension, denoted by $n$. For $r>0, b_{k}^{n}(r)$ denotes the volume of a metric $r$-ball in the $n$-dimensional simply connected space $M^{n}(k)$ with constant curvature $k$. We fix $p \in M$ and $\bar{p} \in M^{n}(k)$, and put $B_{p}(r)=B_{p}(r, X)=\{x \in X| | p x \mid<r\}$.
Lemma 1.2. There exists an expanding map $\rho: B_{p}(r) \rightarrow B_{\bar{p}}(r)$.
Proof. We show by induction on $n$. Since $\Sigma_{p}$ has curvature $\geq 1$ and diameter $\leq \pi$, we have an expanding map $I: \Sigma_{p} \rightarrow S^{n-1}=\Sigma_{\bar{p}}$. For every $x \in B_{p}(r)$, put $\rho(x)=\exp _{\bar{p}}|p x| I(\xi)$, where $\xi$ is any element in $x^{\prime}$. Theorem 1.1.2 then shows that $\rho$ is expanding.

Let $V_{n}$ denote the Hausdorff $n$-measure. Lemma 1.2 immediately implies

$$
\begin{equation*}
V_{n}\left(B_{p}(r)\right) \leq b_{k}^{n}(r) \tag{1.3}
\end{equation*}
$$

In the appendix, we shall discuss the equality case in (1.3) and relative volume comparison.
A system of pairs of points $\left(a_{i}, b_{i}\right)_{i=1}^{m}$ is called an ( $m, \delta$ )-strainer at $p$ if it satisfies the following conditions:

$$
\begin{gathered}
\tilde{\angle} a_{i} p b_{i}>\pi-\delta, \quad\left|\tilde{\angle} a_{i} p b_{i}-\pi / 2\right|<\delta, \\
\left|\tilde{\angle} b_{i} p b_{j}-\pi / 2\right|<\delta, \quad\left|\tilde{\angle} a_{i} p b_{j}-\pi / 2\right|<\delta \quad(i \neq j) .
\end{gathered}
$$

The number $\min _{1 \leq i \leq m}\left\{\left|a_{i} p\right|,\left|b_{i} p\right|\right\}$ is called the length of $\left(a_{i}, b_{i}\right)$. It should be remarked that one can make the length of $\left(a_{i}, b_{i}\right)$ as small as one likes by retaking strainer on minimal geodesics from $p$ to $a_{i}, b_{i}$.

From now on, we assume that $X$ has curvature $\geq-1$ for simplicity. For $n$ and $\mu_{0}>0$ we use the symbol $\tau(\delta, \ldots, \epsilon)$ to denote a positive function depending only on $n, \mu_{0}, \delta, \ldots, \epsilon$ satisfying $\lim _{\delta, \ldots, \epsilon \rightarrow 0} \tau(\delta, \ldots, \epsilon)=0$.

A surjective map $f: X \rightarrow Y$ is called an $\epsilon$-almost isometry if $||f(x) f(y)| /|x y|-1|<\epsilon$ for all $x, y \in X$.

Theorem 1.4 ([BGP,10.4]). There exists $\delta_{n}>0$ satisfying the following. Let $\left(a_{i}, b_{i}\right)_{i=1}^{n}$ be an ( $n, \delta$ )-strainer at $p$ with length $\geq \mu_{0}, \delta \leq \delta_{n}$. Then the map $f: X \rightarrow \mathbf{R}^{n}$ defined by $f(x)=\left(\left|a_{1} x\right|, \ldots,\left|a_{n} x\right|\right)$ provides a $\tau(\delta, \sigma)$-almost isometry of a metric ball $B_{p}(\sigma)$ onto an open subset of $\mathbf{R}^{\boldsymbol{n}}$, where $\sigma \ll \mu_{0}$.

A system $\left(A_{i}, B_{i}\right)_{i=1}^{m}$ of pairs of subsets in an Alexandrov space $\Sigma$ with curvature $\geq 1$ is called a global ( $m, \delta$ )-strainer if it satisfies

$$
\begin{gathered}
\left|\xi_{i} \eta_{i}\right|>\pi-\delta, \quad| | \xi_{i} \xi_{j}|-\pi / 2|<\delta \\
\left|\left|\xi_{i} \eta_{j}\right|-\pi / 2\right|<\delta, \quad| | \eta_{i} \eta_{j}|-\pi / 2|<\delta \quad(i \neq j)
\end{gathered}
$$

for every $\xi_{i} \in A_{i}$ and $\eta_{i} \in B_{i}$. It should be remarked that if $\left(a_{i}, b_{i}\right)_{i=1}^{m}$ is an ( $m, \delta$ )-strainer at $p \in X$, then $\left(a_{i}^{\prime}, b_{i}^{\prime}\right)_{i=1}^{m}$ is a global ( $m, \delta$ )-strainer of $\Sigma_{p}$. The result for global strainers, corresponding to Theorem 1.4, is the following. (Compare [OSY]).

Theorem 1.5 ([BGP,10.5]). There exists a positive number $\delta_{n}$ satisfying the following. Let $\Sigma$ be an Alexandrov space with curvature $\geq 1$ and with Hausdorff dimension $n-1$, and suppose that $\Sigma$ has a global $(n, \delta)$-strainer $\left(A_{i}, B_{i}\right)_{i=1}^{n}$ for $\delta \leq \delta_{n}$. Then

$$
\begin{equation*}
\left|\sum_{i=1}^{n} \cos ^{2}\right| A_{i} \xi|-1|<\tau(\delta) \tag{1.5.1}
\end{equation*}
$$

(1.5.2) The map $\phi$ of $\Sigma$ to the unit ( $n-1$ )-sphere $S^{n-1} \subset \mathbf{R}^{n}$ defined by

$$
\phi(\xi)=\frac{\left(\cos \left|A_{i} \xi\right|\right)}{\left|\left(\cos \left|A_{i} \xi\right|\right)\right|}
$$

is a $\tau(\delta)$-almost isometry.
As a result of Theorem1.5, it turns out that the space of directions $\Sigma_{p}$ at an $(n, \delta)$ strained point $p$ in $X$ is $\tau(\delta)$-almost isometric to $S^{n-1}$.

Let $f: X \rightarrow \mathbf{R}$ be a Lipschitz function. The directional derivative of $f$ in a direction $\xi \in \Sigma_{p}^{\prime}$ is defined as

$$
d f(\xi)=\lim _{t \downarrow 0} \frac{f(\exp t \xi)-f(p)}{t},
$$

if it exists. Then $d f$ extends to a Lipschitz function on $\Sigma_{p}$.
Proposition 1.6 ([BGP,12.4]). If $f$ is the distance function from a point $p \in X$,

$$
d f(\xi)=-\cos \left|\xi p^{\prime}\right|
$$

for every $x \in X$ and $\xi \in \Sigma_{x}$.
We now represent some basic properties of $(n, \delta)$-strained points of $X$.
Lemma 1.7. Let $X, p$ and $\delta, \sigma$ be as in Theorem 1.4. Then for every $q, r, s \in B_{p}(\sigma)$ with $1 / 100 \leq|q r| /|q s| \leq 1$, we have $|\angle r q s-\tilde{\angle} r q s|<\tau(\delta, \sigma)$.
Proof. This is an immediate consequnce of Theorem 1.4.
Lemma 1.8. Let $X, p$ and $\delta, \sigma$ be as in Theorem 1.4. Then for every $q \in B_{p}(\sigma / 2)$ and $\xi \in \Sigma_{q}$, there exist points $r, s \in B_{p}(\sigma)$ such that
(1.8.1) $|q r|,|q s| \geq \sigma / 4$,
(1.8.2) $\quad\left|\xi r^{\prime}\right|<\tau(\delta, \sigma)$,
(1.8.3) $\quad \tilde{L} r q s>\pi-\tau(\delta, \sigma)$.

Proof. For $\xi \in \Sigma_{q}$ and a fixed $\theta>0$ let us consider the set $A=\{x=\exp t \eta| | \xi \eta \mid \leq \theta, \sigma / 4 \leq$ $t \leq \sigma / 2\}$. For $\bar{q} \in M^{n}(-1)$, let $I: \Sigma_{q} \rightarrow \Sigma_{\bar{q}}$ and $\rho: B_{q}(\sigma / 2) \rightarrow B_{\bar{q}}(\sigma / 2)$ be expanding maps as in Lemma 1.2. Now suppose that $A$ is empty. Then $\rho\left(B_{q}(\sigma / 2)\right) \subset B_{\tilde{q}}(\sigma / 2)-\widetilde{A}$, where $\tilde{A}=\{x=\exp t \eta| | I(\xi) \eta \mid \leq \theta, \sigma / 4 \leq t \leq \sigma / 2\}$. It follows from (1.3) that

$$
\frac{V_{n}\left(B_{q}(\sigma / 2)\right)}{b_{-1}^{n}(\sigma / 2)} \leq \frac{b_{1}^{n-1}(\pi)-b_{1}^{n-1}(\theta)}{b_{1}^{n-1}(\pi)}+\frac{b_{-1}^{n}(\sigma / 4) b_{1}^{n-1}(\theta)}{b_{-1}^{n}(\sigma / 2) b_{1}^{n-1}(\pi)} .
$$

On the other hand since $B_{q}(\sigma / 2)$ is $\tau(\delta, \sigma)$-almost isometric to $B(\sigma / 2)$,

$$
\frac{V_{n}\left(B_{q}(\sigma / 2)\right)}{b_{-1}^{n}(\sigma / 2)}>1-\tau(\delta, \sigma)
$$

Therefore $\theta<\tau(\delta, \sigma)$. Thus we can find $r$ satisfying (1.8.1) and (1.8.2). For (1.8.3) it suffices to take $s$ such that $|f(q) f(s)|=\sigma / 2$ and $\angle f(r) f(q) f(s)=\pi$.
Lemma 1.9. Let $X, p$, and $\delta, \sigma$ be as in Theorem 1.4. Then for every $q$ with $\sigma / 10 \leq$ $|p q| \leq \sigma$ and for every $x$ with $|p x| \ll \sigma$, we have

$$
|\angle x p q-\tilde{\angle} x p q|<\tau(\delta, \sigma,|p x| / \sigma) .
$$

Proof. By Lemma 1.8, we can take $r$ such that $|p r| \geq \sigma / 4$ and $\tilde{\angle} q p r>\pi-\tau(\delta, \sigma)$. Then the lemma follows from for instance, [BGP,Lemma 5.6].

We have just verified that the constant $\mu_{0}$ or $\sigma$ plays a role similar to the injectivity radius at $p$.

## §2 Embedding $X$ into $L^{2}(X)$

From now on we assume that $X$ is an $n$-dimensional complete Alexandrov space with curvature $\geq-1$ satisfying

## $\delta$-str.rad $(X)>\mu_{0}$

for a fixed $\mu_{0}>0$ and a small $\delta>0$. By definition, for every $p \in X$ there exists an $(n, \delta)$-strainer $\left(a_{i}, b_{i}\right)$ at $p$ with length $>\mu_{0}$. Let $\sigma$ be a positive number with $\sigma \ll \mu_{0}$. Then by Lemmas 1.7 and 1.8 , we may assume that for every $p \in X$
(2.2.1) there exists an $(n, \delta)$-strainer at every point in $B_{p}(\sigma)$,
(2.2.2) for every $q \in B_{p}(\sigma)$ and for every $\xi \in \Sigma_{q}$, there exist points $r, s$ such that $|q r| \geq \sigma$, $|q s| \geq \sigma$ and $\left|\xi r^{\prime}\right|<\tau(\delta, \sigma), \tilde{\angle} r q s>\pi-\tau(\delta, \sigma)$,
(2.2.3) $\quad|\angle r q s-\tilde{Z} r q s|<\tau(\delta, \sigma)$, for any $q, r, s \in B_{p}(10 \sigma)$ with $1 / 100 \leq|q r| /|q s| \leq 1$.

Let $L^{2}(X)$ denote the Hilbert space consisting of all $L^{2}$ functions on $X$ with respect to the Hausdorff $n$-measure. In this secton we study the map $f_{X}: X \rightarrow L^{2}(X)$ defined by

$$
f_{X}(p)(x)=h(|p x|)
$$

where $h: \mathbf{R} \rightarrow[0,1]$ is a smooth non-increasing function such that
(2.3.1) $h=1 \quad$ on $(-\infty, 0], \quad h=0 \quad$ on $[\sigma, \infty)$.
(2.3.2) $\quad h^{\prime}=1 / \sigma \quad$ on $[2 \sigma / 10,8 \sigma / 10]$.
(2.3.3) $-\sigma^{2}<h^{\prime}<0 \quad$ on $(0, \sigma / 10]$.
(2.3.4) $\quad\left|h^{\prime \prime}\right|<100 / \sigma^{2}$.

Remark that $f_{X}$ is a Lipschitz map.
From now on, we use $c_{1}, c_{2}, \ldots$ to express positive constants depending only on the dimension $n$. First we remark that by Theorem 1.4 there exist constants $c_{1}$ and $c_{2}$ such that for every $p \in X$,

$$
\begin{equation*}
c_{1}<\frac{V_{n}\left(B_{p}(\sigma)\right)}{b_{0}^{\mathrm{n}}(\sigma)}<c_{2} . \tag{2.4}
\end{equation*}
$$

We next consider the directional derivatives of $f_{X}$. For $\xi \in \Sigma_{p}$, we put

$$
\begin{equation*}
d f_{X}(\xi)(x)=-h^{\prime}(|p x|) \cos \left|\xi x^{\prime}\right|, \quad(x \in X) . \tag{2.5}
\end{equation*}
$$

Since $x \rightarrow\left|\xi x^{\prime}\right|$ is upper semicontinuous, $d f_{X}(\xi)$ is an element of $L^{2}(X)$, and by Lebesgue's convergence theorem and Proposition 1.6,

$$
d f_{X}(\xi)=\lim _{t \downarrow 0} \frac{f_{X}(\exp t \xi)-f_{X}(p)}{t} \quad \text { in } L^{2}(X)
$$

From now on we use the norm of $L^{2}(X)$ with normalization:

$$
|f|^{2}=\frac{\sigma^{2}}{b(\sigma)} \int_{X}|f(x)|^{2} d \mu(x)
$$

where $b(\sigma)=b_{0}^{n}(\sigma)$ and $d \mu$ denotes the Hausdorff $n$-measure.

Lemma 2.6. There exist positive numbers $c_{3}$ and $c_{4}$ such that

$$
c_{3}<\left|d f_{X}(\xi)\right|<c_{4}
$$

for every $p \in X$ and $\xi \in \Sigma_{p}$.
Proof. By (2.2.2) take $q$ such that $|p q| \geq \sigma / 2$ and $\left|\xi q^{\prime}\right|<\tau(\delta, \sigma)$. Then it follows from (2.2.3) that for every $x \in B_{q}(\sigma / 100), \angle x p q<1 / 20$ and hence $\left|\xi x^{\prime}\right|<1 / 10$. Then the lemma follws from (2.3),(2.4) and (2.5).
Lemma 2.7. There exist positive numbers $c_{5}$ and $c_{6}$ such that for every $p, q \in X$ with $|p q| \leq \sigma$,

$$
c_{5}<\frac{\left|f_{X}(p)-f_{X}(q)\right|}{|p q|}<c_{6}
$$

In particular $f_{X}$ is injective.
Proof. By Lemma 2.6, we can take $c_{6}=c_{4}$. Let $\ell=|p q|$. By (2.2.2) we can take a $(1, \tau(\delta, \sigma)$ )-strainer $(p, r)$ at $q$ with $|q r|=\sigma / 2$. Let $c:[0, \ell] \rightarrow X$ be a minimal geodesic joining $q$ to $p$. Then by (2.2.3), $\angle r c(t) x<1 / 10$ for every $x$ in $B_{r}(\sigma / 100)$. It follows that

$$
\begin{aligned}
h(|p x|)-h(|q x|) & =\int_{0}^{\ell} \frac{d}{d t} h(|c(t) x|) d t \\
& =\int_{0}^{\ell} h^{\prime}(|c(t) x|) \cos \angle r c(t) x d t \\
& >\frac{\ell}{\sigma} \cos (1 / 10)
\end{aligned}
$$

which implies

$$
\frac{\left|f_{X}(p)-f_{X}(q)\right|}{|p q|}>\sqrt{c_{1}} \cos (1 / 10)>0
$$

Let $K_{p}=K\left(\Sigma_{p}\right)$ be the tangent cone at $p$. From definition, $\Sigma_{p}$ can be considered as a subset of $K_{p}$. The map $d f_{X}: \Sigma_{p} \rightarrow L^{2}(X)$ naturally extends to $d f_{X}: K_{p} \rightarrow L^{2}(X)$. Next we show that $d f_{X}\left(K_{p}\right)$ can be approximated by an $n$-dimensional subspace of $L^{2}(X)$.

For a global $(n, \delta)$-strainer $\left(\xi_{i}, \eta_{i}\right)$ of $\Sigma_{p}$, let $\Pi_{p}$ be the subspace of $L^{2}(X)$ generated by $d f_{X}\left(\xi_{i}\right)$.
Lemma 2.8. For any $\xi \in \Sigma_{p}$,

$$
\left|d f_{X}(\xi)-\sum_{i=1}^{n} c_{i} d f_{X}(\xi)\right|<\tau(\delta)
$$

where $c_{i}=\cos \left|\xi_{i} \xi\right|$. In particular, $d f_{X}\left(\xi_{1}\right), \ldots, d f_{X}\left(\xi_{n}\right)$ are linearly independent.
Proof. Let $\phi: \Sigma_{p} \rightarrow S^{n-1}$ be the $\tau(\delta)$ almost isometry defined by $\phi(\xi)=\left(\cos \left|\xi_{i} \xi\right|\right) /\left|\left(\cos \left|\xi_{i} \xi\right|\right)\right|$. (See Theorem 1.5). Using (1.5.1) one can verify

$$
|\cos | \xi \eta\left|-\sum_{i=1}^{n} c_{i} \cos \right| \xi_{i} \eta| |<\tau(\delta)
$$

for every $\eta \in \Sigma_{p}$. It follows that

$$
\begin{aligned}
\mid d f_{X}(\xi) & -\left.\sum_{i=1}^{n} c_{i} d f_{X}\left(\xi_{i}\right)\right|^{2} \\
& =\frac{\sigma^{2}}{b(\sigma)} \int_{X}\left(h^{\prime}(|p x|)\right)^{2}\left(\cos \left|\xi x^{\prime}\right|-\sum_{i=1}^{n} c_{i} \cos \left|\xi_{i} x^{\prime}\right|\right)^{2} d \mu(x) \\
& <\tau(\delta)
\end{aligned}
$$

Next suppose that $\sum \alpha_{i} d f_{X}\left(\xi_{i}\right)=0$ for a nontrivial $\alpha_{i}$. If we assume that $\sum \alpha_{i}^{2}=1$, then there exists a $\xi \in \Sigma_{p}$ such that $\phi(\xi)=\left(\alpha_{1}, \ldots, \alpha_{n}\right)$. It turns out that

$$
\left|d f_{X}(\xi)\right|=\left|d f_{X}(\xi)-\sum \alpha_{i} d f_{X}\left(\xi_{i}\right)\right|<\tau(\delta)
$$

which contradicts Lemma 2.6 if $\delta$ is sufficiently small.
Thus $d f_{X}\left(K_{p}\right)$ can be approximated by the $n$-dimensional subspace $\Pi_{p}$. In view of Lemma 2.8, one may say that $d f_{X}$ is almost linear.

## §3 Construction of a tubular neighborhood.

In this section, we construct a tubular neighborhood of $f_{X}(X)$ in $L^{2}(X)$. In the case when $X$ is a smooth Riemannian manifold with bounded curvature, Katsuda $[\mathrm{K}]$ studied a tubular neighborhood of a smooth embedding of $X$ into a Euclidean space by using an estimate on the second fundamental form. However in our case, $f_{X}(X)$ is a Lipschitz manifold. Hence even the existence of a tubular neighborhood in a generalized sense is apriori nontrivial.

We begin with
Lemma 3.1. For any $p, q \in X$,

$$
d_{H}^{L^{2}}\left(d f_{X}\left(\Sigma_{p}\right), d f_{X}\left(\Sigma_{q}\right)\right)<\tau(\delta, \sigma,|p q| / \sigma)
$$

where $d_{H}^{L^{2}}$ denotes the Hausdorff distance in $L^{2}(X)$.
Proof. By (2.2.2), for every $\xi \in \Sigma_{q}$ there exists $r$ satisfying $|q r| \geq \sigma$ and $\left|\xi r^{\prime}\right|<\tau(\delta, \sigma)$. We put $\xi_{1}=r^{\prime} \in \Sigma_{p}$. By using (2.2.3) we then have $\left|\xi x^{\prime}\right|-\mid \xi_{1} x^{\prime} \|<\tau(\delta, \sigma,|p q| / \sigma)$ for all $x$ with $\sigma / 10 \leq|p x| \leq \sigma$. It follows that $\left|d f_{X}(\xi)-d f_{X}\left(\xi_{1}\right)\right|<\tau(\delta, \sigma,|p q| / \sigma)$.

We put $\widetilde{N}_{p}=f_{X}(p)+\Pi_{p}^{\perp}$, where $\perp$ denotes the orthogonal complement in $L^{2}(X)$.

Lemma 3.2. For any $p, q \in X$ and $\xi$ in $q^{\prime} \subset \Sigma_{p}$,

$$
\begin{equation*}
\left|\frac{f_{X}(q)-f_{X}(p)}{|q p|}-d f_{X}(\xi)\right|<\tau(\delta, \sigma,|p q| / \sigma) . \tag{3.2.1}
\end{equation*}
$$

In particular, $f_{X}\left(B_{p}\left(\sigma_{1}\right)\right) \cap \tilde{N}_{p}=\{f(p)\}$ if $\sigma_{1} / \sigma$ is sufficiently small.
Proof. By Lemma 1.9, $|\angle x p q-\tilde{\angle} x p q|<\tau(\delta, \sigma,|p q| / \sigma)$ for all $x$ with $\sigma / 10 \leq|p x| \leq \sigma$. We put $t=|p q|$. Since $||x q|-|x p|+t \cos \angle x p q|<t \tau(t / \sigma)$, it follows that

$$
\begin{equation*}
\| x q|-|x p|+t \cos | \xi x^{\prime}| |<t \tau(\delta, \sigma, t / \sigma) \tag{3.3}
\end{equation*}
$$

which yields (3.2.1). Since (3.2.1) shows that the vector $f_{X}(q)-f_{X}(p)$ is transversal to $\tilde{N}_{p}$, we obtain $f_{X}\left(B_{p}\left(\sigma_{1}\right)\right) \cap \tilde{N}_{p}=\{f(p)\}$ for sufficiently small $\sigma_{1} / \sigma$.

For $q \in B_{p}\left(\sigma_{1}\right)$ and $\sigma_{1} \ll \sigma$, we put

$$
\widehat{N}_{q}=f_{X}(q)+\Pi_{p}^{\perp} .
$$

Then Lemmas 2.8, 3.1 and 3.2 imply the following.
Lemma 3.4. $f_{X}\left(B_{p}\left(\sigma_{1}\right)\right) \cap \widehat{N}_{q}=\left\{f_{X}(q)\right\}$ for all $q \in B_{p}\left(\sigma_{1}\right)$.
Let $G_{n}$ be the infinite-dimensional Grassmann manifold consisting of all $n$-dimensional subspaces in $L^{2}(X)$. Let $\left\{p_{i}\right\}$ be a maximal set in $X$ such that $\left|p_{i} p_{j}\right| \geq \sigma_{1} / 10,(i \neq j)$, and $T_{i}: B_{i} \rightarrow G_{n}$ be the constant map, $T_{i}(x)=\Pi_{p_{i}}$, where $B_{i}=B_{f_{X}\left(p_{i}\right)}\left(c_{6} \sigma_{1} / 10, L^{2}(X)\right)$. Notice that $\left\{B_{i}\right\}$ covers $f_{X}(X)$ and that the multiplicity of the covering has a uniform bound depending only on $n$. (See Lemma 1.2, or Proposition A.4).

Our next step is to take an average of $T_{i}$ in $G_{n}$ to obtain a global map $T: \cup B_{i} \rightarrow G_{n}$. We need the notion of angle on $G_{n}$. The space $G_{n}$ has a natural structure of Banach manifold. The local chart at an element $T_{0} \in G_{n}$ is given as follows: Let $N_{0}$ be the orthogonal complement of $T_{0}$, and $L\left(T_{0}, N_{0}\right)$ the Banach space consisting of all homomorphisms of $T_{0}$ into $N_{0}$, where the norm of $L\left(T_{0}, N_{0}\right)$ is the usual one defined by

$$
\|f\|=\sup _{0 \neq x \in T_{0}} \frac{|f(x)|}{|x|}, \quad\left(f \in L\left(T_{0}, N_{0}\right)\right)
$$

We put $V=\left\{T \in G_{n} \mid T \cap N_{0}=\{0\}\right\}$. Then $p(T)=T_{0}$ for every $T \in V$, where $p: L^{2}(X) \rightarrow T_{0}$ is the orthogonal projection. Hence $T$ is the graph of a homomorphism $\varphi_{T_{0}}(T) \in L\left(T_{0}, N_{0}\right)$. Thus we have a bijective map $\varphi_{T_{0}}: V \rightarrow L\left(T_{0}, N_{0}\right)$, which imposes a Banach manifold structure on $G_{n}$.

Under the notation above, the angle $\angle\left(T_{0}, T_{1}\right)$ between $T_{0}$ and $T_{1}\left(\in G_{n}\right)$ is given by

$$
\angle\left(T_{0}, T_{1}\right)=\left\{\begin{array}{lll}
\operatorname{Arctan}\left\|\varphi_{T_{0}}(T)\right\| & \text { if } & T_{1} \cap T_{0}^{\perp}=\{0\} \\
\pi / 2 & \text { if } & T_{1} \cap T_{0}^{\perp} \neq\{0\}
\end{array}\right.
$$

It is easy to check that the angle gives a distance on $G_{n}$ and that the topology of $G_{n}$ coincides with that induced from angle.

From now on we use the simpler notation $\tau$ to denote a positive function of type $\tau\left(\delta, \sigma, \sigma_{1} / \sigma\right)$.

An estimate for the second fundamental form in case of $X$ being a smooth Riemannian manifold can be replaced by the following more elementary lemma. We put $U=\cup B_{i}$.

Lemma 3.5. There exists a smooth map $T: U \rightarrow G_{n}$ such that
$\angle\left(T(x), T_{i}(x)\right)<\tau \quad$ if $x \in B_{i}$,
(3.5.2) $\quad \angle(T(x), T(y))<C|x-y|, \quad$ where $C=\tau / \sigma_{1}$.

Proof. Let $\left\{\rho_{i}\right\}$ be a partition of unity associated with $\left\{B_{i}\right\}$ such that $\left|\nabla \rho_{i}\right| \leq 100 / c_{6} \sigma_{1}$. First put $T=T_{1}$ on $B_{1}$ and extend it on $B_{1} \cup B_{2}$ as follows. Let $\left\{v_{1}, \ldots, v_{n}\right\}$ and $\left\{w_{1}, \ldots, w_{n}\right\}$ be orthonormal bases of $T_{1}$ and $T_{2}$ respectively such that $\left|v_{i}-w_{i}\right|<\tau$. Put $u_{i}(x)=\rho_{1}(x) v_{i}+\left(1-\rho_{1}(x)\right) w_{i}$, and let $T(x)$ be the $n$-plane generated by $u_{1}(x), \ldots, u_{n}(x)$, $\left(x \in B_{1} \cup B_{2}\right)$. Then $\left\{u_{1}(x), \ldots, u_{n}(x)\right\}$ is a $\tau$-almost orthonormal basis of $T(x)$ in the sense that

$$
\left|<u_{i}(x), u_{j}(x)>-\delta_{i j}\right|<\tau .
$$

Notice that $\angle\left(T(x), T_{i}\right)<\tau$ if $x \in B_{i}(\mathrm{i}=1,2)$, and $\left|\nabla u_{i}\right|<\tau / \sigma_{1}$.
Suppose that $T(x)$ and a $\tau$-almost orthonormal basis $\left\{v_{1}(x), \ldots, v_{n}(x)\right\}$ of $T(x)$ are defined for $x \in U_{j}=\cup_{i=1}^{j} B_{i}$ in such a way that

$$
\begin{equation*}
\angle\left(T(x), T_{i}\right)<\tau \quad \text { if } x \in B_{i},(1 \leq i \leq j) \tag{3.6.1}
\end{equation*}
$$

(3.6.2) $\quad\left|\nabla v_{i}\right|<\tau / \sigma_{1}$.

We extend them on $U_{j+1}$ as follows: Let $\left\{w_{1}, \ldots, w_{n}\right\}$ be an orthonormal basis of $T_{j+1}$ such that $\left|v_{i}(x) w_{i}\right|<\tau$ on $U_{j} \cap B_{j+1}$. Now we put

$$
u_{i}(x)=\left(\sum_{\alpha=1}^{j} \rho_{\alpha}(x)\right) v_{i}(x)+\left(1-\sum_{\alpha=1}^{j} \rho_{\alpha}(x)\right) w_{i}
$$

and let $T(x)$ be the subspace genereted by $u_{i}(x)$. Then it is easy to check that $T(x)$ and $u_{i}(x)$ satisfy the properties of (3.6). Thus by induction, we have a smooth map $T: U \rightarrow G_{n}$ and a $\tau$-almost orthonormal frame $u_{i}(x)$ for $T(x)$ satisfying (3.6). It follows from (3.6.2)

$$
\begin{aligned}
\angle(T(x), T(y)) & \leq \text { const }_{n} \max _{1 \leq i \leq n}\left|u_{i}(x)-u_{i}(y)\right| \\
& \leq \text { const }_{n} \max _{1 \leq i \leq n}\left|\nabla u_{i}\right||x-y| \\
& \leq\left(\tau / \sigma_{1}\right)|x-y| .
\end{aligned}
$$

Let $G_{n}^{*}$ be the Grassmann manifold consdisting of all subspaces of codimension $n$ in $L^{2}(X)$, and $\nu: U \rightarrow G_{n}^{*}$ the dual of $T, \nu(x)=T(x)^{\perp}$. The angle $\angle(\nu(x), \nu(y))$ is also defined in a way similar to $\angle(T(x), T(y))$. Remark that the equality $\angle(\nu(x), \nu(y))=$ $\angle(T(x), T(y))$ holds. We put

$$
N_{x}=x+\nu(x)
$$

By using (3.5.1), we have the following lemma in a way similar to Lemma 3.2.
Lemma 3.7. For every $p \in X$ and $q \in B_{p}\left(\sigma_{1}\right)$,

$$
f_{X}\left(B_{p}\left(\sigma_{1}\right)\right) \cap N_{f_{X}(q)}=\left\{f_{X}(q)\right\}
$$

For $c>0$, we put

$$
\mathcal{N}(c)=\left\{(x, v)\left|x \in f_{X}(X), v \in \nu(x),|v|<c\right\} .\right.
$$

Lemma 3.8. There exists a positive number $\kappa=$ const $_{n} \sigma_{1}$ such that $\mathcal{N}(\kappa)$ provides a tubular neighborhood of $f_{X}(X)$. Namely
(3.8.1) $\quad x_{1}+v_{1} \neq x_{2}+v_{2}$ for every $\left(x_{1}, v_{1}\right) \neq\left(x_{2}, v_{2}\right) \in \mathcal{N}(\kappa)$.
(3.8.2) The set $U(\kappa)=\{x+v \mid(x, v) \in \mathcal{N}(\kappa)\}$ is open in $L^{2}(X)$.

Proof. Suppose that $x_{1}+v_{1}=x_{2}+v_{2}$ for $x_{i}=f_{X}\left(p_{i}\right)$ and $v_{i} \in \nu\left(x_{i}\right)$. If $\left|p_{1} p_{2}\right|>\sigma_{1}$ and $\left|v_{i}\right| \leq c_{5} \sigma_{1} / 2$, a contradiction would immedately arise from Lemma 2.7. We consider the case $\left|p_{1} p_{2}\right| \leq \sigma_{1}$. Put $K=N_{x_{1}} \cap N_{x_{2}}$, and let $y \in K$ and $z \in N_{x_{2}}$ be such that $\left|x_{1} y\right|=\left|x_{1} K\right|,\left|x_{1} y\right|=|y z|$ and that $\angle x_{1} y z=\angle\left(x_{1}-y, N_{x_{2}}\right) \leq \angle\left(N_{x_{1}}, N_{x_{2}}\right)$. Then Lemma 3.1 implies that $\angle x_{1} y z<\tau$. It follows from the choice of $z$ that $\left|\angle\left(x_{1}-z, N_{x_{2}}\right)-\pi / 2\right|<$ $\tau$. On the other hand the fact $\angle\left(x_{2}-x_{1}, T\left(x_{1}\right)\right)<\tau$ (Lemma 3.2) also implies that $\left|\angle\left(x_{2}-x_{1}, N_{x_{2}}\right)-\pi / 2\right|<\tau$. It follows that $\left|x_{2} z\right|<\tau\left|x_{1} x_{2}\right|$. Putting $\ell=\left|y x_{1}\right|=|y z|$ and using Lemma 3.5, we then have

$$
\begin{aligned}
\left|x_{1} z\right| & \leq \ell \angle x_{1} y z \\
& \leq \ell \angle\left(T\left(x_{1}\right), T\left(x_{2}\right)\right) \\
& \leq \ell C\left|x_{1} x_{2}\right|, \quad C=\tau / \sigma_{1}
\end{aligned}
$$

Thus we obtain $\ell \geq(1-\tau) / C \geq \sigma_{1} / \tau$ as required.
The proof of (3.8.2) follows from (3.8.1): For any $y \in U(\kappa)$ with $y \in N_{x_{0}}, x_{0} \in f_{X}(X)$ and for any $z \in L^{2}(X)$ close to $y$, let $T_{0}$ be the $n$-plane through $z$ and prallel to $T\left(x_{0}\right)$, and $y_{0}$ the intersection point of $T_{0}$ and $N_{x_{0}}$. If $x \in f_{X}(X)$ is near $x_{0}$, then $N_{x}$ meets $T_{0}$ at a unique point, say $\alpha(x)$. Using (3.8.1), we can observe that $\alpha$ is a homeomorphism of a neighborhood of $x_{0}$ in $f_{X}(X)$ onto a neighborhood of $y_{0}$ in $T_{0}$. Hence $z \in U(\kappa)$ as required.

Remark 3.9. The proof of Lemma 3.8 suggests the possibility that one can take the constant $\kappa$ in the lemma such as $\kappa=\sigma_{1} / \tau$. In fact we can get the sharper estimate by a bit more refined argument. However we omit the proof because we do not need the estimate in this paper.

Next let us study the properties of the projection $\pi: \mathcal{N}(\kappa) \rightarrow f_{X}(X)$ along $\nu$. By definition, $\pi(x)=y$ if $x \in N_{y}$ and $y \in f_{X}(X)$.
Lemma 3.10. The map $\pi: \mathcal{N}(\kappa) \rightarrow f_{X}(X)$ is locally Lipschitz continuous. More precisely, if $x, y \in \mathcal{N}(\kappa)$ are close each other and $t=|x \pi(x)|$, then

$$
\begin{equation*}
|\pi(x) \pi(y)| /|x y|<1+\tau+\tau t / \sigma_{1} \tag{3.10.1}
\end{equation*}
$$

$$
\begin{equation*}
\text { if }\left|<\left(y-x, N_{\pi(x)}\right)-\pi / 2\right|<\tau \text {, then } \tag{3.10.2}
\end{equation*}
$$

$$
|(y-x)-(\pi(y)-\pi(x))|<\left(\tau+\tau t / \sigma_{1}\right)|x y| .
$$

Proof. First we prove (3.10.2). Let $N$ be the affine space of codimension $n$ parallel to $N_{\pi(x)}$ and through $y$. Let $y_{1}$ and $y_{2}$ be the intersections of $N_{\pi(y)}$ and $N$ with $T_{\pi(x)}$ respectively. Let $z$ be the point in $K=N \cap N_{\pi(y)}$ such that $\left|y_{2} z\right|=\left|y_{2} K\right|$, and $y_{3} \in N_{\pi(y)}$ the point such
that $\left|y_{2} z\right|=\left|y_{3} z\right|$ and $\angle y_{2} z y_{3}=\angle\left(y_{2}-z, N_{\pi(y)}\right) \leq \angle\left(N, N_{\pi(y)}\right)$. An argument similar to that in Lemma 3.8 yields that
(3.11.1) $\quad\left|y_{1} y_{3}\right|<\tau\left|y_{1} y_{2}\right|$,
(3.11.2) $\quad\left|y_{2} y_{3}\right| /\left|z y_{2}\right| \leq \angle(\nu(\pi(x)), \nu(\pi(y))) \leq\left(\tau / \sigma_{1}\right)|\pi(x) \pi(y)|$.

It follows that $\left|y_{1} y_{2}\right|<\left(\tau / \sigma_{1}\right) t|\pi(x) \pi(y)|$. Furthermore the assumption implies $\mid(\pi(x)-$ $\left.y_{2}\right)-(x-y)|<\tau| x y \mid$. Therefore we get

$$
\begin{aligned}
\left|\left(\pi(x)-y_{1}\right)-(x-y)\right| & \leq\left|\left(\pi(x)-y_{1}\right)-\left(\pi(x)-y_{2}\right)\right|+\left|\left(\pi(x)-y_{2}\right)-(x-y)\right| \\
& \leq\left|y_{1} y_{2}\right|+\tau|x y| \\
& <\left(\tau / \sigma_{1}\right) t|\pi(x) \pi(y)|+\tau|x y|
\end{aligned}
$$

On the other hand, since $\angle y_{1} \pi(x) \pi(y)<\tau$,

$$
\left|(\pi(x)-\pi(y))-\left(\pi(x)-y_{1}\right)\right|<\tau|\pi(x) \pi(y)| .
$$

Combining the two inequalities, we obtain that

$$
|(\pi(x)-\pi(y))-(x-y)|<\left(\tau+C^{\prime} t\right)|\pi(x) \pi(y)|+\tau|x y|
$$

from which (3.10.2) follows.
For (3.10.1), take $y_{0} \in N_{\pi(y)}$ such that $\left|x y_{0}\right|=\left|x N_{\pi(y)}\right|$. Then (3.10.2) implies

$$
\begin{aligned}
\frac{|\pi(x) \pi(y)|}{|x y|} & \leq \frac{|\pi(x) \pi(y)|}{\left|x y_{0}\right|} \\
& \leq 1+\tau+\tau t / \sigma_{1} .
\end{aligned}
$$

## $\S 4 f$ is an almost Lipschitz submersion

In this section, we shall prove Theorem 0.2 .
Let $M$ be an Alexandrov space with curvature $\geq-1$. We suppose $d_{H}(M, X)<\epsilon$ and $\epsilon \ll \sigma_{1}$. Let $\varphi: X \rightarrow M$ and $\psi: M \rightarrow X$ be $\epsilon$-Hausdorff approximations such that $|\psi \varphi(x), x|<\epsilon,|\varphi \psi(x), x|<\epsilon$, where we may assume that $\varphi$ is measurable. Then the map $f_{M}: M \rightarrow L^{2}(X)$ defined by

$$
f_{M}(p)(x)=h(|p \varphi(x)|), \quad(x \in X)
$$

should have the properties similar to those of $f_{X}$. We begin with
Lemma 4.1. $f_{M}(M) \subset \mathcal{N}\left(c_{7} \epsilon\right)$.
Proof. This follows immediately from

$$
\begin{equation*}
\left|f_{M}(p)-f_{X}(\psi(p))\right|<c_{7} \epsilon . \tag{4.2}
\end{equation*}
$$

By Lemmas 3.8 and 4.1, the map $f=f_{X}^{-1} \circ \pi \circ f_{M}: M \rightarrow X$ is well defined.

Lemma 4.3. $d(f(p), \psi(p))<c_{8} \epsilon$.
Proof. It follows from (4.2) that $\left|f_{X}(f(p))-f_{X}(\psi(p))\right|<3 c_{7} \epsilon$. Since we may assume that $|f(p) \psi(p)|<\sigma$, we have $|f(p) \psi(p)|<3 c_{7} \epsilon / c_{5}$ by Lemma 2.7.

It follows from Lemmas 3.10 and 4.3 that $f$ is a Lipschitz map.
Similarly to (2.5), $d f_{M}(\xi) \in L^{2}(X), \xi \in \Sigma_{p}$, is given by

$$
\begin{equation*}
d f_{M}(\xi)(x)=-h^{\prime}(|p \varphi(x)|) \cos \left|\xi \varphi(x)^{\prime}\right| \tag{4.4}
\end{equation*}
$$

Lemma 4.5. For every $p, q \in M$ take $\xi$ in $q^{\prime} \subset \Sigma_{p}$. Then

$$
\left|\frac{f_{M}(q)-f_{M}(p)}{|q p|}-d f_{M}(\xi)\right|<\tau(\delta, \sigma, \epsilon / \sigma,|p q| / \sigma)
$$

Proof. For every $x$ with $\sigma / 10 \leq|p x| \leq \sigma$, take $y \in X$ such that $\tilde{\angle} \psi(x) \psi(p) y>\pi-\tau(\delta, \sigma)$. Since $\tilde{\angle} x p \varphi(y)>\pi-\tau(\delta, \sigma)-\tau(\epsilon / \sigma)$, it follows from an argument similar to Lemma 3.2 that $||q x|-|p x|+|q p| \cos | \xi x^{\prime} \|<|q p| \tau(\delta, \sigma, \epsilon / \sigma,|p q| / \sigma)$, which implies the required inequality.

We now fix $p \in M$, and put $\bar{p}=f(p)$ and

$$
H_{p}=\left\{\xi\left|\xi \in x^{\prime} \subset \Sigma_{p},|p x| \geq \sigma / 10\right\}\right.
$$

which can be regarded as the set of "horizontal directions" at $p$.
Lemma 4.6. For every $\bar{\xi} \in \Sigma_{\bar{p}}^{\prime}$, there exists $q \in M$ with $|p q| \geq \sigma$ such that

$$
|f(\exp t \xi), \exp t \bar{\xi}|<t \tau\left(\delta, \sigma, \sigma_{1} / \sigma, \epsilon / \sigma_{1}\right)
$$

for every $\xi$ in $q^{\prime} \subset \Sigma_{p}$ and sufficiently small $t>0$.
Conversely for every $\xi \in H_{p}$ there exists $\bar{\xi} \in \Sigma_{\bar{p}}^{\prime}$ satisfying the above inequality.
In other words, the curve $f(\exp t \xi)$ is almost tangent to $\exp t \bar{\xi}$.
For the proof of Lemma 4.6, we need
Comparison Lemma 4.7. Let $x, y, z$ be points in $M$, and $\bar{x}, \bar{y}, \bar{z}$ points in $X$ such that $\sigma / 10 \leq|x y|,|y z| \leq \sigma$. Suppose that $|\psi(x) \bar{x}|<\tau(\epsilon),|\psi(y) \bar{y}|<\tau(\epsilon)$ and $|\psi(z) \bar{z}|<\tau(\epsilon)$. Then for every minimal geodesics $x y, y z$, and $\bar{x} \bar{y}, \bar{y} \bar{z}$, we have

$$
|\angle x y z-\angle \bar{x} \bar{z} \bar{z}|<\tau(\delta, \sigma, \epsilon / \sigma)
$$

Proof. By (2.2.2), we take a point $\bar{w} \in X$ such that

$$
\begin{equation*}
\tilde{L} \bar{z} \bar{y} \bar{w}>\pi-\tau(\delta, \sigma) \tag{4.8}
\end{equation*}
$$

and $|\bar{y} \bar{w}| \geq \sigma$. Put $w=\varphi(\bar{w})$. Then Theorem 1.1 and (2.2.3) imply that

$$
\begin{align*}
& \angle x y z>\angle \bar{x} \bar{y} \bar{z}-\tau(\delta, \sigma)-\tau(\epsilon / \sigma)  \tag{4.9.1}\\
& \angle x y w>\angle \bar{x} \bar{y} \bar{w}-\tau(\delta, \sigma)-\tau(\epsilon / \sigma) \tag{4.9.2}
\end{align*}
$$

Since (4.8) implies

$$
|\angle z y w-\pi|<\tau(\delta, \sigma)+\tau(\epsilon / \sigma),
$$

(4.9.1) and (4.9.2) yield the required inequality.

Proof of Lemma 4.6. Take $\bar{q} \in X$ such that $|\bar{p} \bar{q}| \geq \sigma$ and $\left|\bar{\xi} \bar{q}^{\prime}\right|<\tau(\delta, \sigma)$. Put $q=\varphi(\bar{q})$. For any $\xi$ in $q^{\prime} \subset \Sigma_{p}$ let $c(t)=\exp t \xi, \bar{c}(t)=\exp t \bar{\xi}$. By using (2.3),(2.5),(4.4) and Lemma 4.7 we get $\left|d f_{M}(\xi)-d f_{X}(\bar{\xi})\right|<\tau(\delta, \sigma, \epsilon / \sigma)$. Lemmas 3.2 and 4.5 then imply

$$
\left|\frac{f_{M}(c(t))-f_{M}(p)}{t}-\frac{f_{X}(\bar{c}(t))-f_{X}(q)}{t}\right|<\tau(\delta, \sigma, \epsilon / \sigma)
$$

for sufficiently small $t>0$. In particular $f_{M}(c(t))-f_{M}(p)$ is almost perpendicular to $N_{\pi\left(f_{M}(p)\right)}$. It follows from (3.10.2) that

$$
\left|\frac{f_{M}(c(t))-f_{M}(p)}{t}-\frac{\pi \circ f_{M}(c(t))-\pi \circ f_{M}(p)}{t}\right|<\tau\left(\delta, \sigma, \sigma_{1} / \sigma, \epsilon / \sigma_{1}\right)
$$

and hence $\mid \pi \circ f_{M}(c(t))-f_{X}(\bar{c}(t))<t \tau\left(\delta, \sigma, \sigma_{1} / \sigma, \epsilon / \sigma_{1}\right)$. Lemma 2.7 then implies the required inequality.

Similarly we have the second half of the lemma.
From now on we use the simpler notation $\tau_{\epsilon}$ to denote a positive function of type $\tau\left(\delta, \sigma, \sigma_{1} / \sigma, \epsilon / \sigma_{1}\right)$.

The following fact follows from Lemma 4.6.

$$
\begin{equation*}
\left|\frac{|f(\exp t \xi), \bar{p}|}{t}-1\right|<\tau_{\epsilon}, \tag{4.10}
\end{equation*}
$$

for all $\xi \in H_{p}$ and small $t>0$.
Lemma 4.11. For every $p, q \in M$, we have

$$
\left|\frac{|f(p) f(q)|}{|p q|}-\cos \theta\right|<\tau_{\epsilon},
$$

where $\theta=\left|\xi H_{p}\right|, \xi=q^{\prime} \in \Sigma_{p}$.
For the proof of Lemma 4.11 we need two sublemmas.

Sublemma 4.12. $d_{H}\left(H_{p}, S^{n-1}\right)<\tau_{\epsilon}$.
Proof. For each $\xi \in H_{p}$ let $\bar{\xi}$ be an element of $\Sigma_{\bar{p}}$ as in the second half of Lemma 4.6, and let $\chi: H_{p} \rightarrow \Sigma_{\bar{\beta}}$ be the map defined by $\chi(\xi)=\bar{\xi}$. By Lemma 4.7, $\left\|\chi\left(\xi_{1}\right) \chi\left(\xi_{2}\right)|-| \xi_{1} \xi_{2}\right\|<\tau_{\epsilon}$, and Lemma 4.6 shows that $\chi\left(H_{p}\right)$ is $\tau_{\epsilon}$-dense in $\Sigma_{q}$. Thus $\chi$ is a $\tau_{\epsilon}$-Hausdorff approximation as required.

Sublemma 4.13. For $\xi \in \Sigma_{p}^{\prime}$, let $\theta=\left|\xi H_{p}\right|$ and $\xi_{1} \in H_{p}$ be such that $\left|\theta-\left|\xi \xi_{1}\right|\right|<\tau_{\epsilon}$. Then

$$
\left|f(\exp t \xi), f\left(\exp t \cos \theta \xi_{1}\right)\right|<t \tau_{\epsilon}
$$

for every sufficiently small $t>0$.
Proof. Since $\Sigma_{p}$ has curvature $\geq 1$, we have an expanding map $\rho: \Sigma_{p} \rightarrow S^{m-1},(m=$ $\operatorname{dim} M)$. First we show that $\left\|\rho\left(v_{1}\right) \rho\left(v_{2}\right)|-| v_{1} v_{2}\right\|<\tau_{\epsilon}$ for every $v_{1}, v_{2} \in H_{p}$. Let $v_{1}^{*} \in H_{p}$ be such that $\left|v_{1} v_{1}^{*}\right|>\pi-\tau_{\epsilon}$. Since $\rho$ is expanding, we obtain that

$$
\begin{equation*}
\left\|v_{1} v_{2}\left|-\left|\rho\left(v_{1}\right) \rho\left(v_{2}\right)\right|\right|<\tau_{\epsilon}, \quad\right\| v_{1}^{*} v_{2}|-| \rho\left(v_{1}^{*}\right) \rho\left(v_{2}\right) \|<\tau_{\epsilon} . \tag{4.14}
\end{equation*}
$$

This argument also implies that $\rho\left(H_{p}\right)$ is Hausdorff $\tau_{\epsilon}$-close to a totally geodesic ( $n-1$ )sphere $S^{n-1}$ in $S^{m-1}$. Let $\zeta: H_{p} \rightarrow S^{n-1} \subset S^{m-1}$ be a $\tau_{\epsilon}$-Hausdorff approximation such that $d(\zeta(v), \rho(v))<\tau_{\epsilon}$ for all $v \in H_{p}$. For a given $\xi \in \Sigma_{p}$, an argument similar to (4.13) implies that $||\xi v|-| \rho(\xi) \zeta(v) \|<\tau$ for all $v \in H_{p}$. Remark that for any $y$ with $\sigma / 10 \leq|p y| \leq \sigma$, an elementary geometry yields

$$
\cos \left|\rho(\xi) \zeta\left(y^{\prime}\right)\right|=\cos |\rho(\xi) \eta| \cos \left|\eta \zeta\left(y^{\prime}\right)\right|
$$

where $\eta$ is an element of $S^{n \sim 1}$ such that $|\rho(\xi) \eta|=\left|\rho(\xi) S^{n-1}\right|$. It follows that for sufficiently small $t>0$

$$
\begin{aligned}
& \left|f_{M}(\exp t \xi)-f_{M}\left(\exp t \cos \xi_{1}\right)\right|^{2} / t^{2} \\
& \quad=\frac{\sigma^{2}}{b(\sigma)} \int_{X}\left(\frac{h(|\exp t \xi, \varphi(x)|)-h(|p \varphi(x)|)}{t}\right. \\
& \left.\quad-\frac{h\left(\exp t \cos \theta \xi_{1}, \varphi(x) \mid\right)-h(|p \varphi(x)|)}{t}\right)^{2} d \mu(x) \\
& \quad \leq \frac{\sigma^{2}}{b(\sigma)} \int_{X}\left(h^{\prime}(|p \varphi(x)|)\right)^{2}\left(\cos \left|\xi \varphi(x)^{\prime}\right|-\cos \theta \cos \left|\xi_{1} \varphi(x)^{\prime}\right|\right)^{2} d \mu(x)+\tau_{\epsilon} \\
& \quad \leq \frac{\sigma^{2}}{b(\sigma)} \int_{X}\left(h^{\prime}\right)^{2}\left(\cos \left|\xi \varphi(x)^{\prime}\right|-\cos \left|\rho(\xi) \zeta\left(\varphi(x)^{\prime}\right)\right|\right. \\
& \left.\quad \leq \tau_{\epsilon} . \quad+\cos |\rho(\xi) \eta| \cos \left|\eta \zeta\left(\varphi(x)^{\prime}\right)\right|-\cos \left|\xi \xi_{1}\right| \cos \left|\xi_{1} \varphi(x)^{\prime}\right|\right)^{2} d \mu(x)+\tau_{\epsilon}
\end{aligned}
$$

Therefore by Lemmas 3.10 and 2.7 we conclude the proof of the sublemma.

Proof of Lemma 4.11. Since $f$ is a $\tau(\epsilon)$-Hausdorff approximation (Lemma 4.3), we may assume that $|p q|<\sigma^{2} \ll \sigma$. Let $c:[0, \ell] \rightarrow M$ be a minimal geodesic joining $p$ to $q$ where $\ell=|p q|$. By using (2.2.2), one can show that

$$
\begin{equation*}
|\angle q c(t) x-\angle q p x|<\tau_{\epsilon}, \tag{4.15}
\end{equation*}
$$

for every $t<\ell$ and for every $x \in M$ with $\sigma / 10 \leq|p x| \leq \sigma$, Let $\xi$ be any element in $q^{\prime} \subset$ $\Sigma_{c(t)}$, and $\eta_{0} \in H_{p}$ such that $\left|\xi_{0} H_{p}\right|=\left|\xi_{0} \eta_{0}\right|$. Take $y$ such that $\eta_{0}=y^{\prime}, \sigma / 10 \leq|p y| \leq \sigma$ and $\eta_{t}$ in $y^{\prime} \subset \Sigma_{c(t)}$. Put $\theta_{t}=\angle q c(t) y$. It follows from Subemma 4.13 and (4.15) that

$$
\begin{equation*}
\left|f \circ c(t+s), f\left(\exp s \cos \theta_{0} \eta_{t}\right)\right|<\tau_{\epsilon} s \tag{4.16}
\end{equation*}
$$

Put $\bar{c}(t)=f \circ c(t)$, and take any $\bar{\eta}_{t}$ in $=\left[\psi(y)^{\prime} \subset \Sigma_{\varepsilon(t)}\right.$. Then by Lemma 4.6

$$
\begin{equation*}
\left|f\left(\exp s \cos \theta_{0} \eta_{t}\right), \exp s \cos \theta_{0} \bar{\eta}_{t}\right|<\tau s \tag{4.17}
\end{equation*}
$$

By (2.2.3), we see that for every $z \in X$ with $\sigma / 10 \leq|\bar{p} z| \leq \sigma$,

$$
\begin{equation*}
|\angle \psi(y) \bar{c}(t) z-\angle \psi(y) \bar{p} z|<\tau_{\epsilon} . \tag{4.18}
\end{equation*}
$$

Now let $\left(a_{i}, b_{i}\right)$ be an $(n, \delta)$-strainer at $\bar{p}$ such that $\left|\bar{p} a_{i}\right|=\sigma$ and $\lambda: B_{\bar{p}}\left(\sigma^{2}\right) \rightarrow \mathbf{R}^{n}$ be the bi-Lipschitz map, $\lambda(x)=\left(\left|a_{1} x\right|, \ldots,\left|a_{n} x\right|\right)$. Put $u(t)=\lambda \circ \bar{c}(t)$. Combining (4.16),(4.17) and (4.18), we get

$$
|\dot{u}(s)-\dot{u}(t)|<\tau, \quad| | \dot{u}(s)\left|-\cos \theta_{0}\right|<\tau .
$$

for almost all $s, t \in[0, \ell]$. Thus we arrive at

$$
\begin{aligned}
& |\ell \dot{u}(s)-(\lambda(f(y))-\lambda(f(x)))| \\
& \quad \leq \int_{0}^{\ell}|\dot{u}(s)-\dot{u}(t)| d t \leq \tau_{\epsilon} \ell .
\end{aligned}
$$

This completes the proof.
We conclude the proof of Theorem 0.2 by showing
Lemma 4.19. $f$ is surjective.
Proof. Since $f$ is proper, $f(M)$ is closed in $X$. Suppose that there exists a point $x \in$ $X-f(M)$, and take $\bar{p} \in f(M)$ such that $|x \bar{p}|=|x f(M)|$ and put $\bar{p}=f(p)$. By Lemma 4.6, for any $\bar{\xi}$ in $x^{\prime} \subset \Sigma_{\bar{p}}$ we would find $\xi \in H_{p}$ satisfying $|f(\exp t \xi), \exp t \bar{\xi}|<\tau_{\epsilon} t$ for sufficiently small $t>0$. Thus it turns out that $|f(\exp t \xi), x|<|\bar{p} x|$, a contradiction.

Proof of Corollary 0.4. If $\operatorname{dim} M=n$, then $2 \delta$-strain radius of $M$ is greater than $\mu_{0} / 2$ for sufficiently small $\epsilon>0$. Lemma 1.8 then implies that $H_{p}$ is $\tau(\delta, \sigma)$-dense in $\Sigma_{p}$ for any $p \in M$. It follows from Lemma 4.11 that $|f(x) f(y)| /|x y|-\cos \tau(\delta, \sigma) \mid<\tau_{\epsilon}$. Thus $f$ is a $\tau_{\epsilon}$-almost isometry as required.

Remark 4.20. Suppose that both $M$ and $X$ have natural differentiable structures of class $C^{1}$ such that the distance functions are $C^{1}$-class. In this case, we can take a locally trivial fibre bundle of class $C^{\mathbf{1}}$ in addition as the map $f$. It suffices only to replace the maps $f_{X}$ and $f_{M}$ by $C^{1}$-maps defined by

$$
\begin{aligned}
& f_{X}(p)(x)=h\left(\frac{1}{V_{n}\left(B_{x}(\epsilon)\right)} \int_{B_{z}(\epsilon)}|p y| d \mu(y)\right), \\
& f_{M}(p)(x)=h\left(\frac{1}{V_{m}\left(B_{\varphi(x)}(\epsilon)\right)} \int_{B_{\varphi(x)}(\epsilon)}|p y| d \mu(y)\right) .
\end{aligned}
$$

For instance, if every point in $X$ is an ( $n, 0$ )-strained point, then $X$ has a natural $C^{1}$ structure ( $\{\mathrm{OS}]$ ). Remark that the fibre of $f$ is an "almost nonnegatively curved manifold" in the sense of [Y].

By the previous remark, one can modify the main result in [ O ] as follows. We denote by $e^{d}(M)$ the excess defined there.

Corollary 4.21. For given $m$ and $D, d>0,(D \geq d)$ there exists a positive number $\epsilon=\epsilon_{\boldsymbol{m}}(D, d)$ such that if a compact Riemannian m-manifold $M$ with sectional curvature $\geq-1$ satisfies

$$
\operatorname{diameter}(M) \leq D, \quad \operatorname{radius}(M) \geq d, \quad e^{d}(M)<\epsilon
$$

then there exists an Alexandrov space $X$ with curvature $\geq-1$ having $C^{1}$-differentiable structure and a fibration $f: M \rightarrow X$ whose fiber is an "almost nonnegatively curved manifold".

In [O], Otsu constructed a smooth Riemannian manifold $X^{\prime}$ with a similar property as in Corollary 4.21. Unfortunately, the lower sectional curvature bound of $X^{\prime}$ goes to $-\infty$ when $M$ changes such as $e^{d}(M) \rightarrow 0$.

Proof of Corollary 4.21. Suppose the corollary does not hold. Then we would have a sequence of compact $m$-dimensional Riemannian manifolds $M_{i}$ with sectional curvature $\geq-1$ such that $\operatorname{diam}\left(M_{i}\right) \leq D, \operatorname{rad}\left(M_{i}\right) \geq d, e^{d}\left(M_{i}\right) \rightarrow 0$ and that each $M_{i}$ does not satisfies the conclusion. Passing to a subsequence, we may assume that $M_{i}$ converges to an Alexandrov space $X$. Since $e^{d}(X)=0$, we see that the injectivity radius of $X$ is not less than $d$. Hence by [ Pl ], $X$ admits a natural $C^{1}$-differentiable structure. Thus by Remark 4.20 we have a $C^{1}$-fibration of $M_{i}$ over $X$ for large $i$, a contradiction.

Remark 4.22. In the construction of the map $f$, we used the embedding of $X$ into $L^{2}(X)$. One can also employ an embedding of $X$ into a Euclidean space by using the distance function from each point of a net in $X$. However if one tries to extend our argument to a more general Alexandrov space $Y$, which may contain more serious sigular points, $L^{2}(Y)$ is large enough to embed $Y$. This is the main reason why we employ $L^{2}(X)$ to embed $X$.

The remark above leads us to the following

Problem 4.23. Find geometric conditions on an Alexandrov space $X$ (other than small size of singularities) that ensures the existence of a tubular neighborhood, in the generalized sense, of the embedding $f_{X}: X \rightarrow L^{2}(X)$.

An answer to the problem would provide, for instance, a geometric proof of Grove, Petersen and Wu's finiteness theorem [GPW]

## §5 Proof of Theorem 0.5

The proof of Theorem 0.5 is based on the following
Theorem 5.1. For given positive integers $m, n(m \geq n)$ and $\mu_{0}>0$, there exist positive numbers $\delta, \epsilon, \sigma$ and $w$ depending only on apriori constants and satisfying the following: Let $M$ and $X$ be Alexandrov spaces with curvature $\geq-1$ and with dimension $m$ and $n$ respectively. Suppose that $M$ is locally simply connected and that $\delta$-str. $\operatorname{rad}(X)>\mu_{0}$. Then if the Hausdorff distance between $M$ and $X$ is less than $\epsilon$, then for any $p \in M$ the image $\Gamma$ of the inclusion homomorphism $\pi_{1}\left(B_{p}(\sigma, M)\right) \rightarrow \pi_{1}\left(B_{p}(1, M)\right)$ contains a solvable subgroup $H$ satisfying
(5.1.1) $[\Gamma: H]<w$,
(5.1.2) The length of polyciclicity of $H$ is not greater than $m-n$.

For the defininition of the length of polycyclicity of a solvable group, see [FY1].
The essential idea of the proof of Theorem 5.1 is the same as that in [FY1,7.1]. However in our case we do not know yet if the map in Theorem 0.2 is a fibre bundle. This is the point for which we should be careful.
Proof. The proof is done by the downward induction on $n$ and by contradiction. By Corollary 0.4 , the theorem holds for $n=m$. Suppose that it holds for $\operatorname{dim} X \geq n+1$, but not for $n$. Then we would have sequences $M_{i}, X_{i}$ of Alexandrov spaces satisfying :

$$
\begin{equation*}
\operatorname{dim} M_{i}=m, \quad \operatorname{dim} X_{i}=n \tag{5.2.1}
\end{equation*}
$$

(5.2.2) $\quad \delta_{i}$-str. $\operatorname{rad}\left(X_{i}\right)>\mu_{0}$, where $\lim _{i \rightarrow \infty} \delta_{i}=0$.
(5.2.3) $\quad d_{H}\left(M_{i}, X_{i}\right)<\epsilon_{i}$, where $\lim _{i \rightarrow \infty} \epsilon_{i}=0$.
(5.3) For some $p_{i} \in M_{i}$ and for sequences $\sigma_{i} \rightarrow 0, w_{i} \rightarrow \infty$, the image of the inclusion homomorphism $\pi_{1}\left(B_{p_{i}}\left(\sigma_{i}, M_{i}\right)\right) \rightarrow \pi_{1}\left(B_{p_{i}}\left(1, M_{i}\right)\right)$ does not contain a solvable subgroup satisfying (5.1) for $w=w_{i}$.

Let $f_{i}: M_{i} \rightarrow X_{i}$ be the $\tau\left(\delta_{i}, \epsilon_{i}\right)$-almost Lipschitz submersion constructed in Theorem 0.2 , and $\Delta_{i}$ the diameter of $f_{i}^{-1}\left(x_{i}\right), x_{i}=f_{i}\left(p_{i}\right)$. For $\sigma_{0} \ll \mu_{0}$, we put $\bar{B}_{i}=B_{x_{i}}\left(\sigma_{0}, X\right)$, $B_{i}=f_{i}^{-1}\left(\bar{B}_{i}\right)$. Remark that $B_{p_{i}}\left(\sigma_{0} / 2, M_{i}\right) \subset B_{i} \subset B_{p_{i}}\left(2 \sigma_{0}, M_{i}\right)$. Let $\pi_{i}: \widetilde{B}_{i} \rightarrow B_{i}$ be the universal cover, and $\Gamma_{i}$ the deck transformation group. Let $d_{i}$ and $\bar{d}_{i}$ be the distances of $M_{i}$ and $X_{i}$ respectively. From now on we consider the scaled distances $d_{i} / \Delta_{i}$ and $\bar{d}_{i} / \Delta_{i}$ implicitly. Passing to a subsequence, we may assume that ( $B_{i}, p_{i}$ ) (resp. ( $\left.\bar{B}_{i}, x_{i}\right)$ ) converges to a pointed space $\left(Y, y_{0}\right)$ (resp. to $\left(\mathbf{R}^{n}, 0\right)$ ) with respect to the pointed Hausdorff distance. We may also assume that the Lipschitz map $f_{i}: B_{i} \rightarrow \tilde{B}_{i}$ converges to a Lipschitz map $f: Y \rightarrow \mathbf{R}^{n}$ with Lipschitz constant 1. Since one can lift $n$-independent lines in $\mathbf{R}^{n}$ to those in $Y$, the splitting theorem ([GP],[Y]) implies that $Y$ is isometric to a product
$\mathbf{R}^{\boldsymbol{n}} \times N$, where $N$ is compact with diameter 1 . Furtheremore since the property of $f_{i}$ in Lemma 4.11 is invariant under scaling of metrics, one can check that $f: \mathbf{R}^{n} \times N \rightarrow \mathbf{R}^{n}$ is actually the projection.

In particular, it turns out that the fiber $f_{i}^{-1}\left(x_{i}\right)$ with the distance $d_{i} / \Delta_{i}$ converges to the nonnegatively curved Alexandrov space $N$. This implies the properties of fiber stated in Remark 0.3.

For $\tilde{p}_{i} \in \pi_{i}^{-1}\left(p_{i}\right)$, by using [FY1,3.6] we may assume that ( $\left.\widetilde{B}_{i}, \Gamma_{i}, \tilde{p}_{i}\right)$ converges to ( $Z, G, \tilde{p}_{\infty}$ ) with respect to the pointed equivariant Hausdorff distanse, where $G$ is a closed sugbroup of the group of isometries of $Z$. As before one can prove that $Z$ is isometric to $\mathbf{R}^{n+\ell} \times Z^{\prime}$, where $Z^{\prime}$ is compact, and that $\pi_{i}$ converges to the projection $\pi_{\infty}: \mathbf{R}^{n+\ell} \times Z^{\prime} \rightarrow$ $\mathbf{R}^{n} \times N$ by the action of $G$. Remark that $G$ acts on $\mathbf{R}^{\ell} \times Z^{\prime}$. Let $C$ be the diameter of $N=\left(\mathbf{R}^{\ell} \times Z^{\prime}\right) / G$.

For a triple ( $X, \Gamma, x_{0}$ ), we use the notation in [FY1, $\left.\S 3\right]$ such as

$$
\Gamma(R)=\left\{\gamma \in \Gamma| | \gamma x_{0} x_{0} \mid<R\right\} .
$$

Then we have easily.
Lemma 5.4. $G$ is generated by $G(2 C)$.
To apply [FY, 3.10], we need to ristrict ourselves to a compact set of $\mathbf{R}^{\boldsymbol{n}}$. Let $\bar{U}_{i}=$ $B_{x_{i}}\left(10 C+1, \bar{d}_{i} / \Delta_{i}\right), U_{i}=f^{-1}\left(\bar{U}_{i}\right)$. Remark that $U_{i}$ has a uniform bound $D$ on its diameter.

Since $f_{i}$ is not known to be a fibre bundle, we need the following lemma.
Lemma 5.5. There exists a positive integer $I$ such that $\Gamma_{i}$ is generated by $\Gamma_{i}(8 C+1)$ for each $i>I$. In particular, the inclusion homomorphism $\pi_{1}\left(U_{i}\right) \rightarrow \Gamma_{i}$ is surjective.

Proof. First we prove that $\pi_{i}^{-1}\left(U_{i}\right)$ is connected. Suppose that it has two connected components $V_{i}$ and $W_{i}$. Since the diameter of $U_{i}$ is uniformely bounded, we can take $y_{i} \in V_{i}$ and $z_{i} \in W_{i}$ such that $\left|y_{i} z_{i}\right|=\left|V_{i} W_{i}\right|$ and that $\left|\tilde{p}_{i} y_{i}\right|$ is uniformly bounded. Let $\tilde{c}_{i}=\exp t \tilde{\xi}_{i}$ be a minimal geodesic joining $y_{i}$ to $z_{i}$, and $\ell_{i}$ the length of $\tilde{c}_{i}$. Since the action of $G$ on $\mathbf{R}^{n}$-factor is trivial, $\ell_{i}$ must go to infinity as $i \rightarrow \infty$. For $x \in \widetilde{B}_{i}$ let $\widetilde{H}_{x} \subset \Sigma_{x}$ be the set that project down to $H_{\pi_{i}(x)}$. (See §4). From the convergence $\left(\widetilde{B}_{i}, \tilde{p}_{i}\right) \rightarrow\left(\mathbf{R}^{n+\ell} \times Z^{\prime}\right)$ and from the choice of $y_{i}$ and $z_{i}$, it follows that $\left|\tilde{\xi}_{i} \widetilde{H}_{y_{i}}\right| \rightarrow 0$ as $i \rightarrow \infty$. Now let $c_{i}=\pi_{i} \circ \tilde{c}_{i}=\exp t \xi_{i}$. Take $w_{i}$ such that $\left|\pi_{i}\left(y_{i}\right) w_{i}\right| \geq \sigma_{0} / \Delta_{i}$ and $\left|\xi_{i} w_{i}^{\prime}\right|<\tau\left(\delta_{i}, \epsilon_{i}\right)$, and put $\eta_{i}(t)=\exp t w_{i}^{\prime}$. A generalized version of Theorem 1.1 (see [CE]) implies that $\left|\pi_{i}\left(z_{i}\right) \eta_{i}\left(\ell_{i}\right)\right|<\ell_{i} \tau\left(\delta_{i}, \epsilon_{i}\right)$. Take $\gamma_{1}, \gamma_{2} \in \Gamma_{i}$ such that $\left|\gamma_{1} \tilde{p}_{i}, y_{i}\right|<2 D,\left|\gamma_{2} \tilde{p}_{i}, z_{i}\right|<2 D$. It turns out

$$
\begin{aligned}
0 & =\left|\pi_{i}\left(\gamma_{1} \tilde{p}_{i}\right), \pi_{i}\left(\gamma_{2} \tilde{p}_{i}\right)\right| \\
& \geq\left|\pi_{i}\left(y_{i}\right) \pi_{i}\left(z_{i}\right)\right|-\left|\pi\left(\gamma_{1} \tilde{p}_{i}\right) \pi_{i}\left(y_{i}\right)\right|-\left|\pi_{i}\left(\gamma_{2} \tilde{p}_{i}\right) \pi_{i}\left(z_{i}\right)\right| \\
& \geq \ell_{i}-\ell_{i} \tau\left(\delta_{i}, \epsilon_{i}\right)-4 D>0,
\end{aligned}
$$

for each sufficiently large $i$, a contradiction.

Now for any $\gamma \in \Gamma_{i}$, let $c_{1}(t)$ be a curve in $\pi_{i}^{-1}\left(U_{i}\right)$ joining $\tilde{p}_{i}$ to $\gamma \tilde{p}_{i}$ with length say, $R$. For each $j, 1 \leq j \leq R$ and for sufficiently large $i$, one can take $\gamma_{j} \in \Gamma_{i}$ such that $\left|c_{1}(j) \gamma_{j} \tilde{p}_{i}\right|<4 C$. Thus $\gamma$ is written as the product:

$$
\gamma=\left(\gamma \gamma_{[L]}^{-1}\right)\left(\gamma_{[L]} \gamma_{[L]-1}^{-1}\right) \cdots\left(\gamma_{2} \gamma_{1}^{-1}\right) \gamma_{1}
$$

each of whose factor has length less than $8 C+1$. This completes the proof of the lemma.
Let $\tilde{U}_{i}$ be the universal cover of $U_{i}$, and $\Lambda_{i}$ the deck transformation group. As before we may assume that ( $\widetilde{U}_{i}, \Lambda_{i}, \tilde{p}_{i}$ ) converges to a triple ( $\mathbf{R}^{k} \times W, H, 0$ ), where both $W$ and $\left(\mathbf{R}^{k} \times W\right) / H$ are compact. The main theorem in [FY2] implies that $H / H_{0}$ is discrete, where $H_{0}$ is the identity component of $H$.

We next show that $H / H_{0}$ is almost abelian. Since $H$ preserves the splitting $\mathbf{R}^{k} \times W$, we have a homomorphism $p: H \rightarrow \operatorname{Isom}\left(\mathbf{R}^{k}\right)$. Let $K$ and $L$ denote the kernel and the image of $p$ respectively. The compactness of $K$ implies the closedness of $L$. It follows from [FY, 4.1] that $L / L_{0}$ is almost abelian. Since $K H_{0} / H_{0}$ is finite, the exact sequence

$$
1 \longrightarrow \frac{K H_{0}}{H_{0}} \longrightarrow \frac{H}{H_{0}} \longrightarrow \frac{L}{L_{0}} \longrightarrow 1
$$

implies that $H / H_{0}$ is almost abelian as required. (See [FY1, 4.4]).
Now by [FY1, 3.10], we can take the "collapsing part" $\Lambda_{i}^{\prime}$ of $\Lambda_{i}$ in the following sense:
(5.6.1) $\left(\widetilde{U}_{i}, \Lambda_{i}^{\prime}, \tilde{p}_{i}\right)$ converges to $\left(\mathbf{R}^{k} \times W, H_{0}, 0\right)$ with respect to the pointed equivariant Hausdorff distance.
(5.6.2) $\Lambda_{i} / \Lambda_{i}^{\prime}$ is isomorphic to $H / H_{0}$ for large $i$.
(5.6.3) For any $\epsilon>0$ there exists $I_{\epsilon}$ such that $\Lambda_{i}^{\prime}$ is generated by $\Lambda_{i}^{\prime}(\epsilon)$ for every $i>I_{\epsilon}$.

The final step is to show that $\Lambda_{i}^{\prime}$ is almost solvable. We go back to the Hausdorff convergence of $U_{i}$ to $B^{n}\left(C^{\prime}\right) \times N$, where $C^{\prime}=10 C+1$ and $B^{n}\left(C^{\prime}\right)=B_{0}\left(C^{\prime}, \mathbf{R}^{n}\right)$. By [BGP], we can take a good point $x_{0}$ in $B^{n}\left(C^{\prime}\right) \times N$. This means that $\left(\left(B^{n}\left(C^{\prime}\right) \times N, d / \epsilon\right), x_{0}\right)$ converges to $\left(\mathbf{R}^{n+s}, 0\right)$ as $\epsilon \rightarrow 0$, where $d$ is the original distance of $B^{n}\left(C^{\prime}\right) \times N$ and $s$ is the Hausdorff dimension of $N(s \geq 1)$. Let $\epsilon_{m, n+s}(1)$ and $\sigma_{m, n+s}(1)$ be the constants $\epsilon, \sigma$ given by the inductive assumption for $m, n+s$ and $\mu_{0}=1$. Now fix a small $\epsilon$ and take a large $i$ so that the pointed Hausdorff distance between $\left(\left(U_{i}, d_{i} / \Delta_{i} \epsilon\right), q_{i}\right)$ and $\left(\mathbf{R}^{n+s}, 0\right)$ is less than $\epsilon_{m, n+s}(1)$, where $q_{i}$ is a point in $U_{i}$ Hausdorff close to $x_{0}$. Now by induction we can conclude that the image $\tilde{\Gamma}_{i}$ under the inclusion homomorphism of $\pi_{1}\left(B_{q_{i}}\left(\sigma_{m, n+s}(1), d_{i} / \Delta_{i} \epsilon\right)\right)$ to $\pi_{1}\left(B_{q_{i}}\left(1, d_{i} / \Delta_{i} \epsilon\right)\right)$ contains a solvable subgroup $H_{i}$ such that
(5.7.1) $\quad\left[\widetilde{\Gamma}_{i}: H_{i}\right]$ has a uniform bound independent of $i$.
(5.7.2) The length of polyciclicity of $H_{i}$ is not greater than $m-n-s$.

By [FY1,7.11], (5.6.3) can be strengthend as :
(5.6.3) For any $\epsilon>0$, there exists a positive integer $I_{\epsilon}$ such that $\Lambda_{i}^{\prime}$ is generated by the set $\left\{\gamma \in \Lambda_{i}^{\prime}| | \gamma x x \mid<\epsilon\right\}$ for every $x \in \widetilde{U}_{i}$.

It follows that $\Lambda_{i}^{\prime}$ is included in the image of $\pi_{1}\left(B_{q_{i}}\left(\sigma_{m, n+s}, d_{i} / \Delta_{i} \epsilon\right)\right) \rightarrow \Lambda_{i}$. Therefore also $\Lambda_{i}^{\prime}$ contains a solvable subgroup satisfying (5.7). Thus it folows from (5.6.2) that $\Lambda_{i}$ is almost solvable. Therefore Lemma 5.4 yields the almost solvability of $\Gamma_{i}$. This is a contradiction to (5.3). The proof of Theorem 5.1 is now complete.

By using Theorem 5.1, we can prove the following theorem, a generqlized Maruglis' lemma along the same line with [FY1, 10.1, A2]. The details are omitted.

Theorem 5.8. For given $m$, there exists a positive number $\sigma_{m}$ satisfying the following: Let $M$ be a locally simply connected, m-dimensional Alexandrov space with curvature $\geq-1$. Then for any $p \in M$ the image of the inclusion homomorphism $\pi_{1}\left(B_{p}\left(\sigma_{m}, M\right)\right) \rightarrow$ $\pi_{1}\left(B_{p}(1, M)\right)$ contains a nilipotent subgroup of finite index.

Our Theorem 0.5 is a special case of Theorem 5.8.

## Appendix Relative volume comparison

Let $X$ be an $n$-dimensional Alexandrov space with curvature $\geq k$. We fix $p \in M$ and $\bar{p} \in M^{n}(k)$, and put $D_{p}(r)=\{x \in X| | p x \mid \leq r\}$. First we study the equality case in (1.3).

Proposition A.1. Suppose $V_{n}\left(B_{p}(r)\right)=b_{k}^{n}(r)$. Then $B_{p}(r)$ with the length structure induced from the inclusion $B_{p}(r) \subset X$ is isometric to $B_{p}(r)$ with the induced length structure.

Furthermore one of the following occurs:
(A.2.1) $\quad D_{p}(r)$ with the induced length structure is isometric to $D_{\bar{p}}(r)$ with the induced lengh structure.
(A.2.2) $\quad X=D_{p}(r)$ and there exists an isometric $\mathbf{Z}_{2}$-action on the boundary of $D_{p}(r)$ such that $X$ is isometric to the quotient space $B_{\bar{p}}(r) \cup_{\mathbf{Z}_{2}} \partial D_{\bar{p}}(r)$.

In the case $k>0, \pi / 2 \sqrt{k}<r<\pi / \sqrt{k},(A .2 .2)$ does not occur.
Proof. By Lemma 1.2, the map $\rho: B_{p}(r) \rightarrow B_{p}(r)$ there does not decrease measure, and hence preserves measure in the equality case. To show that $B_{p}(r)$ is isometric to $B_{\bar{p}}(r)$, it suffices to show that $\rho$ is a local isometry. For any $x \in B_{p}(r)$ take an $\epsilon>0$ such that $B_{x}(\epsilon) \subset B_{p}(r)$, and suppose that $\left|\rho\left(y_{1}\right) \rho\left(y_{2}\right)\right|>\left|y_{1} y_{2}\right|$ for some $y_{1}, y_{2} \in B_{x}(\epsilon / 2)$. Put $2 s=\left|y_{1} y_{2}\right|, 2 t=\left|\rho\left(y_{1}\right) \rho\left(y_{2}\right)\right|, \widetilde{B}_{i}=B_{\rho\left(y_{i}\right)}(t)$ and $B_{i}=B_{y_{i}}(t)$. Let $z$ be the midpoint of a minimal geodesic $y_{1} y_{2}$, and $B=B_{z}(t-s)$. Then from $V_{n}\left(\left(B_{1} \cup B_{2}\right)^{c}\right) \leq V_{n}\left(\left(\widetilde{B}_{1} \cup \widetilde{B}_{2}\right)^{c}\right)$ and $V_{n}\left(B_{i}\right) \leq V_{n}\left(\widetilde{B}_{i}\right)$ we would have

$$
\begin{align*}
V_{n}\left(B_{p}(r)\right) & <V_{n}\left(B_{1}\right)+V_{n}\left(B_{2}\right)+V_{n}\left(\left(B_{1} \cup B_{2}\right)^{c}\right)-V_{n}(B) \\
& \leq V_{n}\left(\tilde{B}_{1}\right)+V_{n}\left(\widetilde{B}_{2}\right)+V_{n}\left(\left(\tilde{B}_{1} \cup \tilde{B}_{2}\right)^{c}\right)-V_{n}(B)  \tag{A.3}\\
& =b_{k}^{n}(r)-V_{n}(B),
\end{align*}
$$

which is a contradiction.

The proof of (A.2.2) is essentially due to [GP2]. Suppose that $\rho$ is not continuous on the boundary $\partial D_{\bar{p}}(r)$ : Let $\mu: D_{\bar{p}}(r) \rightarrow D_{p}(r)$ be the continuous map such that $\mu=\rho^{-1}$ on $B_{\bar{p}}(r)$. We show that $\sharp \mu^{-1}(x) \leq 2$ for all $x \in \partial D_{\bar{p}}(r)$. Suppose that there are three points $x_{1}, x_{2}, x_{3}$ in $\mu^{-1}(x)$. Now we have three minimal geodesics $\gamma_{i}:[0, \ell] \rightarrow X$ joining $p$ to $x$, where $\ell=|p x|$. For a sufficiently small $\epsilon>0$, put $y_{i}=\gamma_{i}(\ell-\epsilon)$. Then it follows from an argument similar to (A.3) measuring volume loss that for every $1 \leq i \neq j \leq 3$, the ball $B_{y_{i}}(\epsilon)$ does not intersects with $B_{y_{j}}(\epsilon)$. Thus it turns out that the segments $y_{i} x$ and $x y_{j}$ form a minimal geodesic. This contradicts the non-branching property of geodesic.

Now we have an involutive homeomorphism $\Phi$ on $\partial D_{\bar{p}}(r)$ such that $\mu(\Phi(x))=\mu(x)$. Since a curve in $\partial D_{\bar{p}}(r)$ can be approximated by curves in $B_{\bar{p}}(r)$, we can see that $\Phi$ preserves length of curve and hence is an isometry. Thus $D_{p}(r)$ is isometric to the quotient $B_{\bar{p}}(r) \cup_{\mathrm{Z}_{2}} \partial D_{\bar{p}}(r)$. If $\Phi$ is nontrivial, then agin the non-branching property of geodesic implies $X=D_{p}(r)$. However, in case of $k>0$ and $\pi / 2 \sqrt{k}<r<\pi / \sqrt{k}$, the nontrivial quatient $B_{\bar{p}}(r) \cup_{Z_{2}} \partial D_{\bar{p}}(r)$ does not have curvature $\geq k$. Hence $\rho$ must be continuous in this case. It follows that $\rho=\mu^{-1}$ is an isometry with respect to the induced lengh structure because it preserves length of curve.

Next we prove a relative version of (1.3), which corresponds to the Bishop and Gromov volume comparison theorem ([GLP]) in Riemannian geometry.
Proposition A.4. For $r<R$, we have

$$
\frac{V_{n}\left(B_{p}(R)\right)}{V_{n}\left(B_{p}(r)\right)} \leq \frac{b_{k}^{n}(R)}{b_{k}^{n}(r)}
$$

Proof. Put $S_{p}(t)=\{x \in X| | p x \mid=t\}$. By a recent result in [OS], the set of all $(n, \delta)$ strained points in $X$ has full measure for any $\delta>0$. Hence in view of Theorem 1.4, we can apply the coarea formula ( $[\mathrm{Fe}]$ ) to obtain

$$
\begin{equation*}
V_{n}\left(B_{p}(R)\right)=\int_{0}^{R} V_{n-1}\left(S_{p}(t)\right) d t \tag{A.5}
\end{equation*}
$$

Now we show that

$$
\begin{equation*}
\frac{V_{n-1}\left(S_{p}(R)\right)}{V_{n-1}\left(S_{p}(r)\right)} \leq \frac{V_{n-1}\left(S_{\bar{p}}(R)\right)}{V_{n-1}\left(S_{\bar{p}}(r)\right)} \tag{A.6}
\end{equation*}
$$

Let us suppose the case $k<0$. The other cases can be treated similary. For $x \in S_{p}(R)$ (resp. $\bar{x} \in S_{\bar{p}}(R)$ ), let $\rho(x)$ (resp. $\bar{\rho}(\bar{x})$ ) denote the intersection of a minimal geodesic $p x$ with $S_{p}(r)$ (resp. $\bar{p} \bar{x}$ with $S_{\bar{p}}(r)$ ). We know that for any $\epsilon>0$ there exists $\delta>0$ such that if $|\bar{x} \bar{y}|<\delta$, then

$$
\left|\frac{|\bar{\rho}(\bar{x}) \bar{\rho}(\bar{y})|}{|\bar{x} \bar{y}|}-\frac{\sinh \sqrt{-k} R}{\sinh \sqrt{-k} r}\right|<\epsilon,
$$

which implies

$$
\begin{equation*}
\frac{V_{n-1}\left(S_{\bar{p}}(R)\right)}{V_{n-1}\left(S_{\bar{p}}(r)\right)}=\left(\frac{\sinh \sqrt{-k} R}{\sinh \sqrt{-k} r}\right)^{n-1} \tag{A.7}
\end{equation*}
$$

Theorem 1.1 yields that $|\rho(x) \rho(y)| \geq|\bar{\rho}(\bar{x}) \bar{\rho}(\bar{y})|$ for every $x, y \in S_{p}(R)$ and $\bar{x}, \bar{y} \in S_{\bar{p}}(R)$ with $|x y|=|\bar{x} \bar{y}|$. Hence if $|x y|<\delta$, then

$$
\begin{equation*}
\frac{|\rho(x) \rho(y)|}{|x y|}>\frac{\sinh \sqrt{-k} R}{\sinh \sqrt{-k r}}-\epsilon . \tag{A.8}
\end{equation*}
$$

Now (A.6) immediately follows from (A.7) and (A.8).
We put $A(t)=V_{n-1}\left(S_{p}(t)\right), \bar{A}(t)=V_{n-1}\left(S_{\bar{p}}(t)\right)$ and

$$
f(t)=\frac{V_{n}\left(B_{\tilde{p}}(t)\right)}{V_{n}\left(B_{p}(t)\right)}=\frac{\int_{0}^{t} \bar{A}(t) d t}{\int_{0}^{t} A(t) d t}
$$

Since

$$
\begin{aligned}
f^{\prime}(t) & =\frac{\bar{A}(t) \int_{0}^{t} A(t)-A(t) \int_{0}^{t} \bar{A}(t)}{\left(\int_{0}^{t} A(t)\right)^{2}} \\
& =\left(\frac{\bar{A}(t)}{A(t)} \int_{0}^{t} A(t)-\int_{0}^{t} \bar{A}(t)\right) \frac{A(t)}{\left(\int_{0}^{t} A(t)\right)^{2}}
\end{aligned}
$$

it follows from (A.6) that

$$
\left(\frac{\bar{A}(t)}{A(t)} \int_{0}^{t} A(t)-\int_{0}^{t} \bar{A}(t)\right)^{\prime} \geq 0
$$

This completes the proof.
By using Proposition A.4, one can obtain the volume sphere theorem extending one in [OSY].

Proposition A.9. There exists a positive number $\epsilon=\epsilon_{n}$ such that if an $n$-dimensional Alexandrov space $X$ with curvature $\geq 1$ satisfies $V_{n}(X)>b_{1}^{n}(\pi)-\epsilon$, then $X$ is $\tau(\epsilon)$-almost isometric to $S^{\text {n }}$.

Proof. Let $\rho: X \rightarrow S^{n}$ be an expanding map as in Lemma 1.2. For some $y_{1}, y_{2} \in X$ suppose that $2 s=\left|y_{1} y_{2}\right|<\left|\rho\left(y_{1}\right) \rho\left(y_{2}\right)\right|=2 t$. Then by the argument in (A.3),

$$
\begin{equation*}
V_{n}(X)<b_{1}^{n}(\pi)-V_{n}\left(B_{x}(t-s)\right) \tag{A.10}
\end{equation*}
$$

where $z$ is the midpoint of a minimal geodesic $y_{1} y_{2}$. On the other hand, from Proposition A. 4 and the assumption on $V_{n}(X)$, we have $V_{n}\left(B_{z}(t-s)\right)>\left(1-\epsilon / b_{1}^{n}(\pi)\right) b_{1}^{n}(t-s)$. Together with (A.10) this implies $|t-s|<\tau(\epsilon)$. Thus $d_{H}\left(X, S^{n}\right)<\tau(\epsilon)$ because $\rho(X)$ is $\tau(\epsilon)$-dense in $S^{n}$. Therefore by Theorem 1.5 we obtain a $\tau(\epsilon)$-almost isometry between $X$ and $S^{n}$.

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